

# February 2020

## SPREAD



## Dear TRiO Sweethearts,

February is a very important month for us because February 24, is National TRiO Day. To contribute to our community we will be involved in a community project on February 29th at the beach. If you are interested please sign up with the QR code



In addition, on February 27th, we will all be going to the BISD Children's Charro Day Parade at 1:30 pm. If you are interested please sign up with the QR code. This event will count as a culture event. Wear your best Charros day outfit.



*"If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward."*  
- Martin Luther King Jr.

### Lab Hours

Monday	8:00 am-6:00 pm
Tuesday	8:00 am-6:00 pm
Wednesday	8:00 am-6:00 pm
Thursday	8:00 am-6:00 pm
Friday	8:00 am-5:00 pm

### Valentine's Day Fruit Bouquet



### Dates to Remember

- 02/01 National Texas Day
- 02/02 National Groundhog Day
- 02/03 National Carrot Cake Day
- 02/06 National Frozen Yogurt Day
- 02/07 National Wear Red Day
- 02/09 National Pizza Day
- 02/11 National Make a Friend Day
- 02/14 Valentine's Day
- 02/14 National Organ Donor Day
- 02/20 National Love your Pet Day
- 02/24 National TRiO Day

African American History Month

American Heart Month

# FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	<b>Practical Note-Taking Strategies</b> 12:30 pm-1:30 pm  	<b>Get Advised- Find the Solution</b> 2:00 pm-3:00 pm  			8
9	10	<b>Because You Matter</b> 2:00 pm-3:00 pm  	<b>Love Your Health</b> 2:00 pm-3:00 pm  	<b>Galantine's Day</b> 5:00 pm-6:00 pm  		15
16	17	<b>Effective Resume Writing Skills</b> 12:30 pm-1:30 pm  	<b>Improve Your Interview Skills</b> 12:30 pm-1:30 pm  	<b>Dress for Success</b> 12:30 pm-1:30 pm  	<b>The Power of Networking</b> 12:30 pm-1:30 pm  	<b>First Impressions Count: Etiquette Excellence Dinner</b> 5:00 pm-6:00 pm  
23	24	<b>Career Expo</b>		<b>BISD Children's Parade</b>		29

## Important Reminders

- Feb. 3 Last day to withdraw & receive 50% refund
- Feb. 10, Last day to withdraw & receive 25% refund
- Make appointment to meet with your TRiO Success Coach

*Did you know that on February 3, 1870, the US State of Iowa ratifies the 15th Amendment of the United States Constitution allowing suffrage for all races & colour?*