



National Hispanic & Latino

**MHTTC**

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration


The University of Texas  
**Rio Grande Valley**



## **Latino Behavioral Health Disparities in the COVID-19 Era: Strengthening Our Communities as We Move Forward**

**Monday, March 7th, and Tuesday, March 8th, 2022**

**Embassy Suites by Hilton McAllen, Convention Center  
800 Convention Center Blvd, McAllen Texas**



This conference program was prepared by the National Hispanic and Latino Mental Health Technology Transfer Center (MHTTC) under a cooperative agreement from the Substance Abuse and Mental Health Services Administration (SAMHSA). At this conference, Miriam E. Delphin-Rittmon, Ph.D., serves as Assistant Secretary for Mental Health and Substance Use and Ibis S. Carrión-González, PsyD, serves as Director of the National Hispanic and Latino MHTTC. The opinions expressed herein are the views of the authors and current staff of the National Hispanic and Latino MHTTC and do not reflect the official position of the Department of Health and Human Services (DHHS), SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this document is intended or should be inferred.



## **Institute of Research, Education and Services in Addiction**

The Institute of Research, Education and Services in Addiction (IRESA) of the Universidad Central del Caribe leads the National Hispanic and Latino MHTTC. The Center serves as a national subject matter expert and a key resource for the workforce and communities seeking to address mental illness prevention, treatment, and recovery support to reduce health care disparities among Hispanic and Latino populations across the United States and its territories. The purpose of the Institute of Research Education and Services in Addiction (IRESA) of the Universidad Central del Caribe, School of Medicine is to promote and develop research, education, and services for substance use and other behavioral health conditions in Latino communities in the United States and Puerto Rico. Established in 1992, and formerly known as the Center for Addiction Studies, it has conducted an array of initiatives in prevention and substance use treatment services, criminal justice, homelessness, HIV, and workforce development.

## **National Hispanic and Latino Mental Health Technology Transfer Center**

The mission of the National Hispanic and Latino Mental Health Technology Transfer Center (MHTTC) is to provide high-quality training and technical assistance to improve the capacity of the workforce serving Hispanic and Latino communities in behavioral health prevention, treatment, and recovery. We disseminate and support the implementation of evidence-based and promising practices to enhance service delivery, promote the growth of a diverse, culturally competent workforce, and bridge access to quality behavioral health services. We are committed to increasing health equity and access to adequate culturally and linguistically grounded approaches.

## **The School-Based Mental Health Project**

The School-Based Mental Health Project (SMH) of the National Hispanic and Latino MHTTC works specifically with schools, organizations, and professionals to strengthen their capacity to provide culturally and linguistically responsive school mental health services. Our goal is to increase awareness to attend to Latino students' mental health needs, promote the implementation of school mental health services that are culturally appropriate, encourage the use of promising and evidence-based practices, and disseminate information on practical strategies and implementation efforts of mental health services within a cultural context.



# DEDICATION

## *Dedication*

*We dedicate this conference to the community health workers and mental health providers in the Rio Grande Valley, who have provided essential services to our community during the pandemic.*

*We celebrate the honorable work done by these individuals and the commitment they have shown to improve the health of Latinos across the Valley. We are grateful for the countless hours they have worked, despite the personal impacts, to heal our people from the consequences of a worldwide pandemic.*

## *Dedicatoria*

*Dedicamos esta conferencia a las promotoras y a los proveedores de salud mental del Valle del Río Grande, que han provisto servicios esenciales a nuestra comunidad durante la pandemia. Celebramos el honorable trabajo realizado por estos individuos y el compromiso que han mostrado para mejorar la salud de los latinos en todo el Valle. Estamos agradecidos por las incontables horas que han trabajado, a pesar de los impactos personales, para curar a nuestra gente de las consecuencias de una pandemia mundial.*





## International Women's Day

International Women's Day is a global day celebrating the social, economic, cultural and political achievements of women. The day also is a call for action to accelerate equal pay and women's rights. In an effort to celebrate women, we are holding a special event on the second day of our conference, *Café entre Mujeres*. This panel is open to all genders with the goal to empower Latina professionals. Please join us for a discussion about the resilience shown by women in the face of challenges during the pandemic.

