

BEREAVEMENT

CHILDREN'S BEREAVEMENT CENTER – RGV

Address: 2302 S. 77 Sunshine Strip, Ste. 202

City: Harlingen, Texas

Phone: (956) 368-4065

Website: <https://cbcst.org/rio-grande-valley/>

Programs/Services: Children, adolescents, and young adults between the ages of 3-24, as well as their caregivers, are eligible to enroll in our peer grief support groups. Anyone person, of any age that is experiencing or anticipating a death is eligible to enroll in individual or family counseling.

COMPASSIONATE FRIENDS

Address: 2300 W. Greenbriar Square

City: McAllen, Texas

Meeting Location: McAllen Medical Center, 301 W. Expressway 83

Phone: (956) 687-3803

Website: <https://www.compassionatefriends.org/>

Programs/Services: Support group dedicated to the needs of parents/step-parents, siblings, and grandparents who have lost a child through death.

COUNSELING

ABUNDANT GRACE COMMUNITY CHURCH

Address: 2110 S. McColl Rd.

City: Edinburg, Texas

Phone: (956) 381-0622

Website: <http://www.abundant-grace.com> or <https://agcc.tv/>

Programs/Services: Counseling services address the needs of children, adults, and families in crisis in the following areas: depression, anxiety, mental disorders, relational issues, marital issues, drug addiction, alcoholism, domestic violence, pre-marriage, disability adjustment, crisis intervention, child play therapy, grief counseling, and divorce recovery (for adults and children).

Buckner Children and Family Services: Star Program

Address: 5425 N. McColl, Suite A,

City: McAllen, Texas

Phone: (956) 668-0145

Website:

Programs/Services: Provides Services to youth and families to reduce family conflict

CHALLENGES AND CHANGE, PLLC

Address: 701 N Ware Rd.

City: McAllen, Texas

Phone: (956) 664-0057

Website: <https://challenges-and-change-llc.hub.biz/>

Programs/Services: Challenges and Change, PLLC provides counseling and behavioral health services for individual, family, and group. Other services include psycho-educational services, court ordered services, substance abuse education and treatment. We provide services to children, adolescents, families, and couples. All services are provided in a comfortable and confidential environment. Our focus is to provide services to enhance your personal growth and ability to cope as you work through issues affecting your life.

Counseling Center of South Texas

Address: 5420 South Jackson Road.

City: Edinburg, Texas

Phone: (956) 631-9000

Programs/Services: Provides mental health counseling to children, adolescents, and families

COUNSELING & TRAINING CLINIC at UTRGV

Address: 1201 W. University Dr. EEDUC 1.270

City: Edinburg, Texas

Phone: (956) 665-5251

Website: <https://www.utrgv.edu/cg/counseling-training-clinic/>

Programs/Services: FREE mental health counseling services for any member of the general community who is 6 years of age and older. Services are not available for any currently enrolled UTRGV students, faculty, or staff.

HOPE FAMILY HEALTH CENTER

Address: 2332 Jordan Rd.

City: McAllen, Texas

Phone: (956) 994-3319

Website: <https://www.hopefamilyhealthcenter.org/>

Programs/Services: (services provided for those who have no type of mental/health insurance): Family medicine, pediatric services, women's health, men's health, urology, cardiology, chiropractic services, management of Diabetes and other chronic illnesses, assistance with medication samples (when samples are available), medication education.

Personal counseling provided on a donation basis: counseling services to children, adolescents, adults, and older adults in the form of individual, couple/marital and family therapy.

METHODIST HEALTHCARE MINISTRIES

Address: 209 E. Doherty

City: Mission, Texas

Phone: (956) 440-1686

Website: <http://www.mhm.org/>

Programs/Services: Non-faith based mental health counseling services on a sliding-scale fee.

NAMI RGV

Address: 801 E. Fern Ave. Ste 114

City: McAllen, Texas

Phone: (956) 624-4960 or email namirgv@gmail.com

Website: <http://www.namirgv.org/home.html>

Programs/Services: NAMI RGV is the local affiliate of the National Alliance on Mental Illness. We offer no-cost classes and support group programs for people affected by mental illness and their loved ones.

