

# STRENGTHEN YOUR *mother-daughter bond*

## Program Overview:

The Mother-Daughter Program (MDP) is focused on improving the mother-daughter dynamic, offering participants the opportunity to strengthen their mother-daughter bond and to engage in educational activities and shared learning.

The Mother-Daughter Program targets females in the sixth, seventh or eighth grade level, and their mothers. The mother daughter program encourages and supports the completion of high school as well as the pursuit of higher education, specifically with an interest in the fields of Science, Technology, Engineering and Mathematics (STEM).

The mother-daughter program provides monthly school -based and evening sessions with fathers and special events.

### Objectives:

- Parental involvement & commitment to educational success
- Readiness for higher education & STEM careers
- Recruitment & retention

## Services:

School Based Sessions – 45-minute sessions held during the week. These sessions take place during school hours and are designated for daughters only. These sessions provide an opportunity for students to discuss their academic goals, and the pathway to higher education.

- Evening Sessions - 1-hour sessions held during the week in the evening. Times are assigned by each school. These sessions are designated for both mothers and daughters from the same school district to spend quality time together as they learn about the importance of higher education and the opportunities that follow.
- Special Events - Saturday events are for all mother daughter teams from all school districts. Events will take place in person and typically are about two to six hour long. The conferences are designed to provide an opportunity for the MDP teams to hear from UTRGV STEM faculty, staff and organizations while engaging in STEM hands-on activities.
- Community Service Projects- Community Service offers activities that are pre-planned by the P-16 Outreach and Testing Services MDP staff that allow the MDP teams to serve the community. These events are typically two to four hour in person.

### Target Audience:

The Mother-Daughter Program at UTRGV presently serves teams from the Hidalgo to Cameron County area, with interest in expanding across the Rio Grande Valley.