Our panelists include women with various leadership roles: Sally Fraustro Guerra, The McAllen Chamber of Commerce, Gladys Maestre, MD, PhD UTRGV School of Medicine, Otila Garcia of Gateway Community Health Center, Thelma Garcia, Promotora from LA Women's Center, and Carmen Zuvieta, Community Organizer and Immigrant Rights Activist.

*"There are uses to adversity, and they don't reveal themselves until tested.  
Whether it is serious illness, financial hardship,  
or the simple constraint of parents who speak limited English,  
difficulty can tap unexpected strengths."*

– Sonia Sotomayor



## Día Internacional de la Mujer

El Día Internacional de la Mujer es una celebración mundial que reconoce los logros sociales, económicos, culturales y políticos de las mujeres. El día también es una llamada a la acción para acelerar la igualdad en remuneración y los derechos de la mujer. En un esfuerzo por celebrar a las mujeres, vamos a tener un evento especial en el segundo día de nuestra conferencia, *Café entre Mujeres*.

El panel está abierto a todos los géneros con el objetivo de empoderar a las profesionales latinas. Acompáñenos en una discusión sobre la resiliencia mostrada por las mujeres frente a los desafíos durante la pandemia. Entre nuestras panelistas se encuentran mujeres con diversos roles de liderazgo: Sally Fraustro Guerra de la Cámara de Comercio de McAllen, Gladys Maestre, MD, PhD de la Escuela de Medicina de UTRGV, Otila García de Gateway Community Health Center, Thelma García, Promotora del Centro de la Mujer de Los Angeles, California y Carmen Zuvieta, Activista de Derechos de Inmigrantes y Organizadora Comunitaria de Austin, Texas.

*“La adversidad tiene su utilidad, y no se revela hasta que se pone a prueba. Sea una enfermedad grave, dificultades económicas o la simple limitación de unos padres que hablan poco inglés, las dificultades pueden revelar fortalezas inesperadas.”*

– Sonia Sotomayor



# The University of Texas Rio Grande Valley

The University of Texas Rio Grande Valley (UTRGV) was created by the Texas Legislature in 2013 as the first major public university of the 21st century in Texas. The creation of UTRGV provided educational opportunities to residents across the Rio Grande Valley, including a School of Medicine, and several new MA and PhD programs across diverse disciplines. Currently, thirteen colleges and schools create the academic foundation for UTRGV.

The mission of UTRGV is “to transform the Rio Grande Valley, the Americas, and the world through an innovative and accessible educational environment that promotes student success, research, creative works, health and well-being, community engagement, sustainable development, and commercialization of university discoveries.” UTRGV’s work centers on that mission and is anchored in the vision to “be a leader in the creation of a diverse and representative workforce, the stimulation of biomedical innovation, and the delivery of patient-centered healthcare for the Rio Grande Valley and beyond.”

## Rio Grande Valley

The Rio Grande Valley (RGV) is located at the southernmost point of Texas and situated near the U.S.-Mexico border. Four counties (Cameron, Hidalgo, Starr, and Willacy) compose the RGV, each filled with its own history and vibrant communities. Over 90% of RGV, residents are Hispanic/Latino and most are bilingual in English and Spanish. The RGV combines modern infrastructure and rich multicultural history and tradition with low cost of living. The subtropical climate offers sunny weather all year long with several outdoor activities and shopping avenues at every corner.



# The Universidad Central del Caribe

The Universidad Central del Caribe (UCC) was founded in 1976 as the Cayey School of Medicine (SoM) in Cayey, Puerto Rico. In 1977 the Cayey SoM became a health sciences campus operating under the new name of “Universidad Central del Caribe.” Since its inception the UCC has added academic programs including an Associate Degree in Radiologic Technology, a Master of Arts and Master of Science in Biomedical Sciences with various fields of specialization, a Post-Baccalaureate Certificate in Substance Abuse Counseling and the Master of Health Sciences in Substance Abuse Counseling, a Baccalaureate in Sciences in Diagnostic Imaging, a Doctorate in Cellular and Molecular Biology and Doctorate and a Master of Science in Neurosciences. The first Doctor of Chiropractic Program in Puerto Rico to confer a Doctor of Chiropractic degree was established at our institution in 2018.

