

GX SCHEDULE

SPRING 2025

JAN 27 - MAY 3

STUDIO 1

45 MIN

HYBRID | ZOOM ID: 211 760 632

MONDAY

5:30 PM

ZUMBA - Xochitl

6:30 PM

ZUMBA TONING - Xochitl

TUESDAY

5:30 PM

ZUMBA STEP - Xochitl

6:30 PM

CYCLE FIT - Jess

7:30 PM

PILAT-EASE - Amy

WEDNESDAY

5:30 PM

ZUMBA - Xochitl

6:30 PM

ZUMBA TONING - Xochitl

7:30 PM

YOGA- Karla

THURSDAY

5:30 PM

ZUMBA STEP - Xochitl

6:30 PM

CYCLE FIT - Jess

7:30 PM

PILAT-EASE - Amy

SATURDAY

12:30 PM

CYCLE FIT - Jess

STUDIO 2

45 MIN

IN-PERSON ONLY

MONDAY

6:30 PM

BOXING - Alejandro

TUESDAY

5:30 PM

GLUTES & GAINZ - Jess

WEDNESDAY

6:30 PM

BOXING - Alejandro

THURSDAY

5:30 PM

GLUTES & GAINZ - Jess

FRIDAY

6:30 PM

BOXING - Alejandro

SATURDAY

1:30 PM

BOXING - Alejandro