1. Establish a relationship with the **Academic Advising Center and utilize their** staff frequently from the day you participate in student orientation to the day you graduate. You will need their advice on all aspects of designing and completing your Bachelor of Science in Psychology. 2. Make an appointment with a professor in the Department of Psychological Science to learn about job opportunities with an undergraduate degree in psychology. In your first semester on campus find out from a psychologist on the UTRGV faculty what education you must complete to become a psychologist.

Department Email: psychological.science@utrgv.edu

Phone Number: 956-665-3329

Departmental Office

Interim Department Chair Pamela Anderson-Mejias

Contact Info



UTRio Grande Valley

Degree Info

challenging and rewarding professional

fields today. Psychology students learn

the necessary skills to assist people in

also gain knowledge and abilities that

are valued in many other fields, such as

business and politics. At the bachelor's

level, psychology graduates are sought

in fields like mental health casework

statistics, probation and corrections,

recreational therapy, education, and physician assisting among others.

public relations, health education,

social work, human resources,

improving their mental health; they

the door to one of the most

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THIRD YEAR

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FOURTH YEAR

Additional Info

Free Elective

Free Elective

Science Restricted Elective

Psychology Advanced Elective

Basic Psychology Course

SECOND YEAR

Culture

Free Advanced Elective

Free Advanced Elective

Basic Psychology Course

Free Advanced Elective

Basic Psychology Course

Basic Psychology Course

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Basic Psychology Course Psychology Advanced Elective Psychology Advanced Elective Research Methods in Psych. PSYC 3325

Science Restricted Elective PSYC 33XX-43XX PSYC 33XX-43XX PSYC 33XX-43XX

14XX-24XX

PSYC 33XX-43XX

PSYC 33XX-43XX

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2018-2019 ACADEMIC PLAN

Basic Stats. for Psychologists

Psychology Advanced Elective Government/Political Science

Language, Philosophy &

PSYC 33XX-43XX **b2AC 5305** Choose 1

"Choose 1" Indicates course options. If options are not listed, please review the 2018-19 General Education Core or the degree plan for this major: www.utrgv.edu/degreeplans.

Choose 1

Integrative/Experiential Choose 1 Psychology Advanced Elective PSYC 33XX-43XX Free Elective 14XX-X4XX Government/Political Science Choose 1 Creative Arts Choose 1

Learning

Communication Choose 1

American History Choose 1 Social and Behavioral Sciences Choose 1 Mathematics Choose 1

UNIV 1301 Learning Framework Life and Physical Sciences Choose 1

General Psychology PSYC 2301 Life and Physical Sciences Choose 1 American History Choose 1 Communication Choose 1