*The UCC’s mission is “to prepare high-quality and committed health professionals to meet the health needs of the community in its biological, physical and social context with a humanistic focus and a high sense of moral obligation. It is characterized by its emphasis on the excellence of its educational programs, research activities and services of health maintenance, prevention, early detection, and treatment of illness. It is committed to improving the quality of life of the Puerto Rican community through its services, as well as to developing health care professionals.”*

In alignment with its mission the UCC has remained at the forefront in the development of an academic curriculum of excellence to address health care needs in Puerto Rico and the mainland. In addition to the achievement of excellence in the educational programs, the UCC is characterized by a research agenda extending from basic to translational sciences.



Welcome



March 1, 2022

Dear Colleagues,

Today is a great day because we are coming together to join our skills and experiences to serve our Hispanic and Latino communities in need of mental health services in the United States. In collaboration with the University of Texas Rio Grande Valley, the National Hispanic and Latino Mental Health Technology Transfer Center (MHTTC) is proud to present you: Latino Behavioral Health Disparities in the COVID-19 Era: Strengthening Our Communities as We Move Forward. This conference will help discuss the impact of the COVID-19 pandemic on the behavioral health needs of Hispanics and Latinos.

The National Hispanic and Latino MHTTC is one of thirteen centers sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA) that support resource development and dissemination, training and technical assistance, and workforce development for the mental health field. The National Hispanic and Latino MHTTC is one of two national-level centers focusing on a specific population sector, Hispanics and Latinos. Our mission is to provide high-quality training and technical assistance to improve the workforce's capacity to serve Hispanic and Latino communities in behavioral health prevention, treatment, and recovery. We disseminate and support the implementation of evidence-based and promising practices to enhance service delivery, promote the growth of a diverse, culturally competent workforce, and bridge access to quality behavioral health services.

Now you will be part of this effort committed to improving access to effective and responsive services for all Hispanic and Latino communities. I want to thank each of you for attending our conference and bringing your expertise to our gathering. You, as leaders, have the vision, the knowledge, the resources, and the experience to help us pave our way into the future. You are truly our greatest asset today and tomorrow, and we could not accomplish what we do without your support and leadership. Throughout this conference, I ask you to stay engaged, keep proactive and help us shape the future of Hispanic and Latino behavioral health needs in the years to come. My respect and thanks go out to all of you.

Gracias,



Ibis S. Carrión-González, PsyD  
Director  
National Hispanic and Latino  
Mental Health Technology Transfer Center

## School of Social Work

March 1, 2022

Greetings! As Founding Dean of the School of Social Work at The University of Texas Rio Grande Valley, it is my honor to welcome you to the Rio Grande Valley, to our 21st Century University, to our new School of Social Work, and to our conference, Latino Behavioral Health Disparities in the COVID-19 Era: Strengthening Our Communities as We Move Forward. This conference is a collaboration of many units across our university and our colleagues at the National Hispanic and Latino Mental Health Technology Transfer Center. It is one of our signature events for March— Social Work Month, and also commemorates International Women's Day the second day of our conference, March 8th. We are all in for a treat!

The past two years have tested us in ways few of us have ever been tested. We have seen the worsening of structural inequalities that have plagued our Hispanic and Latino communities for generations, and the acute exacerbation of many of the health and mental health inequities our communities continue to struggle with. Deep societal divides have become magnified around race, health, law enforcement, and of course politics. Our mental health has suffered. All of us have struggled this past year.

*And we have prevailed.* We have also seen our communities come together and respond with compassion, strength, and resilience. We have seen hope shine brightly in the midst of darkness. We have demonstrated that we are stronger when we are united.

Over the next two days, we will learn about the struggles in our communities and about what we are doing to address those struggles. We will hear about culturally-grounded, evidence-based approaches to address various issues impacting our communities. And we will hear inspirational stories of success that highlight the triumph of our communities over adversity.