PROFESSIONAL COUNSELING SERVICES, PLLC

Address: 3118 Center Pointe Dr. Suite 3

City: Edinburg, TX 78539

Phone: (956) 687-8000 / (956) 687-8008

Website: http://www.professionalcounselingservices.us/Home_Page.html

Programs/Services: Counselors treat clients with:

SOUTH TEXAS COUNSELING AGENCY

Address: 1544 W Dove Ave

City: McAllen, Texas

Phone: (956) 369-7997

Website: <https://sotxcounseling.com/>

Programs/Services: Family, Couples, and Individual Counseling

TROPICAL TEXAS BEHAVIORAL HEALTH

Address: 1901 S. 24th Avenue & 861 Old Alice Road

City: Edinburg, Texas

Phone: (956) 547-5400 or 24-Hour Crisis Hotline: 1-877-289-7199

Website: <http://www.ttbh.org/>

Programs/Services: Inpatient and outpatient services for individuals with mental disorders, mental retardation, and substance abuse problems (must meet eligibility requirements).

Doctors Hospital at Renaissance Behavioral Health

Address: 5510 Raphael Dr.

City: Edinburg

Phone: (956) 362-4357

Website: dhrhealth.com

Program/Services: Provides individualized, short-term and solution-oriented treatment options for children, adolescents, adults and seniors. Clinical assessments are provided 24 hours a day, seven days week and are free-of-charge.

CATHOLIC CHARITIES

Address: 700 N. Virgen de San Juan Blvd.

City: San Juan, Texas

Phone: (956) 702-4088

Website: <https://www.catholiccharitiesrgv.org/Home.aspx>

Programs/Services: Emergency Assistance Program, Homelessness Prevention, Military Family Relief Project, Catholic Charities Pregnancy Center, Counseling Program, Disaster Relief Program, Food Program, Humanitarian Respite Center.

VETERANS COUNSELING

Veterans Crisis Line Call: 1-800-273-8255 PRESS 1 (24/7)

Text: 838255 to Get Help NOW

DOMESTIC VIOLENCE & SEXUAL ASSAULT**HOPE FAMILY HEALTH CENTER**

Address: 2332 Jordan Rd.

City: McAllen, Texas

Phone: (956) 994-3319

Website: <https://www.hopefamilyhealthcenter.org/>

Programs/Services: (services provided for those who have no type of mental/health insurance): Family medicine, pediatric services, women's health, men's health, urology, cardiology, chiropractic services, management of Diabetes and other chronic illnesses, assistance with medication samples (when samples are available), medication education.

Personal counseling provided on a donation basis: counseling services to children, adolescents, adults, and older adults in the form of individual, couple/marital and family therapy.

FAMILY CRISIS CENTER

Address: 616 W. Taylor St.

City: Harlingen, Texas

Phone: (956) 423-9304

Website: <https://www.familycrisisctr.org/>

Programs/Services: Family Crisis Center, Inc. is a domestic violence and rape crisis center that provides services to victims and their families. The Center offers a 24-hour hotline, provides 24-hour emergency shelter, crisis intervention, hospital accompaniment, and advocacy. We also offer intervention and prevention services within our community.

FRIENDSHIP OF WOMEN

Address: 95 E. Price Road, Bldg. C

City: Brownsville, Texas

Phone: (956) 544-7412

Website: <http://www.fowinc.com/>

Programs/Services: Friendship of Women, Inc. provides comprehensive services such as emergency shelter, crisis intervention, and legal advocacy to survivors of domestic violence and sexual assault and their families. All survivor services are free and confidential.

MUJERES UNIDAS

Address: (Family Justice Center) 511 N. Cynthia

City: McAllen, Texas

Satellite Address: 420 N. 21st St., McAllen: (956) 664-2826

Phone: (956) 630-HURT (4878) or **24-Hour Crisis Hotline: 1-800-580-4879**

Website: <http://mujeresunidas.org/>

Programs/Services: Emergency services for victims of family violence, legal advocacy, Men Against Violence Program, supportive transitional Housing, and services for survivors of sexual assault, abuse, or incest.

