



UTRGV Army ROTC Vaquero 1000 Club



Who: Vaqueros Battalion

What: Cadets conducted powerlifting training

When: 29 October 2015 from 0600-0700

Where: Edinburg, Texas UTRGV UREC

Why: Cadets Galvan and Ruiz established the “Vaquero 1000” Club. The club was established to measure the individual strength for Cadets in the program. The event measures the total weight lifted by combining bench press, squat, and deadlift totals. If the individual fails to achieve a combined total of 1,000 lbs., they fall into other various groups within the Vaquero 1000.

Cadre POC: MSG Bamba

Cadet POC: c/SSG Galvan

