

# CAREER ADVISING PROGRAM

## Understanding Yourself (MS1)

### SUMMER

#### July

- Orientation to AAMC's and UTRGV Careers in Medicine Program
- Complete the 16 Personalities Type Inventory with interpretation

#### August

- Explore Student Interest Groups (SIG)
- CiM presents Anesthesiology
- Apply for Class Leadership positions

#### September

- Research shadowing physicians in field of interest (consider at least 2)
- CiM presents Neurosurgery
- Research local & outside program summer opportunities such as:
  - UT School of Public Health
  - South Texas Diabetes & Obesity Institute
  - STEER Program
  - UTRGV Research Opportunities
  - UTRGV and AAMC CiM website for away opportunities

### FALL

#### October

- CiM presents Radiology
- Complete CiM Medical Specialty Performance Inventory Assessment (MSPI)

#### November

- Start emailing physicians/PhD's about potential research interests
- CiM presents Ophthalmology
- CiM presents Otolaryngology
- Attend Specialty Lectures given by SIG

#### December

- Join Student Interest Groups (SIG)
- Utilize your Career Advising Portfolio to keep track of your assessment results
- CiM presents Pathology
- Continue to shadow physicians in field of interest (at least 2)

### WINTER

#### January

- CiM presents Orthopedics
- Consider taking advantage of individual career counseling sessions with career advisors

#### February

- Apply for leadership positions in SIG
- Take Physician Values in Practice Scale (PVIPS)
- CiM presents Urology
- CiM presents PMNR

#### March

- CiM Spotlight on Family Medicine: National Medical Disaster Service
- CiM presents CV Preparation Workshop
- CiM presents Dermatology

### SPRING

#### April

- Update your CV
- Continue meeting with your career advisor and faculty mentor
- CiM presents Plastic Surgery

#### May

- Finalize plans for summer projects
- CiM Spotlight on Radiation Oncology
- Take the Physicians Skills Inventory (PSI)

#### June

- Summer research/opportunity