The University of Texas Rio Grande Valley
Collegiate Recovery Program

The UTRGV Collegiate Recovery Program provides a safe environment that allows students struggling with addictions to support each other and develop ways to sustain a life of recovery.

Services and Resources

- Support and education for students and allies.
- Abstinence based support groups
- Harm-Reduction based support groups
- Referrals for additional resources.

Support Groups

The Collegiate Recovery Program offers open & confidential support groups to all students who are in or seeking recovery.

Scheduled meetings:

**N/A Meetings**: Tuesday’s 12PM-1PM (Edinburg campus)
**Al-Anon**: Wednesday’s 12PM-1PM (Brownsville campus)
**SMART Recovery**: 4PM-5PM (Edinburg campus)

**BASICS**

BASICS – Brief Alcohol Screening and Intervention for College Students

- Psychosocial presentation where students learn about the physical, psychological, and legal consequences of heavy alcohol consumption.
- Designed to help students make better alcohol-use decisions.
- BASICS is open to any UTRGV student who is interested in learning risky drinking behaviors.

**Recovery Ally Training**

Recovery Ally Training is offered every semester and helps students learn how to:

- Start the conversation regarding substance use disorder
- Recognize common symptoms of substance use disorder
- Become an ally for someone in recovery

**Outreach Events**

The UTRGV Collegiate Recovery program provides a community to the student populations participating in recovery through peer support and sober activities. Outreach events include informational tablings, walk-a-thons, presentations, and other learning opportunities.

For more information please contact the UTRGV Collegiate Recovery Program at recovery@utrgv.edu or at (956) 665-2674