

SUMMER GX SCHEDULE

June 9 - August 9

Monday

10:30 am
Splash
Xochitl
Leisure Pool

5:30 pm
Zumba
Xochitl
Studio 1

6:30 pm
Zumba Toning
Xochitl
Studio 1

7:30 pm
Pilat-ease
Amy Jo
Studio 1

Tuesday

6:30 pm
Cycling
Amy Jo
Studio 1

6:30 pm
Boxing
Alejandro
Studio 2

7:30 pm
Pilat-ease
Amy Jo
Studio 1

Wednesday

10:30 am
Splash
Xochitl
Leisure Pool

5:30 pm
Zumba
Xochitl
Studio 1

6:30 pm
Zumba Toning
Xochitl
Studio 1

7:30 pm
Yoga
Karla
Studio 1

Thursday

6:30 pm
Cycling
Amy Jo
Studio 1

6:30 pm
Boxing
Alejandro
Studio 2

7:30 pm
Pilat-ease
Amy Jo
Studio 1

Friday

6:30 pm
Boxing
Alejandro
Studio 2

Leisure Pool - In Person

Studio 1 - Hybrid - Zoom ID:

Studio 2 - In Person

45 min per class