SAFE HAVEN FORENSIC EXAM CENTER AT RENAISSANCE

Address: 5501 South McColl Rd.

City: Edinburg, TX 78539

Phone: (956) 249-6452

Website: <https://www.utrgv.edu/ovavp/files/documents/dhr%20safe%20haven%20brochure.pdf>

SUBSTANCE USE**AL-ANON/ALCOHOLICS ANONYMOUS**

Al-Anon: (956)213-5301 or 1-800-930-3215

AA: 1-800-930-3215

Programs/Services: Support groups for men and women with alcoholism family members included.

PALMER DRUG ABUSE PROGRAM

Address: 115 N. 9th St.

City: McAllen, Texas

Phone: (956) 687-7714

Website: <http://www.pdap.com>

Programs/Services: Alcohol and substance abuse counseling for individuals and families.

BEHAVIORAL HEALTH SOLUTIONS OF SOUTH TEXAS

Address: 5510 North Cage Blvd

City: Pharr, Texas

Phone: (956) 787-7111

Website: <https://www.bhsst.org/>

Programs/Services: Substance abuse services, outpatient treatment, brief motivational counseling, and screening, assessments, and referral for inpatient treatment.

RAISING HOPE

Address: 3507 W. Alberta rd,

City: Edinburg, Texas

Phone: (956) 627-1149

Programs/Services: Substance abuse services, provides transportation services

HEALTH

HOPE FAMILY HEALTH CENTER

Address: 2332 Jordan Rd.

City: McAllen, Texas

Phone: (956) 994-3319

Website: <https://www.hopefamilyhealthcenter.org/>

Programs/Services: (services provided for those who have no type of mental/health insurance): Family medicine, pediatric services, women's health, men's health, urology, cardiology, chiropractic services, management of Diabetes and other chronic illnesses, assistance with medication samples (when samples are available), medication education.

Personal counseling provided on a donation basis: counseling services to children, adolescents, adults, and older adults in the form of individual, couple/marital and family therapy.

VALLEY AIDS COUNCIL

Address: 601 N. McColl, Ste. B

City: McAllen, Texas

Phone: (956) 668-1155

Website: <https://www.valleyaids.org/>

Programs/Services: Medical services, case management, counseling, education, advocacy services, and information & referral for people infected with & affected by HIV/AIDS.

ACCESS ESPERANZA CLINIC

Address: Valley Wide

City: McAllen, Edinburg, Mission, Weslaco

Phone: 956-688-3700

Website: <https://accessclinics.org/>

Programs/Services: Provides education, advocacy, and affordable, high-quality health care so women and men in our community can access the sexual and reproductive health services they need.

HIDALGO COUNTY COMMUNITY SERVICE AGENCY

Address: 2524 N. Closner Blvd.,

City: Edinburg, Texas

Phone: (956) 383-6240

Website: <https://hidalgocsa.org/>

Programs/Services: Seeks to improve the quality of life and promote self-sufficiency of low income and vulnerable households of Hidalgo County by providing effective, efficient, and comprehensive services.

LEGAL

TEXAS LEGAL SERVICES CENTER

Phone: (512) 477-6000

Website: <https://www.tlsc.org/help>

Programs/Services: A nonprofit organization that provides legal advice, advocacy, representation, and education to underserved people across the state.

Main number for any type of emergency: 911

Emergency Health Provider Contact Information

Health Provider	Address	Phone (956)
Behavioral Hospital at Renaissance	5510 Raphael Drive Edinburg, Texas 78539	362-4357 362-HELP
South Texas Behavioral Health Center	2102 W. Trenton Edinburg, Texas	388-1300
Tropical Texas Center for Mental Health and Mental Retardation	1901 S. 24th Ave. Edinburg, TX	289-7000 Alternative Phone: 1-800-764-7661
Edinburg Regional Medical Center	1102 W. Trenton Rd. Edinburg, TX 78539	388-6000
Mujeres Unidas/Women Together	511 N. Cynthia St. McAllen, TX	884-2900
Poison Control (emergency)		1-800-764-7661
National Suicide PreventionLifeline		1-800-273-8255