

Fall 2025

GX SCHEDULE

Monday

ZUMBA
5:30PM
XOCHITL

**STRENGTH &
STRENGTHEN**
5:30PM
JABETH

ZUMBA
TONING
6:30PM
XOCHITL

BOXING
6:30PM
ALEJANDRO

PILATES
7:30PM
AMY JO

Tuesday

ZUMBA
5:30PM
XOCHITL

**KICK
BOXING**
6:30PM
ALEJANDRO

CYCLE FIT
7:30PM
AMY JO

Wednesday

ZUMBA
5:30PM
XOCHITL

**STRENGTH &
STRENGTHEN**
5:30PM
JABETH

ZUMBA
TONING
6:30PM
XOCHITL

BOXING
6:30PM
ALEJANDRO

PILATES
7:30PM
AMY JO

Thursday

**KICK
BOXING**
6:30PM
ALEJANDRO

CYCLE FIT
7:30PM
AMY JO

Friday

**STRENGTH &
STRENGTHEN**
5:30PM
JABETH

BOXING
6:30PM
ALEJANDRO

PILATES
7:30PM
AMY JO

STUDIO 1 / HYBRID - ZOOM ID: 211 760 6321

STUDIO 2

September 8 - November 22