



Bachelor of Science (BS) Kinesiology

2025-2026

		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
FIRST YEAR	FALL	3	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301.	See General Education Core for more details. Options: ENGL 1301
		3	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1301 or HIST 2327
		3	MATH 1342 or MATH 1343	Elementary Statistics or Introduction to Biostatistics	C	020	College Ready TSI status in Mathematics.	See General Education Core for more details.
		4	BIOL 2401	Anatomy and Physiology I	B	030/090		See General Education Core for more details. Priority course for major sequence.
		3	KINE 1351	Introduction to Sports and Exercise Science				Satisfies Major-Specific Requirement.
			UNIV	1301 Learning Framework 1101 Academic and Career Success 1001/1300 Living and Working by Design				As required, based on a number of factors such as credit hours earned, TSI status, high school rank, major declaration, etc.
16 Semester Total Hours								
FIRST YEAR	SPRING	3	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details Options: ENGL 1302 or ENGL 1305
		3	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1302 or HIST 2328
		4	BIOL 2402	Anatomy and Physiology II	B	030/090	BIOL 2401.	See General Education Core for more details. Priority course for major sequence.
		3	Choose 1	Creative Arts		050		See General Education Core for course options.
		3	Choose 1	Integrative and Experiential Learning		090		See General Education Core for course options.
16 Semester Total Hours								
		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
SECOND YEAR	FALL	3	Choose 1	Language, Philosophy & Culture		040		See General Education Core for course options. Choose 3 hours from Anthropology, Communication, English or Philosophy
		3	PSYC 2301	General Psychology		080		See General Education Core for course options.
		3	POLS 2305	U.S. Federal Government & Politics		070		See General Education Core for more details
		3	KINE 1306	First Aid and First Responder				Satisfies Major-Specific Requirement.
		3	KINE 2315	Individual Sports			Kinesiology Major and KINE 1351.	Satisfies Major-Specific Requirement.
	15 Semester Total Hours							
SECOND YEAR	SPRING	3	POLS 2306	Texas Government & Politics		070		See General Education Core for more details
		3	13XX-43XX	Free Elective				
		3	KINE 3353	Physiology of Exercise I	C		Grade of "B" or better in BIOL 2401 and BIOL 2402.	Satisfies Major-Specific Requirement. Lab course KINE 3153 NOT required for Kinesiology majors.
		3	13XX-43XX	Free Elective				
		3	13XX-43XX	Free Elective				
15 Semester Total Hours								

The 2024-2026 list of core courses can be found in the 2024-2026 Undergraduate Catalog: www.utrgv.edu/catalog > 'See 'Bachelors Degree Program Regulations'

Symbols Key

Minimum Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.
Bolded Course #: Program Admission Requirement

General Education Core (GEC) Sections: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Applied Communication and Literacies; 090 - Humanities; 090 - Leadership; 090 - Science Labs; 090 - Interdisciplinary; 090 - Technologies; 090 - Language Diversity & Writing.

		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
THIRD YEAR	FALL	3	KINE 3341	Principles of Conditioning and Fitness	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 3314	Teaching Movement Arts to Children and Adolescents	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 4356	Motor Development	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 3315	Advanced Sports Skills	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 3370	Biomechanics	C		Grade of "B" or better in BIOL 2401 and BIOL 2402.	Satisfies Major-Specific Requirement.
	15 Semester Total Hours							
	SPRING	3	KINE 4310	Measurement Techniques in Physical Education and Sport	C		Junior or senior standing and MATH 1342 or MATH 1343.	Satisfies Major-Specific Requirement.
		3	13XX-43XX	Free Elective				
		3	KINE 4302	Kinesiology Curriculum for Elementary Students	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	13XX-43XX	Free Elective				
		3	KINE 4351	Adapted Kinesiology	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
15 Semester Total Hours								
FOURTH YEAR	FALL	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
		3	13XX-43XX	Free Elective				
		3	13XX-43XX	Free Elective				
		3	13XX-43XX	Free Elective				
		3	KINE 4309	Kinesiology Curriculum for Secondary School Students	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
	3	13XX-43XX	Free Elective					
	15 Semester Total Hours							
	SPRING	3	33XX-43XX	Free Advanced Elective				
		3	33XX-43XX	Free Advanced Elective				
		3	33XX-43XX	Free Advanced Elective				
		3	33XX-43XX	Free Advanced Elective				
1		Choose 1	Integrative and Experiential Learning		090	Junior or senior standing.	See General Education Core for course options.	
13 Semester Total Hours								

120 TOTAL HOURS
(42) Advanced minimum credit hours

Revised: Tuesday, February 18th, 2025