

The Jean MacCluer and Bennett Dyke Endowed Lectureship

presents:

Personalized Nutrition in the Era of COVID

Professor Tim Spector

DATE

Tuesday March 30,
2021

TIME

12pm-1pm CDT

WHERE

<https://utrgv.zoom.us/j/8721468552>



Professor Timothy Spector is a genetic epidemiologist and Head of the Department of Twin Research and Genetic Epidemiology at King's College in London. Dr. Spector uses the UK twins registry (TWINSUK) of 10,000 twins to pursue gene discovery in common complex traits and diseases. He studies a wide variety of disorders from back pain to anxiety, snoring to sexuality. Dr. Spector's research group focuses on aging related diseases such as CVD, metabolic traits, locomotor problems such as osteoporosis and osteoarthritis, cognitive function and eye disorders. In 2020, he was appointed Officer of the Order of the British Empire (OBE) for services to the Covid-19 response. Spector has a significant interest in nutrition and genetic and environmental influences on diet. He has also published several books, most notably "The Diet Myth", which looks at the interaction of gut microbiota and dietary habits.

For more information,
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