Mrs. Cameron L. Ortega

The University of Texas Rio Grande Valley
School of Rehabilitation Services and Counseling
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Education

MS, The University of Texas - Pan American, 2009.
Major: Rehabilitation Counseling

BFA, University of Texas - Pan American, 2006.
Major: Art

Employment History

Professional

Therapist, Pura Vida Counseling Services, PLLC. (September 1, 2018 - August 31, 2019).

Assistant Clinical Director, Pura Vida Counseling Services, PLLC. (February 2, 2010 - August 15, 2018).

Therapist, Hildago County CSCD. (July 7, 2010 - February 2, 2012).

Licensures and Certifications

Licensed Professional Counselor - Supervisor. (February 2, 2012 - October 31, 2021).

Licensed Chemical Dependency Counselor. (June 2, 2010 - June 30, 2020).

Professional Memberships

The Texas Society of Allied Health Professions. (May 1, 2019 - Present).

National Association of Alcoholism and Drug Abuse Counselor. (April 1, 2018 - April 1, 2020).

Texas Association of Addiction Professionals. (April 1, 2018 - April 1, 2020).

Secretary, Valley Association of Addiction Professionals. (April 1, 2018 - April 1, 2020).

Development Activities Attended

Conference Attendance, "Issues In Counseling Series," School of Rehabilitation Services and Counseling, Edinburg, TX. (October 18, 2019).

Conference Attendance, "The Texas Society for Allied Health Professions Conference," The Texas Society for Allied Health Professions Conference, Lubbock, Texas, United States. (September 19, 2019 - September 20, 2019).

Conference Attendance, "TAAP State Conference on Addiction," San Antonio, TX, United states. (September 4, 2019 - September 7, 2019).

Conference Attendance, "Rehabilitation Conference," School of Rehabilitation Counseling and Services, Edinburg, Texas. (July 12, 2019).

Workshop, "Creating A Learner-Centered Syllabus," Center for Teaching Excellence, Edinburg, Texas. (June 20, 2019).

Continuing Education Program, "Substance Abuse and Behavioral Health Conference," Palmer Drug Abuse Program, Edinburg, Texas, United States. (April 12, 2019).

Continuing Education Program, "Issues in Counseling," Rehabilitation Counseling Services, Edinburg, TX, USA. (February 8, 2019).

Workshop, "SATORI Alternative to Managing Agression," Pura Vida Counseling Services, PLLC, Pharr, Texas, United States of America. (November 9, 2018).

Continuing Education Program, "TTBH 11th Annual Conference," Tropical Texas Behavioral Health, South Padre Island, Texas, Untied States of America. (October 26, 2018).

Workshop, "Faculty Learning Community (FLC): Dynamic Lecturing Session III," Center For Teaching Excellence, Edinburg, Texas, United States of America. (October 16, 2018).

Continuing Education Program, "Recovery To Practice," Valley Association of Addiction Professionals, Edinburg, Texas, United States of America. (October 13, 2018).

Workshop, "Tools and Strategies to Create a Nice Learning Environment," Center for Teaching Excellence, Edinburg, Texas, United States of America. (October 2, 2018).

Workshop, "Dynamic Lecturing: Capturing Attention and Using Multimedia," Center for Teaching Excellence, Edinburg, Texas, United States of America. (September 25, 2018).

Workshop, "COLTT - Blackboard Ally," Center for Online Learning and Teaching Technology, Edinburg, Texas, United States of America. (September 20, 2018).

Workshop, "COLTT - SoftChalk Cloud," Center for Online Learning and Teaching Techonology, Edinburg, Texas, United States of America. (September 19, 2018).

Continuing Education Program, "Motivating Change: MI Skills for Beginners & Experts," Addiction Resource Center, McAllen, Texas, United States of America. (September 14, 2018).

Workshop, "Faculty Learning Community (FLC): Dynamic Lecturing," Center for Teaching Excellence, Edinburg, Texas, United States of Ameica. (September 12, 2018).