My guess is that for many of you this is one of the first in-person events you have attended in two years. Enjoy it. Take the time to connect with each other and learn about the work we all do, and also about who we are as people and what makes us unique. Let's celebrate each other's diversity and also all the things that unite us: our love of family and tradition, our work ethic second to none, our rich cultural heritage. The Rio Grande Valley is the perfect place to do all of this.

Welcome, thank you for joining us, and have a great conference!



Luis R. Torres-Hostos, PhD  
Founding Dean and Professor



## School of Social Work

1 de marzo del 2022

¡Saludos! Como Decano Fundador de la Escuela de Trabajo Social de la Universidad de Texas en el Valle del Río Grande, es un honor para mí darles la bienvenida al Valle del Río Grande, a nuestra Universidad del Siglo 21, a nuestra nueva Escuela de Trabajo Social, y a nuestra conferencia, ***Disparidades de salud conductual Latina en la era de COVID-19: Fortaleciendo nuestras comunidades a medida que avanzamos***. Esta conferencia es una colaboración de muchas unidades de nuestra universidad con nuestros colegas en el Centro Nacional de Transferencia de Tecnología de Salud Mental Hispana y Latina. Es uno de nuestros eventos emblemáticos del mes de marzo, el Mes del Trabajo Social, y también conmemoramos el Día Internacional de la Mujer el segundo día de nuestra conferencia, el 8 de marzo. ¡Tenemos una gran conferencia preparada para ustedes!

Los últimos dos años nos han puesto a prueba de una manera que pocos de nosotros hemos sido probados. Hemos visto el empeoramiento de las desigualdades estructurales que han plagado a nuestras comunidades hispanas y latinas durante generaciones, y la exacerbación aguda de muchas de las desigualdades de salud y salud mental con las que nuestras comunidades continúan luchando. Las profundas divisiones sociales se han magnificado en torno a inequidades raciales y de salud, autoridades policiales, y por supuesto, la política. Nuestra salud mental ha sufrido. Todos hemos luchado este último año.

***Y hemos prevalecido.*** También hemos visto a nuestras comunidades unirse y responder con compasión, fortaleza y resiliencia. Hemos visto brillar intensamente la esperanza en medio de la oscuridad. Hemos demostrado que somos más fuertes cuando estamos unidos.

Durante los próximos dos días, aprenderemos sobre los retos en nuestras comunidades y sobre lo que estamos haciendo para abordar esos retos. Escucharemos sobre enfoques culturalmente anclados y basados en la evidencia para abordar varios problemas que afectan a nuestras comunidades. Y escucharemos historias inspiradoras de éxito que resaltan el triunfo de nuestras comunidades sobre la adversidad.

Asumo que para muchos de ustedes este es uno de los primeros eventos a los que han asistido en persona en dos años. Disfrútenlo. Tómense el tiempo para conectarse entre sí y aprender sobre el trabajo que todos hacemos, y también sobre quiénes somos como personas y qué nos hace únicos. Celebremos nuestra diversidad y también todas las cosas que nos unen: nuestro amor por la familia y la tradición, nuestra insuperable ética de trabajo, nuestra rica herencia cultural. El Valle del Río Grande es el lugar perfecto para hacer todo esto.

¡Bienvenido, gracias por acompañarnos, y tengan una gran conferencia!



Luis R. Torres-Hostos, PhD  
Founding Dean and Professor



# Acknowledgements





## National Hispanic and Latino MHTTC Executive Committee

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# Conference Steering Committee

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Merida Escobar

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Founding Dean & Professor

School of Social Work

The University of Texas Rio Grande Valley

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and Community Engagement

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Professor of Psychiatry, Dell Medical School

The University of Texas at Austin

## **Roberto Lewis-Fernández, MD**

Professor of Clinical Psychiatry a Columbia College of Physicians and Surgeons Director of the New York State (NYS) Center of Excellence for Cultural Competence and the Hispanic Treatment Program, Co-Director of the Anxiety Disorders Clinic, at NYS Psychiatric Institute Lecturer on Global Health and Social Medicine at Harvard University

