RealMD

The RealMD Certificate Program

The purpose of the RealMD Program is to promote a connection to one's highest purpose in medicine. Each year, students are eligible to earn a certificate for their engagement with the RealMD program. The point of the certificate is not to earn a certificate but to encourage learners to engage in activities which promote a deeper sense of professional meaning, community, and purpose. This program is opt-in, and it is your choice to participate.

MS3 Certificate Criteria

For the MS3 year, students have opportunities to participate in RealMD activities. The purpose of the point system is to allow students to create their own paths towards engagement with the program. When you have reached 100 points, you are eligible to receive a RealMD certificate for that year. At the end of the MS3 year, if you have engaged in activities that sum up to 100 points, document this below and email the form to realmd@utrgv.edu. The activities are below:

MS3 Activities	Max Pts	Points
Meeting with Career Advisor	10 pts per meeting, MAX 20 pts	
Attend RealMD Lunch Session	10 pts per session, MAX 90 pts	
Attend MS3/MS4 Kickback	20 pts, MAX 40 pts	
Listen to a RealMD Podcast Episode	5 pts each, MAX 20 pts	
Host, Co-Host, or be a guest on a RealMD Podcast Episode	10 pts, MAX 20 pts	
Complete reflection activity for RealMD Workbook Journal	10 pts for each new entry, MAX 20 pts	
Host or Attend RealMD Virtual Office Hours	10 pts, MAX 30 pts	
List Other Career Advising Activities Attended and Total Points Earned	10 pts, MAX 50 pts	
100 pts to receive certificate		

Your Professional Word

The certificate is built upon your professional honor and commitment. You are self- reporting your participation in the program. If you say that you have done these activities, we trust that you have completed them. In the space below, acknowledge that what you have indicated is accurate.

☐ I acknowledge that what is reported above accurately reflects my participation in the program.

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Signature