Friday Reflections on Teaching and Learning

Dra. Alyssa G. Cavazos
Associate Professor, Department of Writing and Language Studies

Director, Center for Teaching Excellence
Office of Faculty Success and Diversity
OBJECTIVES

1. Reflect on teaching and students' learning through a growth mindset, resilient, and equitable perspectives.

2. Identify things that have gone well and why

3. Design or revise at least one area of improvement through a growth mindset, resilient, and equitable perspective.
What is reflective practice?

- Meaning-making process
- Analysis of prior experiences
- Inform future action
Growth mindset, resilience, equity in teaching

- **Growth mindset**: belief that we can improve our teaching and students can learn through a strengths perspective

- **Resilience**: ability to overcome challenges by using coping strategies

- **Equity**: all students are supported and feel comfortable to explore, learn, think, and share knowledge.
Reflection

○ What has gone well in your teaching this semester? Why do you think it has gone well?

Photo by Lonely Planet on Unsplash
Reflection

- What has not gone well in your teaching this semester?
- Why do you think things have not gone well?
- What do you want to try to improve?
Design a revised activity/assignment

➢ What specific teaching approach do you want to revise?
➢ How can you go about revising it through a growth mindset, resilient, and equitable approach?

Photo by Lonely Planet on Unsplash
References/Resources


- Resilience in College Students. [https://ppc.sas.upenn.edu/research/resilience-college-students](https://ppc.sas.upenn.edu/research/resilience-college-students)
Individual Consultations

If you are interested in seeking feedback on your teaching, please make an appointment for an individual consultation.

Schedule an appointment