**Thelma García**

Director of HIV Prevention Services  
Women's Center East LA

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Consultant and Trainer  
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GW University

**Manuel Paris Jr., PsyD**

Associate Professor of Psychiatry;  
Deputy Director, Hispanic Services, CMHC;  
Director, Psychology Training Program, Hispanic Services, CMHC  
Yale School of Medicine



# Conference Abstract

The COVID-19 pandemic has significantly impacted Latino communities in ways that go beyond health. The pandemic, along with the protective and restrictive measures that have been put in place, have changed the lives of Latinos and have resulted in profound losses for Latinos including loss of loved ones, employment, homes, and cultural traditions. Furthermore, the pandemic has compounded the effects of structural inequities and discrimination that for many decades have contributed to a lack of access for behavioral health services, lack of health insurance and increased prevalence of underlying conditions. Recent data indicates that Latinos are 1.3 times more likely to become infected from COVID-19, 3.1 times more likely to be hospitalized and 2.3 times more likely to die from COVID-19 compared to White non-Hispanic persons (CDC, 2021). The increased burden, stressors and vulnerability has an impact on mental health in Latino families and communities.

This conference will discuss lessons learned from service providers and health care systems treating Latinos with mental health disorders during the pandemic. Presentations will address culturally responsive interventions and strategies to consider when providing mental health services for Latino communities, including telehealth as a novel intervention that increases access to mental health services and is likely to remain after the pandemic.

# Resumen de la conferencia

La pandemia del COVID-19 ha impactado significativamente a la comunidad latina de tal manera que ha afectado su salud significativamente. La pandemia, junto a medidas de protección y restricciones impuestas, han cambiado la vida de los latinos resultando en pérdidas profundas como la pérdida de seres queridos, empleo, hogares y tradiciones culturales. De igual forma, la pandemia ha empeorado los efectos de inequidades estructurales y de discriminación que por muchas décadas han contribuido a las dificultades de acceso a los servicios de salud mental y de los sistemas de manejo de la salud, así como al aumento en la prevalencia de condiciones preexistentes. Data reciente indica que los latinos tienen 1.3 veces más probabilidad a ser infectado de COVID-19, 3.1 veces más probabilidad a ser hospitalizados y 2.3 veces más probabilidad a fallecer de COVID-19 comparado a personas blancas no hispanas (CDC, 2021). Un incrementado en las responsabilidades diarias, en los estresores y en la vulnerabilidad tienen un impacto en la salud mental de las familias y las comunidades latinas.

Esta conferencia discutirá lecciones aprendidas de los proveedores de servicios y de manejadores de salud atendiendo latinos con trastornos de salud mental durante la pandemia. Las presentaciones incluirán intervenciones y estrategias culturalmente apropiadas a considerar al proveer servicios de salud mental a comunidades latinas, incluyendo telemedicina como una intervención novel dirigida a aumentar el acceso a los servicios de salud, y que probablemente permanecerá como un método para acceder el tratamiento luego de la pandemia.





# DAY ONE

Monday March 7, 2022

# Agenda

7:30AM – 8:30AM

## **Registration**

8:30AM – 9:00AM

## **Opening Remarks**

Luis R. Torres-Hostos, PhD  
Founding Dean & Professor School of Social Work  
The University of Texas Rio Grande Valley  
Master of Ceremonies

Janna Arney, PhD  
Executive Vice President & Provost  
The University of Texas Rio Grande Valley

Waleska Crespo-Rivera, DrPH, MHSA  
President  
Universidad Central del Caribe, School of Medicine

Ibis S. Carrión-González, PsyD  
Director  
National Hispanic and Latino  
Mental Health Technology Transfer Center  
Universidad Central del Caribe, School of Medicine

LCDR Traci M. Murray, PhD, MPH, RN, CPH  
SAMHSA Region 6  
Assistant Regional Administrator

9:00AM – 10:00AM

## **Latino Mental Health in 2022: Strategies to Address the Disproportionate Impact of COVID-19 among Our Communities**

Alfonso Mercado, PhD  
Associate Professor  
College of Liberal Arts, Department of Psychological Science  
School of Medicine, Departments of Psychiatry & Neurology  
The University of Texas Rio Grande Valley  
President-Elect, Texas Psychological Association



