

JANUARY 26 - MAY 1

GX FITNESS SCHEDULE

M

T

W

TH

F

STUDIO 1

6:30 PM

Zumba
Toning
Xochitl

Zumba
Toning
Xochitl

Cycle Fit
Amy-Jo

7:30 PM

Pilates
Amy-Jo

Cycle Fit
Amy-Jo

Yoga
Karla

Pilates
Amy-Jo

Cycle Fit
Amy-Jo

STUDIO 2

6:30 PM

Glutes
N Core
Allison

Barbell
Sergio

Glutes
N Core
Allison

Barbell
Sergio

Glutes
N Core
Allison

7:30 PM

Boxing
Jonathan

Kickboxing
Jonathan

Boxing
Jonathan

Kickboxing
Jonathan

Boxing
Jonathan

