## Esperanza Garza, M.S.R.D.N.L.D.

Email: esperanza.garza@utrgv.edu

### **EDUCATION**

May 2005 Master of Science

Major: Nutrition

May 2005 Dietetic Internship

University of Northern Colorado

May 1990 Bachelor of Science

Major: Biology

Minor: Nutrition

#### **EXPERIENCE**

August 2006- May 2022 McAllen High School Teacher/Dual Instructor. McAllen, Texas

June 2009-December 2019 South Texas College. Adjunct Instructor. McAllen, Texas

April 2000-July 2006. Assistant Director of Food Services. Weslaco, Texas

August 1996-April 2000. Nutritionist and Program Manager. Hidalgo County WIC. Edinburg,

Texas

June 1994-May 1996. Nutritionist. Santa Rosa WIC Program. San Antonio, Texas

August 1990-March 1994. Nutritionist. Rehabilitation Institute of San Antonio. San Antonio,

Texas

#### **PROFESSIONAL CREDENTIALS**

Registered Dietitian/Nutritionist

Texas Licensed Dietitian

ServSafe Food Protection Manager

ServSafe Instructor and Proctor

Texas Education Certification
Family Consumer Sciences Certification
Food Science Certification

# **PROFESSIONAL ORGANIZATIONS**

Academy of Nutrition and Dietetics