10:00AM – 10:15AM Morning Recess

10:15AM – 11:45AM **Panel Presentation: Perspectives on the Intersection of Latino Identities, Structural Inequities and Stressors During the Pandemic**

Eddie Olivarez  
Chief Administrative Officer  
Hidalgo County Health & Human Services Department

Esmeralda Guajardo  
Health Administrator  
Cameron County Public Health

Emilie Prot, DO, MPH, FACPM  
Regional Medical Director, Public Health Region 11

11:45AM – 1:00PM **Lunch Recess - On Your Own**

1:00PM – 3:00PM **Simultaneous Workshops** (with a 10-minute coffee break)

**Workshop # 1: Grief Counseling, Self-care and the Therapeutic Relationship: Addressing the Impact of Personal Grief in Latino Providers**

Enedina Enriquez, DSW, LCSW  
Clinical Associate Professor  
School of Social Work  
The University of Texas Rio Grande Valley

1:00PM – 3:00PM

**Workshop # 2: Culturally Responsive Services for Latina Survivors of IPV During and After the Pandemic**

**Nurse-Led Support Groups: *No estás sola***

Nora Montalvo-Liendo, PhD, RN, FAAN  
Associate Professor, College of Nursing  
Texas A & M University

**Culturally Responsive Services for Latina Survivors of IPV During and After the Pandemic**

Cecilia Mata-Moya, LMSW, CDVC  
Legal Advocacy & Social Services Director  
Women Together/*Mujeres Unidas*

**Workshop # 3: Telehealth Implementation Guidelines and Cultural Considerations for Therapy with Underserved Latino Youth and Families**

Bianca Villalobos, PhD  
Assistant Professor  
Department of Psychological Science  
College of Liberal Arts  
The University of Texas Rio Grande Valley

Juventino Hernandez Rodriguez, PhD  
Assistant Professor  
Department of Psychological Science  
College of Liberal Arts  
The University of Texas Rio Grande Valley



1:00PM – 3:00PM

**Workshop # 4: LGBTQ Latinx: Challenges, Health Disparities and More... in the COVID-19 Era**

Oscar R. Lopez  
CEO & National Director of Policy  
Poderosos & Founder of South TX Equality Projects

Jose Aaron Hinojosa, MS, BA  
Program Coordinator, Center for Diversity and Inclusion/  
UTRGV DREAM Center  
The University of Texas Rio Grande Valley

M. Patricia Rodriguez, MPAS, PA-C  
Physician Assistant  
Valley AIDS Council, Westbrook Clinic

Michelle Cordoba Kisse, MD  
Endocrinologist  
Program Director, Endocrinology, Diabetes and Metabolism  
Fellowship  
DHRHealth  
The University of Texas Rio Grande Valley

3:00PM – 3:15PM

**Workshops Conclusion / Evaluation / Adjourn**



# DAY TWO

Tuesday March 8, 2022



# Agenda

8:30AM – 9:00AM

**Registration**

9:00AM – 11:00AM

**Simultaneous Workshops** (with a 10-minute coffee break)

## **Workshop # 1: Best Practices for Latinos Diagnosed with Substance Use Disorders**

Fidencio Mercado, MS, LPC, LCDC

Clinical Associate Professor

School of Rehabilitation Services and Counseling

The University of Texas Rio Grande Valley

Eluterio Blanco, PhD, MAC, LCDC

Clinical Assistant Professor & Addiction Studies Coordinator

School of Rehabilitation Services and Counseling

The University of Texas Rio Grande Valley

Maureen Nichols, BA

Director

South Southwest ATTC

Steve Hicks School of Social Work

The University of Texas Austin

9:00AM – 11:00AM

**Workshop # 2: Suicide Risk and Suicide Prevention/  
Suicidal Risk in School-Settings**

**Cultural Considerations for Addressing Suicide Ideation and  
Attempt in Indigenous and Hispanic and Latino Youths**

J. Rocky Romero, PhD  
Consultant  
National Hispanic and Latino  
Mental Health Technology Transfer Center  
Universidad Central del Caribe, School of Medicine

