

Perla Y. Leo, M.S., LPC, CRC
The University of Texas Rio Grande Valley
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EDUCATION

The University of Texas-Pan American, M.S. in Rehabilitation Counseling	May '12
Texas A&M University, B.S. in Psychology	August '09

Certified Rehabilitation Counselor (Current)	Cert. Num. # 00116000
Licensed Professional Counselor (Current)	License Num. # 77564

EXPERIENCE

Thrive Valley Counseling, Mission, TX (Self-Employed)	April 2022-Present
Licensed Professional Counselor	

- Conduct diagnostic assessments and cognitive behavioral therapy in a private practice setting to clients of all ages.

South Texas College, McAllen, TX	August 2016-February 2022
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Coordinator of Student Accessibility Services

- Supervised department staff and student workers.
- Coordinated and provided academic and Title IX Pregnant and Parenting accommodations, mental health counseling, advising, and community referrals to students.
- Collaborated with and presented to students, families, faculty, staff, administration, law enforcement, high schools, other colleges/universities and community agencies regarding the department and the college's student services.
- Responded to inquiries for department and college services.
- Conducted department presentations and training college district-wide and to the community.
- Served as a Campus Assessment Response and Education (CARE) Team member.

Texas Dept. of Assistive & Rehab. Services, San Antonio, TX	January 2013-August 2016
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Vocational Rehabilitation Counselor

- Provided career guidance to high school students and adults for college training and employment.
- Developed and participated in monthly counselor case staffings to increase successful participant outcomes.
- Networked and established relationships with colleges/universities, employers, and other community partners.
- Specialized in working with the hard of hearing, developmental disabilities, autism, and high school student populations.

MHMR of Nueces County, Corpus Christi, TX	May 2012-August 2012
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Mobile Crisis Outreach Team (MCOT) Case Manager

- Provided crisis intervention to clients in a mental health crisis.
- Developed treatment plans with clients and monitored mental health treatment compliance.
- Connected clients to community resources for ongoing mental health treatment.

Tropical Texas Behavioral Health, Edinburg, TX	October 2009-January 2011
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Youth and Family Services Case Manager

- Conducted assessments and case management for youth in office and at the public schools.

- Provided crisis prevention/management screenings and treatment planning.
- Administered psychosocial rehabilitation and coping skills training to youth and their families.
- Created individualized treatment plans for psychiatric, counseling, and skills training services.

PROFESSIONAL ORGANIZATIONS

- American Counseling Association