

Rio Grande Valley Alzheimer's Disease Resource Center for Minority Aging Research

Reporting RGV AD-RCMAR Activities

RGV AD-RCMAR Staff & Faculty may report activities weekly, bi-weekly, or monthly. The monitoring of the activities will help us to evaluate our performance. We will send emails at the end of the month to remind you to submit your report.

We have classified our activities as follow:

- *Research Facilitation*
- *Training*
- *Research*
- *Communication & Dissemination*
- *Community-Academic Partnerships*

A description of each of the activities is presented below. *We kindly request you to report the activities you have participated in using the links provided per type of activity.*

1. Research Facilitation

The Research Facilitation process involves the activities supported to provide guidance and facilitate the access to resources to enable the development of research projects focused on minority aging, particularly in Hispanics. Research facilitation activities include:

- Technical Assistance*: includes ongoing staff support in individual or group session to answer technical questions and to support the development or improve the quality, effectiveness, and efficiency of the pilot study projects and research in ADRD in minorities. Examples: Assistance in grant proposal preparation, IRB protocol development & submission, assistance with conducting literature searches, appraising and summarizing the evidence, assistance with adapting evidence to the local context, organizing/scheduling meetings, gathering information and assembling reports.
- Consultation*: Tailored responses to researchers, groups of researchers, and other faculty/staff to provide advice about a specific topic. Examples of consultations:
 - Assisting groups/researchers to develop/refine scientific questions by stimulating critical inquiry.
 - Interpreting baseline data and providing feedback/insight.
 - Helping identify and determine solutions to address potential barriers.
 - Helping to interpret the research and apply it in practice.
 - Budgeting and use of funds.
- Mentoring*: includes the activities and interactions with scholars and researchers to support their personal and professional growth, development, and success to build and strengthen their capacity to pursue research in ADRD in minorities. Examples: Speed mentoring events, One-on-One mentoring sessions, peer mentoring sessions.
- Networking & Information Sharing*: Support the development of relationships with people, companies, institutions and/or community-based organizations they may work with in the future. These connections help them establish rapport and trust among people in their own communities. Example: Facilitate research collaboration with field experts.

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e. *Access & Development of Resources*: Preparation of resources (brochures, reports, guides, manuals, toolkits, etc.) or access to available resources for aging and dementia research in minorities. Examples: Prepare Surveys, questionnaires, and/or diagnostics tools; delivery of emails with information about webinars, training opportunities, research resources; development of training modules/presentations.

To report this type of activities, please fill out this brief questionnaire:

<https://us10.list-manage.com/survey?u=c22c3caeee383072416b2c3b1&id=9ab24649d2>

2. Training

Training involves the opportunities offered to scholars and/or RCMAR faculty to develop knowledge and/or skills to advance their research capabilities focused on aging and ADRD in minorities, particularly in Hispanics. Training will also include the training opportunities targeted to support the community efforts of our community partners. Training activities include:

- a. Attendance to courses and or workshops
- b. Attendance to professional conferences, conventions, and retreats
- c. Participation in study circles
- d. Participation in fieldwork activities

Please report if you have participated in any training supported by the AD-RCMAR. To report this type of activities, please fill out this brief questionnaire:

<https://us10.list-manage.com/survey?u=c22c3caeee383072416b2c3b1&id=fecce48ccf>

3. Research

Research consists of the scientific activities done by RCMAR faculty & staff leading to publications and presentations to further research projects focused on aging and ADRD in minorities, particularly in Hispanics. Research activities includes:

- a. IRB Approval.
- b. Paper publication.
- c. Poster presentation.
- d. Podium/Plenary presentation.
- e. Work in progress/oral presentations.
- f. Project/proposals funded.

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<https://us10.list-manage.com/survey?u=c22c3caeee383072416b2c3b1&id=c8fb184fe6>

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4. Communication & Dissemination

Communication & Dissemination involves the activities done by RCMAR faculty & staff to engage in a conversation with our audience (researchers and/or community) focused on aging and ADRD in minorities, particularly in Hispanics.

Communication & Dissemination activities include:

- a. Website updates.
- b. Social media posts.
- c. Participation in scientific forums, community forums & topical workshops.
- d. Alzheimer's Talks.
- e. Activities of Alzheimer's Ambassadors.
- f. Preparation of brochures, flyers, letters or newsletters.
- g. Participation in interviews for newspapers, radio or TV

To report this type of activities, please fill out this brief questionnaire:

<https://us10.list-manage.com/survey?u=c22c3caeee383072416b2c3b1&id=888f6f31a1>

5. Community-Academic Partnerships (CAPs)

The CAPs will cover activities aimed at establishing and maintaining the CAPs at the RGV AD-RCMAR. These activities are mainly intended to support our partners community efforts. RGV AD-RCMAR will establish and maintain CAPs with the purpose of *support the recruitment and retention of older urban and rural Hispanics and their families for research studies*. The activities include:

- a. Listening sessions
- b. Collecting data of demography and health
- c. Technical assistance
- d. Consultation
- e. Community Reviews
- f. Sessions for delivery of information and feedback
- g. Networking and information sharing
- h. Access & development of resources

To report this type of activities, please fill out this brief questionnaire:

<https://us10.list-manage.com/survey?u=c22c3caeee383072416b2c3b1&id=b246fbd8db>

Questions?

Please direct questions to Ms. Rosa Pirela at rosa.pirelamavarez@utrgv.edu.