**Suicide Prevention and Mental Health: A Collaboration  
between the UTRGV School of Medicine and Rio Grande  
Valley Local Schools**

Dernay T. Coley, LCSW-S  
Clinical Instructor in Psychiatry  
TCHAT Education Director/Behavioral Health Consultant  
School of Medicine, Department of Psychiatry  
The University of Texas Rio Grande Valley

Sevana M. Valero, LMSW  
School Social Worker  
IDEA Public Schools

Eugenia Curet, PhD, LCSW  
PI, SAMHSA Campus Suicide Program  
Ret. Assistant Professor of Psychiatry  
UTRGV SOM Department of Psychiatry



9:00AM – 11:00AM

### **Workshop # 3: Healthy Students and Healthy Learning During and After the Pandemic**

Christine Miranda, MPHE, PhD  
Associate Director  
National Hispanic and Latino  
Mental Health Technology Transfer Center  
Universidad Central del Caribe, School of Medicine

Erick Senior, MA  
Training and Content Specialist  
National Hispanic and Latino  
Mental Health Technology Transfer Center  
Universidad Central del Caribe, School of Medicine

Nancy Razo, PhD  
Associate Professor in Practice  
College of Education & P-16 Integration  
The University of Texas Rio Grande Valley

### **Workshop # 4: The Art Behind Trauma-Focused Cognitive Behavioral Therapy**

Norma Villanueva PhD, LCSW-S, DCSW  
Clinical Director  
Nueva Luz Foundation

Selma Yznaga, PhD  
Associate Professor  
Department of Counseling  
College of Education and P-16 Integration  
The University of Texas Rio Grande Valley

11:00AM – 11:45AM

**Screening of Film:**

*Juntos Nos Ayudamos*

Enedina Enriquez, DSW, LCSW-S

School of Social Work

The University of Texas Rio Grande Valley

11:45AM – 1:00PM

**Lunch Recess - On Your Own**

1:15PM – 2:00PM

**Keynote Presentation: Immigration Detention and Family Separation: Effects on Children's Development and Mental Health**

Luis H. Zayas, PhD

Dean & Robert Lee Sutherland Chair in Mental Health & Social Policy

Steve Hicks School of Social Work

The University of Texas at Austin

2:00PM – 3:00PM

**Celebration of International Women's Day 2022:  
*Café entre Mujeres* - Panel Discussion**

**Moderator:**

Ibis S. Carrión-González, PsyD

Director

National Hispanic and Latino

Mental Health Technology Transfer Center

Universidad Central del Caribe, School of Medicine

**Panelists:**

Sally Fraustro Guerra

Gladys Maestre, MD, PhD

Otila Garcia

Thelma Garcia

Carmen Zuvieta

3:00PM – 3:30PM

**Afternoon Recess**

3:30PM – 4:00PM

**Closing Remarks: Where do We go from Here?**

Ibis S. Carrión-González, PsyD

Director

National Hispanic and Latino

Mental Health Technology Transfer Center

Universidad Central del Caribe, School of Medicine

Luis Torres-Hostos, PhD

Founding Dean & Professor

School of Social Work

The University of Texas Rio Grande Valley

4:00PM – 4:15PM

**Closure & Acknowledgements / Evaluation**



# Conference Speakers



Contact Information

<http://www.mhttcnetwork.org/hispaniclatino/>  
[hispaniclatino@mhttcnetwork.org](mailto:hispaniclatino@mhttcnetwork.org)

787-785-5220

# Exhibitors



School of Rehabilitation  
Services & Counseling

UTRGV™



**UTHealth**  
Rio Grande Valley  
School of Social Work



**N A S W** TEXAS LRGV BRANCH

National Association of Social Workers



National Hispanic & Latino

**MHTTC**

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration



**SJ Hospice Services LLC**  
Excellence in End of Life Care and Comfort



**HOPE**  
Family Health Center



**ERNEST HEALTH**  
*We are passionate patient caregivers*



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