

# Norma Louise Beardwood

University of Texas Rio Grande Valley  
Department of Health and Biomedical Sciences  
956-665-3524  
norma.beardwoodroper@utrgv.edu

## Objective

To use my unique skills of business, mental health, counseling and dietetics in academia.

## Education

- University of Texas-Pan American, Edinburg, TX
- MBA | August 16, 2008
- Emphasis in human resources
  
- University of Texas-Pan American, Edinburg, TX
- M.Ed. | May 10, 1997
- Counseling and Guidance
  
- Andrews University
- BS | June 5, 1983
- Dietetics

## Experience

September 1, 2016 to Present

Clinical Associate Professor and Program Director of the Coordinated Program in Dietetics |  
University of Texas Rio Grande Valley | Edinburg, TX

- Program Director of CPD

September 1 2015 to August 31, 2016

Clinical Assistant Professor and Program Director of the Coordinated Program in Dietetics |  
University of Texas Rio Grande Valley | Edinburg, TX

- Program Director of CPD

- Servsafe Certified until 9/8/2020 -- 12731001
- CPR Certified until 1/2017 – Healthcare Provider

#### July 1, 2014 - August 31, 2017

Clinical Assistant Professor and Program Director of the Coordinated Program in Dietetics | University of Texas Rio Grande Valley | Edinburg, TX

- ACEND Reviewer for a 3 year term

#### June 1, 2013 to August 31, 2015

Clinical Assistant Professor and Program Director of the Coordinated Program in Dietetics | University of Texas-Pan American | Edinburg, TX

- Credentialing Program Director of CPD

#### August 27, 2008 to Present

Clinical Assistant Professor | The Coordinated Program in Dietetics | University of Texas-Pan American | Edinburg, TX

- Developed and instructed the following courses:
  - DIET 4258
  - DIET 2351.01
  - DIET 2351.9OL
  - DIET 4356
  - DIET 4752
  - DIET 4252
  - DIET 3257
  - DIET 4259
  - DIET 3357
  - DIET 3357A
  - DIET 3358
- External Grant: Participant in research on "Determinants and Perceptions of QOL when living with Diabetes Mellitus".
- Internal Research: Nutrition and Body Weight

#### January 14, 2008 to May 12, 2008

Emergency Full Time Lecturer | The Coordinated Program in Dietetics | University of Texas-Pan American | Edinburg, TX

- Instructor for the following courses
  - DIET 4258
  - DIET 2351
  - DIET 4455
  - DIET 4356

April 23, 2007 to November 28, 2007

General Manager 4 | Sodexo | Knapp Medical Center | Weslaco, TX

- Budget control over \$1.5 million
- Product and service quality
- Leadership
- Oversaw servsafe conditions
- Updated menu to meet Sodexo standards

June 1, 2002 to April 22, 2007

Director of Nutrition Services | Knapp Medical Center | Weslaco, TX

- Coordinated and integrated inter and intra departmental services
- Budget control over \$1.2 million
- Directed, delegated, evaluated management practices
- Managed HR and environmental resources
- Managed safety issues
- Maintained regulatory compliance for TJC, Health department, OSHA and CMS
- Modeled customer service skills; utilized PRCEasy
- Provided satellite nutrition services to Weslaco Rehab Hospital
- Participated in IOP functions including TJC's Provision of Care
- Member of P&T, revenue cycle and clinical management committee

October, 1993 to June, 2002

Assistant Director of Nutrition Services | Knapp Medical Center | Weslaco, TX

- Developed a high risk screening process
- Developed a high risk nutrition assessment/reassessment process which interfaced with HIS
- Educated inpatients and outpatients
- Participated in IOP and other areas of quality care
- Member of P&T
- Chaired the hospital wide TJC function -- Patient Assessment
- Organized the staff development, safety and staff competency programs
- Developed nutrition program for a Transitional Care Unit

November, 1990 to August, 1993

Assistant Director of Nutrition Services | McAllen Medical Center | McAllen, TX

- Supervised all aspects of nutrition care for acute inpatients and adult psychiatric day care
- Supervised clinical staff dietitians and diet clerks
- Collected, interpreted and problem solved for TQM
- Developed and chaired Nutrition Support Team
- Assured acceptable standards for safety and sanitation

March 1988 to November, 1990

Director of Nutrition Services | Charter Palms Hospital | McAllen, TX

- o Planned, directed and coordinated all activities for 80 bed psych facility
- o Participated in CMS/TJC surveys with 100% compliance

January, 1986 to March, 1988

Chief Clinical Dietitian | McAllen Medical Center | McAllen, TX

August, 1985 to December, 1986

Clinical Dietitian | Valley Baptist Medical Center | Harlingen, TX

October, 1983 to June, 1985

Director of Nutrition Services | La Carlota Hospital | Montemorelos, Nuevo Leon, MX

## Private Practice/Consulting Experience

January, 1998 to May, 2006

Adjunct Lecturer | University of Texas-Pan American | Edinburg, TX

January, 1994 to December, 1997

Consultant | Holistic Home Health | La Villa, TX

November, 1990 to February, 1994

Consultant | Charter Palms Hospital | McAllen, TX

November, 1992 to December, 1993

Consultant | Laurel Ridge Day Treatment Center | Pharr, TX

May, 1986 to February, 1988

Consultant | Twinbrook South Nursing Home and Rehab | McAllen, TX

September, 1986 to February, 1987

Adjunct Lecturer | Texas State Technical Institute | McAllen, TX

## Registration and Licensure

1983

Registered Dietitian/Nutritionist -- R 6654061

1986

Licensed Dietitian -- L 02616

1994

Certified Eating Disorder Specialist -- C-407

1999

Licensed Professional Counselor -- L-15605

## Professional Affiliations

2014 to 2015.	Past President, RGVAND
2014 to Present.	Member, RGVAND
2012 to Present.	Member, AADE - National Association
2012 to Present.	Member, AADE - RGVADE
2003 to 2004.	President, RGVDA
2002 to 2003.	President-Elect, RGVDA
2002 to 2006.	Member, RGVDA
2000 to 2001.	Chair, Counsel on Practice, RGVDA
1997 to Present.	Member, Phi Kappa Phi
1997 to Present.	Member, Texas Counseling Association
1997 to 1999.	Member, Upper Valley Counseling Association
1995 to 2000.	Certified Diabetes Educator
1994 to Present.	Certified Eating Disorder Specialist
1991 to Present.	Member, International Association of Eating Disorder Professionals
1990 to 1992.	President, RGVDA
1989 to 1990.	President-Elect, RGVDA
1988 to 1995.	Member, RGVDA
1982 to Present.	Member, Academy of Nutrition and Dietetics
1988 to Present.	Member, Texas Academy of Nutrition and Dietetics

## Awards and Acknowledgments

- 2014 -- UTPA College Excellence Award in Service
- 1998 -- Contributor, TDA Diet Manual 1998
- 1992 -- Michigan Student Dietetic Scholarship
- 1991 to 1993 -- Fessenden-Trott Scholarship