Online Training Certificate, "QM Ruberic Update Sixth Edition (RU)," Center for Online Learning & Teaching Technology, Edinburg, Texas, United States of America. (September 11, 2018).

TEACHING

Teaching Experience

The University of Texas Rio Grande Valley

EXAR 2300, Foundations Expressive Arts, 3 courses.
EXAR 4300, Expressive Arts Applications, 1 course.
REHS 2321, Intro to Addictions, 4 courses.
REHS 3303, Case Management I, 3 courses.
REHS 3320, Family & Disability, 1 course.
REHS 3340, Inter Aspect Addic Stud, 8 courses.
REHS 3345, Lifespan & Disability, 1 course.
REHS 4303, Case Management II, 2 courses.
REHS 4340, Clincl Issue Addict Stdy, 4 courses.

The University of Texas Pan American

REHS 2301, Intro Rehabilitation, 1 course.
REHS 2321, Intro Addictions Studies, 2 courses.

RESEARCH

Published Intellectual Contributions

Manuscript

Ortega, C., Miller, E. (2020). *Comorbid Posttraumatic Stress and Substance Use Disorders: Treatment Guidelines for Counselors* (3rd ed., vol. 3, pp. 7). San Francisco, CA: Open Access Journal of Addiction and Psychology, Iris Publishers, Inc. 10.33552/OAJAP.2020.03.00056

Presentations Given

Grizzell, S., Ortega, C., (April 9, 2020). *Ethical Codes, Decision, Dilemmas: What You Need to Know,* Substance Abuse and Behavioral Health Confrence Palmer Drug Abuse Program in McAllen, Texas (Cancelled due to COVID-19).

Ortega, C., Mercado, F., Palacios, P., (December 6, 2019). *Perspectives from Community and Child Protective Services on Substance Abuse and Mental Health Issues,* Mental Health and Addictions Issues in Child Protection Cases: Fall Stakeholder Seminar in University of Texas Rio Grande Valley.

Ortega, C., Gutierrez-Leal, S., (November 8, 2019). *Expressive Arts in the Substance Use Treatment,* Addiction Resource Center School of Rehabilitation and Counseling in McAllen.

Ortega, C., Gutierrez-Leal, S., (September 19, 2019). *Expressive Arts Interventions for Substance-Use Disorders with Hispanic Populations,* The Texas Society for Allied Health Professions in Lubbock.

Ortega, C., (October 13, 2018). *Medication Assisted Treatment and Recovery,* Recovery to Practice Valley Association of Addiction Professionals in Edinburg.

Research Currently in Progress

"Student Perceptions of the Clinical Supervision Relationship for Online and In-person Counselor Education and Supervision Programs" (On-Going).

SERVICE

Department Service

Committee Member, BS in Addiction Tenure-Track Search Committee. (November 13, 2019 - Present).

Clinical Director, SRSC Counseling Center Clinical Director. (October 1, 2019 - Present).

Committee Member, Annual Review. (September 1, 2019 - Present).

Faculty Advisor, Aspiring Substance Abuse Professionals. (January 1, 2019 - Present).

Committee Member, Rehabilitation Conference Planning Committee (Postponed due to COVID-19). (February 25, 2020 - April 1, 2020).

Committee Co-Chair, Annual Review - Review Committee. (October 1, 2019 - November 1, 2019).

Attendee, Meeting, Continuing Education. (August 1, 2018 - December 1, 2018).

Clinical Service

Licensed Professional Counselor Supervisor. (January 1, 2019 - Present).

Therapist, University Counseling Center. (September 24, 2019 - April 1, 2020).

University Service

Distance Technology Support. (March 16, 2020 - April 30, 2020).

Public Service

Board of Directors of a Company, Palmer Drug Abuse Program, McAllen, Texas. (October 1, 2019 - Present).

* indicates undergraduate student
** indicates graduate student