



Bachelor of Science (BS) Health

2025-2026

| | | H | Course # | Course Title | Min. Grade | GEC | Prerequisite | Additional Notes |
|-------------------------|-------------------------|---|------------------------|---|------------|---------|---|--|
| FIRST YEAR | FALL | 3 | Choose 1 | Communication | C | 010 | For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301. | See General Education Core for more details. Options: ENGL 1301 |
| | | 3 | Choose 1 | American History | | 060 | | See General Education Core for more details. Options: HIST 1301 or HIST 2327 |
| | | 3 | MATH 1342 or MATH 1343 | Elementary Statistical Methods or Introduction to Biostatistics | C | 020 | College Ready TSI status in Mathematics. | |
| | | 4 | BIOL 2401 | Anatomy and Physiology I | | 030/090 | | See General Education Core for more details. Priority course for major sequence |
| | | 1 | Choose 1 | Integrative and Experiential Learning | | 090 | | See General Education Core for more details. |
| | | | UNIV | 1301 Learning Framework 1101 Academic and Career Success 1001/1300 Living and Working by Design | | | | As required, based on a number of factors such as credit hours earned, TSI status, high school rank, major declaration, etc. |
| 14 Semester Total Hours | | | | | | | | |
| SECOND YEAR | SPRING | 3 | Choose 1 | Communication | C | 010 | For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301. | See General Education Core for more details. Options: ENGL 1302 or ENGL 1305 |
| | | 3 | Choose 1 | American History | | 060 | | See General Education Core for more details. Options: HIST 1302 or HIST 2328 |
| | | 4 | BIOL 2402 | Anatomy and Physiology II | | 030/090 | BIOL 2401. | |
| | | 3 | Choose 1 | Language, Philosophy & Culture | | 040 | | See General Education Core for course options. |
| | | 3 | X3XX | Free Elective | | | | Satisfies Major-Specific Requirement. |
| 16 Semester Total Hours | | | | | | | | |
| | | H | Course # | Course Title | Min. Grade | GEC | Prerequisite | Additional Notes |
| SECOND YEAR | FALL | 3 | POLS 2305 | U.S. Federal Government & Politics | | 070 | | See General Education Core for more details. |
| | | 3 | NUTR 2351 | Introduction to Clinical Nutrition | | | | Satisfies Major-Specific Requirement. |
| | | 3 | Choose 1 | Creative Arts | | 050 | | See General Education Core for course options. |
| | | 3 | X3XX | Free Elective | | | | Satisfies Minor-Specific Requirement. |
| | | 3 | HLTH 2301 | Introduction to Health Education | C | | | Satisfies Major-Specific Requirement. |
| | 15 Semester Total Hours | | | | | | | |
| SECOND YEAR | SPRING | 3 | POLS 2306 | Texas Government & Politics | | 070 | | See General Education Core for more details. |
| | | 3 | PSYC 2301 | General Psychology | | 080 | | See General Education Core for course options. |
| | | 3 | 33XX-43XX | Prescribed Elective | C | | | HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370 |
| | | 3 | Choose 1 | Integrative and Experiential Learning | | 090 | | See General Education Core for course options. |
| | | 3 | HLTH 2352 | Personal Health | C | | | Satisfies Major-Specific Requirement. |
| 15 Semester Total Hours | | | | | | | | |

The 2024-2026 list of core courses can be found in the 2024-2026 Undergraduate Catalog: www.utrgv.edu/catalog > See 'Bachelors Degree Program Regulations'

Symbols Key

Minimum Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.
Bolded Course #: Program Admission Requirement

General Education Core (GEC) Sections: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Applied Communication and Literacies; 090 - Humanities; 090 - Leadership; 090 - Science Labs; 090 - Interdisciplinary; 090 - Technologies; 090 - Language Diversity & Writing.

| | | H | Course # | Course Title | Min. Grade | GEC | Prerequisite | Additional Notes |
|-------------------------|-------------------------|---|-----------|--|------------|-----|---|---|
| THIRD YEAR | FALL | 3 | HLTH 3355 | Health Behavior Theory | C | | HLTH 2301, HLTH 2352 | Satisfies Major-Specific Requirement. |
| | | 3 | HLTH 3330 | Epidemiological Applications in Health | C | | Junior standing. Health Majors Only or consent of instructor. | Satisfies Major-Specific Requirement. |
| | | 3 | HLTH 3385 | Technological Applications in Health | C | | | Satisfies Major-Specific Requirement. |
| | | 3 | 13XX-43XX | Free Elective | | | | Satisfies Minor-Specific Requirement. |
| | | 3 | 13XX-43XX | Free Elective | | | | Satisfies Minor-Specific Requirement. |
| | 15 Semester Total Hours | | | | | | | |
| | SPRING | 3 | HLTH 3325 | Latino Health | C | | | Satisfies Major-Specific Requirement. |
| | | 3 | HLTH 3380 | Biostatistics in Public Health | C | | Grade of C or better in MATH 1342 or MATH 1343. | Satisfies Major-Specific Requirement. |
| | | 3 | HLTH 3360 | Enviromental Health | C | | HLTH 2301, HLTH 2352 | Satisfies Major-Specific Requirement. |
| | | 3 | HLTH 3365 | Health Communication | C | | HLTH 2301, HLTH 2352 | Satisfies Major-Specific Requirement. |
| | | 3 | 33XX-43XX | Prescribed Elective | C | | | HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370 |
| 15 Semester Total Hours | | | | | | | | |
| | | H | Course # | Course Title | Min. Grade | GEC | Prerequisite | Additional Notes |
| FOURTH YEAR | FALL | 3 | HLTH 4350 | Organization of Health Program | C | | HLTH 2301, HLTH 2352 | Satisfies Major-Specific Requirement. |
| | | 3 | HLTH 4305 | Community Health Methods | C | | HLTH 3365 | Satisfies Major-Specific Requirement. |
| | | 3 | HLTH 4315 | Health Program Planning and Evaluation | C | | HLTH 3355, HLTH 3365 | Satisfies Major-Specific Requirement. |
| | | 3 | HLTH 3374 | Human Disease | C | | | Satisfies Major-Specific Requirement. |
| | | 3 | 33XX-43XX | Prescribed Elective | C | | | HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370 |
| | 15 Semester Total Hours | | | | | | | |
| | SPRING | 3 | HLTH 4380 | Health Education Internship | C | | HLTH 4305, HLTH 4315 | Satisfies Major-Specific Requirement. |
| | | 3 | 33XX-43XX | Prescribed Elective | C | | | HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370 |
| | | 3 | 13XX-43XX | Free Elective | | | | Satisfies Major-Specific Requirement. |
| | | 3 | 33XX-43XX | Prescribed Elective | C | | Junior standing. | HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370 |
| | | 3 | 13XX-43XX | Free Elective | | | | Satisfies Minor-Specific Requirement. |
| 15 Semester Total Hours | | | | | | | | |

120 TOTAL HOURS
(42) Advanced minimum credit hours

Revised: Tuesday, February 18th, 2025