Formal/Professional Portrait

Please note that the portrait does not have to be paid for or taken by a professional photographer. Photos can be self-taken at home.

When uploading a photo on the event/competition registration form, you must adhere to the following photo policies:

- **Quality**: Full color digital image, no scanned images. A true image and not altered or digitally edited in any way. Clear, sharp and in focus with minimum reflective light on the face and proper lighting. No redeye, no reflected light or shadow on the face.

- **Pose**: Head straight to the camera and centered with a clear gap around the sides and top of head, including hair.

- **Distance**: The photo must capture your image from head to mid chest.
• **Background**: Uniform background with strong contrast between image and background.

![Example Images of Background Contrast](image1)

• **Attire & Hats**: Without hats, head coverings, or head bands, unless for religious or medical purposes.

![Example Images of Attire and Hats](image2)

• **Glasses**: May be worn but the eyes must be clearly showing through glasses with no reflection.

![Example Images of Glasses](image3)

• **Sunglasses**: Only tinted prescription glasses may be worn provided the eyes are still visible.

![Example Images of Sunglasses](image4)