



Invitation to be a Wellness Champion



The *Wellness Champion* network consists of staff and faculty who are passionate about health and well-being, encourage active involvement, and promote awareness of University wellness initiatives.

Wellness Champions will partner with the Wellness Coordinator in Human Resources Organizational Development & Training, join monthly meetings, gain information of wellness related initiatives, services, and programs to best promote awareness and encourage employee engagement in a fun and collaborative manner.

Interested employees please visit [Employee Wellness webpage](#) for more information including the [*Wellness Champions Roles & Responsibilities*](#) and the [*Wellness Champion Interest Form*](#).

We look forward to hearing from you!

If you have any questions, please contact us at EmployeeWellness@utrgv.edu