

PGY-1 Rotation Descriptions

Breast and Communication Skills

This rotation includes two components: a combination of exposure to breast pathology, breast imaging, and outpatient breastfeeding services, and a structured curriculum in communication training and practice. Residents will spend about half of each week in various breast care settings and half of each week based at the GME ob/gyn clinic or doing independent study related to communications skill building. At the GME ob/gyn clinic, residents will put their communications skills into practice through simulated exercises and patient interactions observed by faculty and the clinic's behavioral health consultant (BHC). (Of note, additional breastfeeding education is obtained during the OB-D rotation, during which the resident participates in inpatient lactation consultant services at DHR-Women's Hospital).

Clinic

This 2-month (nonconsecutive) rotation aims to provide the resident with a foundation in outpatient obstetrics in gynecology. The primary focus of the rotation is attaining competence in management of uncomplicated prenatal and postpartum care and uncomplicated women's preventive health care (including health screenings, immunizations, contraception, and health education). Additionally, the resident will learn to recognize and initiate evaluation and management for common obstetric and gynecologic problems and become an active participant in integrated behavioral health and primary care.

Critical Care

The rotation consists of 1 month spent on the Intensive Care Unit (ICU) service. During this rotation, the resident will gain knowledge and experience in the fundamentals of critical care medicine as they may apply to obstetric and gynecologic patients.

Family Medicine Outpatient

This rotation will provide the resident with a robust primary care experience, facilitating skill acquisition in preventive health and the evaluation and management of common primary care concerns. Care is provided within a model of integrated behavioral health.

Gynecology

This two-month (nonconsecutive) rotation aims to provide the resident with initial experience in benign surgical gynecology, with a focus on core surgical skills, endoscopic equipment, instrumentation of the uterus, and essential components of surgical patient safety and perioperative care. It also provides exposure to emergent/urgent gynecologic care.

Obstetrics Night Float (OB-N)

This one-month night float rotation consists of coverage of the obstetrics, gynecology, and subspecialty gynecology services, working with the PGY-3 night float resident and ob/gyn hospitalist attending. The rotation aims to solidify foundational skills in obstetrics and provide experience in the evaluation and management of emergent/urgent gynecologic and obstetric conditions.

Obstetrics Days (OB-D)

This 3-month (nonconsecutive) rotation will provide the learner with core skills in obstetrics, including: evaluation and management of labor, recognition of abnormal labor, vaginal delivery and uncomplicated laceration repair, recognition and initial assessment/management of common obstetric complications, and introductory skills in cesarean section. During the first block of the rotation the resident will also complete an inpatient lactation consultation experience aimed to complement the outpatient lactation consultation experience obtained during the breast/communication skills rotation.

Ultrasound

This one-month rotation will provide the resident with an intensive experience in gynecologic and obstetric ultrasound via a structured didactic and simulation curriculum, as well as related patient care experiences. It will also provide an introduction to foundational topics in fetal aneuploidy screening and testing and carrier screening.

BOLD Track Rotations

BOLD AHEC Continuity

This continuity experience aims to meaningfully embed the resident into gynecologic referral care within the UTRGV AHEC Clinic population. The resident will demonstrate understanding of the gynecologic care needs and provide effective gynecologic care for women referred by AHEC primary care providers who may experience significant barriers to accessing specialty and subspecialty-level gynecologic care. The resident will gain significant experience with interprofessional collaboration and interprofessional training through the context of the AHEC clinics and AHEC Clinical Scholars Program. The resident will also have opportunities for scholarly work (research, quality improvement, and educational scholarship).

BOLD Ultrasound Genetics

This one-month rotation will provide the resident with an intensive experience in gynecologic and obstetric ultrasound via a structured didactic and simulation curriculum, as well as related patient care experiences. It will also provide an introduction to foundational topics in perinatal genetics and provide an opportunity for the resident to participate in patient education sessions on diabetes via Texas A&M and/or DHR programs.

BOLD Respite Center

This rotation aims first to orient the resident to services, functions, and challenges of a humanitarian respite center and the clients it serves, and then to integrate the resident into health screening and basic medical care provided at the center, focused on female clients. The resident will be able to describe common health needs and concerns of this patient population, as well as when such needs require urgent referral to healthcare facilities. The resident will be able to describe how U.S. policies impact care of this patient population. When consistent with their individualized learning plan, the resident will take on a scholarly project pertinent to women's border health.