



Bachelor of Science (BS)
Kinesiology
Teacher Certification

2025-2026

This program leads to a profession which requires an occupational license as defined under Texas Occupations Code 58.001. This requires that all applicants seeking to become licensed must undergo a criminal background check prior to licensure.								
	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
FIRST YEAR	FALL	3	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301.	See General Education Core for more details. Options: ENGL 1301
		3	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1301 or HIST 2327
		3	MATH 1342 or MATH 1343	Elementary Statistics or Introduction to Biostatistics	C	020	College Ready TSI status in Mathematics.	See General Education Core for more details.
		4	BIOL 2401	Anatomy and Physiology I	B	030/ 090		See General Education Core for more details. Priority course for major sequence.
		3	KINE 1351	Introduction to Sports and Exercise Science				Satisfies Major-Specific Requirement.
	SPRING		UNIV	1301 Learning Framework 1101 Academic and Career Success 1001/1300 Living and Working by Design				As required, based on a number of factors such as credit hours earned, TSI status, high school rank, major declaration, etc.
		16 Semester Total Hours						
		3	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details Options: ENGL 1302 or ENGL 1305
		3	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1302 or HIST 2328
		4	BIOL 2402	Anatomy and Physiology II	B	030/ 090	BIOL 2401.	See General Education Core for more details. Priority course for major sequence.
3	Choose 1	Creative Arts		050		See General Education Core for course options.		
3	Choose 1	Integrative and Experiential Learning		090		See General Education Core for course options.		
16 Semester Total Hours								
	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
SECOND YEAR	FALL	3	POLS 2305	U.S. Federal Government & Politics		070		See General Education Core for more details
		3	13XX-43XX	Minor				
		3	KINE 1306	First Aid and First Responder				Satisfies Major-Specific Requirement.
		3	Choose 1	Language, Philosophy & Culture		040		See General Education Core for course options.
		3	EDFR 2301	Intercultural Context of Schooling				
		3	KINE 2315	Individual Sports			Kinesiology Major and KINE 1351.	
	18 Semester Total Hours							
	Student cleared to challenge the Department content Benchmark Exam. See Program for Details. Apply to Teacher Preparation Program.							
	SPRING	3	POLS 2306	Texas Government & Politics		070		See General Education Core for more details
		3	PSYC 2301	General Psychology		080		See General Education Core for course options.
3		KINE 3370	Biomechanics	C		Grade of "B" or better in BIOL 2401 and BIOL 2402.	Satisfies Major-Specific Requirement.	
3		KINE 3353	Physiology of Exercise I	C		Grade of "B" or better in BIOL 2401 and BIOL 2402.	Satisfies Major-Specific Requirement. Lab course KINE 3153 NOT required for Kinesiology majors.	
1		Choose 1	Integrative and Experiential Learning		090		See General Education Core for course options.	
3		13XX-43XX	Minor				See Degree Plan for course options.	
16 Semester Total Hours								

The 2024-2026 list of core courses can be found in the 2024-2026 Undergraduate Catalog: www.utrgv.edu/catalog > See 'Bachelors Degree Program Regulations'

Symbols Key

Minimum Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.
Bolded Course #: Program Admission Requirement

General Education Core (GEC) Sections: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Applied Communication and Literacies; 090 - Humanities; 090 - Leadership; 090 - Science Labs; 090 - Interdisciplinary ; 090 - Technologies; 090 - Language Diversity & Writing.

		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
THIRD YEAR	FALL	3	KINE 4310	Measurement Techniques in Physical Education and Sport	C		Junior or senior standing and MATH 1342 or MATH 1343.	Satisfies Major-Specific Requirement.	
		3	KINE 4302	Kinesiology Curriculum for Elementary Students	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
		3	KINE 3315	Advanced Sport Skills	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
		3	KINE 3341	Principles of Conditioning and Fitness	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
		3	EDUC 3302	Knowledge of Student Development and Learning			Admission to the CEP Educator Preparation Program.	Admission requirements (See Department).	
		3	EDUC 3301	The Teaching Profession and Student Learning in Contemporary Schools				Admission requirements (See Department).	
	18 Semester Total Hours								
	SPRING	3	EDUC 3304	Instructional Planning and Assessment in Culturally Sustaining Classrooms			Admission to the CEP Educator Preparation Program; EDUC 3302.	Admission requirements (See Department).	
		3	KINE 3314	Teaching Movement Arts to Children and Adolescents	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
		3	KINE 4356	Motor Development	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
		3	13XX-43XX	Minor				See Degree Plan for course options.	
		3	EDUC 4306	Implementing and Assessing Effective Secondary Content Pedagogy			EDUC 3304 and Admission to the CEP Educator Preparation Program.	Admission requirements (See Department).	
15 Semester Total Hours									
FOURTH YEAR	FALL	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
		3	READ 4305	Disciplinary Literacy in the Classroom				Admission requirements (See Department).	
		3	EDUC 3306	Evidence-Based Teaching in Positive Learning Environments			Admission to the CEP Educator Preparation Program, EDUC 3302.	Admission requirements (See Department).	
		3	KINE 4309	Kinesiology Curriculum for Secondary School Students	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
		3	KINE 4351	Adapted Kinesiology	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
		3	13XX-43XX	Minor				See Degree Plan for course options.	
	15 Semester Total Hours								
	Student will have taken and passed the PPR #160 TEXES and Physical Education #158 TEXES prior to student teaching								
	SPRING	6	EDUC 4611	Student Teaching Secondary or All-Level			Admission to the CEP Educator Preparation Program and Admission to CEP Clinical Teaching.	Admission requirements (See Department).	
		3	33XX-43XX	Minor (Advanced)				See Degree Plan for course options.	
		3	33XX-43XX	Minor (Advanced)				See Degree Plan for course options.	
		12 Semester Total Hours							

126 TOTAL HOURS
(42) Advanced minimum credit hours

Revised: Tuesday, February 18th, 2025