UNIVERSITY POLICE DEPARTMENT
VICTIM SERVICES

Important Numbers:

Campus Police Directory:
956-882-7777
Counseling Center:
E: 956-665-2574
B: 956-882-3897
Health Services:
E: 956-665-2511
B: 956-882-3896
Office for Victim Advocacy & Violence Prevention (OVAVP):
E: 956-665-8287
B: 956-882-8282
Student Rights & Responsibilities:
E: 956-665-5375
B: 956-882-5141
Mujeres Unidas:
956-630-4878
Friendship of Women:
956-544-7412
Family Crisis Center:
956-423-9304
Tropical Texas Behavior Health 24 HR CRISIS Hotline:
1-877-289-7199
National Domestic Violence Hotline:
1-800-799-7233
National Sexual Assault Hotline:
1-800-656-4673
National Suicide Prevention lifeline:
1-800-273-8255

QUICK TIPS: have a bag packed, have a code word in place that family/friends know to call the Police, be sure at least one person knows about the abusive situation

IF YOU NEED TO LEAVE:

What to take when you leave:

• Identification- Driver’s license or State ID
• Birth certificate
• Social security cards
• School vaccinations records
• Medications
• Medical records-for all family members
• Checkbook, ATM card, credit card
• Keys-house, car, office
• Welfare identification, work permits, Green card, Passport, divorce papers, Protective Order
• Insurance papers

UTRGV POLICE DEPT.
Is here to help you

24/7
(956) 882-4911
501 N. Sugar Rd. Edinburg, TX
1 W. University Blvd. Brownsville, TX
Everyday SAFETY

**Carry cell phone and important telephone numbers with you at all times.**

**Keep in touch with someone you trust about where you are or what you are doing.**

**Stay out of isolated places and try to never walk around alone.**

If possible, alert dorm/workplace or campus security about what is happening in your relationship so that the abuser is not allowed in the building.

**Avoid places where the abuser or his/her friends and family are likely to be.**

**Keep the doors and windows locked where you live, especially if you are alone.**

**Avoid speaking to your abuser. If it is unavoidable, make sure there are people around in case the situation becomes dangerous.**

**Tell your neighbor/landlord/supervisor about the situation and ask them to call the Police if they see the abuser near you.**

**In a social setting**

If possible, go to different malls, bars, banks, parties, grocery stores, movie theatres, etc than the ones your abusive partner goes to or knows about.

**No matter where you go, be aware of how to leave safely in case of an emergency.**

**Avoid going out alone, especially at night.**

**Try to park in a lit or secured area.**

**Have someone escort you to and from car/bus.**

If you are being followed on the road, drive to a public area or a Police Department.

**Use a variety of routes when going places.**

If you plan on drinking, be sure to have a sober driver who is not your abusive partner.

**Leave if you are uncomfortable in a situation, no matter what your friends are doing.**

**Be alert and always trust your instincts.**

Online SAFETY

**Be very cautious about your computer usage and use a computer that your abuser does not have access too.**

**Do not say or do anything online that you wouldn’t in person.**

**Set all online profiles to be as private as they can be.**

**Save and keep track of any abusive, threatening or harassing comments, posts, or texts. Never give your password to anyone.**

**Do not answer calls from unknown, blocked or private numbers.**

**Do not communicate with your abuser using any type of technology if unnecessary, since any form of communication can be recorded and possibly used against you in the future.**