Integrative/Experiential Learning Choose 1

JEPRINT EXPERIENCES

	FIRST YEAR	SECOND YEAR	THIRD YEAR	FOURTH YEAR AND BEYOND
ADVICE & SUPPORT	 □ UTRGV has a Writing Center and a Learning Center. Make it a point to visit them! □ Complete your core English classes (section 010) during your first year. □ Complete 30 credit hours every year in order to graduate in 4 years. □ Shoot for a GPA of 3.0. □ Take MATH in your first year. See degree plan for options □ Meet with your academic advisor and bring your orientation folder with you to every session! □ Choose a major with confidence- Visit my.UTRGV.edu and check our Kuder Journey. □ Visit a faculty member during their office hours and ask a question about class. □ Classes fill up fast. When registration opens, be sure to register on the first day for your group. □ Cold or flu getting you down? We have Student Health Services on campus with free office visits. 	 □ Shoot for a GPA of 3.0. □ Complete major foundation classes. See degree plan for options. □ Complete 30 credit hours. □ Want to explore different careers? Check out Major Kuder Journey! □ Come ready with course suggestions and questions when you visit your academic advisor. □ Visit the Communication Hauser Lab for help with your speeches. □ Trouble making your tuition payment? The Financial Aid Office can help. Payment plans and emergency loans are also available 	 □ Shoot for a GPA of 3.0. □ Complete 30 credit hours. □ Have you landed an internship or acquired research experience? This is the year to make it happen. □ Seek out research opportunities within your major and join a professional organization. □ Check DegreeWorks to make sure you are on track for graduation next year. □ Apply for internship and/or job shadowing opportunities. Discuss this with your advisor, faculty mentor, or Career Center. 	 □ Shoot for a GPA of 3.0. □ "I have a plan for after graduation." If this describes you, great! If not, visit your Faculty Advisor or Career Center! □ Register for your Capstone/senior/portfolio project. Please see degree plan for options. □ Complete at least 30 credit hours to graduate. □ Submit your application(s) for graduate school, an apprenticeship, or for fulltime employment. □ Engage in an independent study project or an academic internship to complement your major. □ Discuss future plans with your faculty mentor or advisor that includes employment, finances, and other life goals. □ Apply for graduation one semester prior to your anticipated date. Visit the Academic Advising Center to ensure you are on track.
APPLY WHAT YOU LEARN GLOBAL, CAMPUS & COMMUNITY ENGAGEMENT	 □ Look for a service-learning course! For guidance, visit Engaged Scholarship & Learning Office. □ Participate in a campus-sponsored community service project. □ Ask a student in class to study with you. □ Set up your profile on the Engagement Zone through My.UTRGV.edu. □ Attend a diversity based campus or community event (e.g. MLK Day of Service). □ Attend a departmental program! □ Join a student organization! Visit VLink (utrgv.edu/vlink) 	 □ To find undergraduate research opportunities, visit the Engaged Scholarship & Learning Office. □ Consider attending the LeaderShape Institute or attend the Engaged Scholar Symposium. □ Look at study abroad opportunities! □ Check out a cultural campus or community event such as HESTEC or FESTIBA. □ Join another student organization. Visit VLink for options. □ Check out a campus event that offers free lunch- 	☐ Go show off your research, service-learning or creative works at the Engaged Scholar Symposium! ☐ Sharpen your writing skills! Take an intensive writing course, visit the Writing Center, or become the secretary for your organization. ☐ Consider serving on a campus life/community committee or become a student leader and make a difference. Visit VLink or speak with your Student Government Association for more information! ☐ Travel the world! Look into study abroad opportunities at Office for International Programs & Partnerships.	 □ Continue to present research or creative works at the Engaged Scholar Symposium. □ Set up an informational interview with an individual (especially an alumnus) currently in the field you aspire to work in. □ Identify employers of interest and seek them out at job fairs, online, at on-campus information sessions, staffing agencies, etc. The Career Center can help. □ Before a job interview, schedule a mock interview with the Career Center or speech coaching with the Communication Hauser Lab.
LIFE AFTER GRADUATION	for options. Select a global diversity course. Make sure it counts towards your major! Create a résumé and set up your profile on the Handshake icon: (My.UTRGV.edu). Got summer plans? Visit Career Center and ask about places to do some job shadowing. Research shows that students who work on campus perform better than those who work off campus. Look for a job on Handshake!	bring a friend! Update your resume in Handshake and have it reviewed. Visit the Career Center site to find a job fair to attend. At the event, approach a recruiter and discuss internships. Will a minor expand your career options? Discuss this with your Academic Advisor. Explain to someone how your academic program aligns with your strengths and interests.	Check out our department website for postings on career/graduate school. Think about three people you can ask for letters of recommendation (professors, mentors, advisors, supervisors, etc.). Give them at least two weeks' advance notice! When is the deadline for your graduate school application? Visiting the program admissions webpage. Most do not accept late applicants!	 □ Have you received your acceptance for graduate school or an employment offer? If not, network: talk to faculty, the Career Center, and get on LinkedIn. □ Formulate and implement a strategy for life after graduation: attend career fairs, graduate fairs, apply to fellowships, etc. □ Update your information with Alumni Relations. Enjoy alumni mixers, events and continued access to Career Center services! □ Remember to do your exit loan counseling on studentloans.gov.

CAREERS

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ditional info, visit the Center website and out "What Can I Do ith This Major?" trgv.edu/careercenter