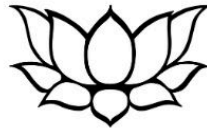


The University of Texas
Rio Grande ValleyTM
.....
Collegiate Recovery Program



SERVICES AVAILABLE VIA ZOOM

ALL RECOVERY SUPPORT GROUP

(MONDAY'S @ 12 PM | TUESDAY'S @ 10 AM | THURSDAY'S @ 10 AM | FRIDAY'S @ 12 PM)

Welcomes all who struggle with addiction, affected by addiction, and/or support the recovery lifestyle

WOMEN'S RECOVERY SUPPORT GROUP

(MONDAY'S @ 12 PM)

A comfortable environment for women to come together and receive support and empower one another through the challenges specific to their recovery

SMART RECOVERY SUPPORT GROUP

(WEDNESDAY'S @ 11 AM)

Self-Management and Recovery Training is a non-spiritual, science based support group. Participants support one another through any addiction. Individuals will learn how to change self-defeating thoughts, actions and emotions while working towards an improved quality of life

GROWTH SUPPORT GROUP

(THURSDAY'S @ 12 PM)

A peer-to-peer support group focused on various areas of growth and most importantly making yourself a priority

SUPPORT GROUPS ARE AVAILABLE FOR UTRGV STUDENTS

VIRTUAL HOURS:

**MONDAY - FRIDAY
9 AM - 11 AM || 1 PM - 4 PM**

Register at: utrgv.edu/sl-virtualhours

SOCIAL MEDIA:



UTRGV COLLEGIATE RECOVERY PROGRAM



@UTRGV_CRP