





Friday Reflections on Teaching and Learning

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OBJECTIVES

- 1. Reflect on teaching and students' learning through a growth mindset, resilient, and equitable perspectives.
- 2. Identify things that have gone well and why
- 3. Design or revise at least one area of improvement through a growth mindset, resilient, and equitable perspective.

What is reflective practice?

- Meaning-making process
- Analysis of prior experiences
- Inform future action

Growth mindset, resilience, equity in teaching

- Growth mindset: belief that we can improve our teaching and students can learn through a strengths perspective
- Resilience: ability to overcome challenges by using coping strategies
- Equity: all students are supported and feel comfortable to explore, learn, think, and share knowledge.

Reflection



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• What has gone well in your teaching this semester? Why do you think it has gone well?

Reflection

- What has not gone well in your teaching this semester?
- Why do you think things have not gone well?
- What do you want to try to improve?

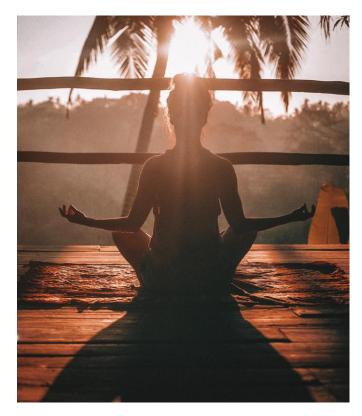


Photo by <u>Jared Rice</u> on <u>Unsplash</u>

Design a revised activity/assignment



Photo by <u>Lonely Planet</u> on <u>Unsplash</u>

- What specific teaching approach do you want to revise?
- How can you go about revising it through a growth mindset, resilient, and equitable approach?

References/Resources

- Ahmed, Shazia and Lisa Rosen. (2019). "A Growth Mindset: Essential for Faculty and Student Success" https://www.facultyfocus.com/articles/philosophy-of-teaching/a-growth-mindset-essential-for-student-and-faculty-success/
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 Critical reflection. Retrieved from https://uwaterloo.ca/centre-for-teaching-excellence/teaching-resources/teaching-tips/planning-courses-and-assignments/course-design/critical-reflection
- Diversity and Inclusive Teaching. University of Delware. Center for Teaching and Assessment of Learning. https://ctal.udel.edu/resources-2/inclusive-teaching/
- Hindman, J. L., & Stronge, J. H. (2015). Reflecting on teaching. Virginia Journal of Education. Retrieved from http://www.veanea.org/home/1327.htm
- Resilience in College Students. https://ppc.sas.upenn.edu/research/resilience-college-students

Individual Consultations

If you are interested is seeking feedback on your teaching, please make an appointment for an individual consultation.

Schedule an appointment