

# CAREER ADVISING PROGRAM

## Choosing a Specialty (MS3)

### SPRING

#### March

- Begin clinical rotations; use AAMC's CiMs Clinical Rotation Evaluation to reflect on your experience
- Complete AAMC Self Assessments: Residency Preference Exercise and if undecided, Specialty Indecision Scale
- Update your CV
- Start thinking about Letters of Recommendation for residency application
- Plan activities with Student Organizations/Student Interest Groups

#### April

- Register for ERAS (tokens given by OSA)
- Select mentor for specialty coaching/advising if not done so already

#### May

- Assess specialty competitiveness and discuss with career advisor/society heads

### SUMMER

#### June

- Schedule meetings with your career advisor

#### July

- Review competitiveness data to assess your qualifications
- Join appropriate specialty organizations and associations

#### August

- Begin to solicit letters of recommendation (based on specialty interest-if known)

### FALL

#### September

- Complete the Specialty Indecision Scale if you are having difficulty making a specialty decision
- Fourth Year Schedule Process begins

#### October

- Utilize eBooks, podcasts, and library guides to further cement your strategies on securing the residency of your choice

#### December

- VSLO opens

### WINTER

#### January

- Register for ERAS (tokens provided by OSA, if you have not done so)
- CiM presents Career Day/Intro to 4th Year

#### February

- Continue to meet with your career advisor and update your career advisement portfolio
- Step 2 CS/CK preparation session

#### March

- ERAS part 1
  - Sign up, application, and letters of recommendation