Title: Holiday Celebrations & Small Gatherings

As COVID-19 cases increase across the state and country, it is imperative that everybody remain vigilant, especially during the holidays. CDC offers the following considerations to slow the spread of COVID-19 during small gatherings.

Indoor gatherings, especially those with poor ventilation (for example, small enclosed spaces with no outside air), pose more risk than outdoor gatherings.

Gatherings that last longer than 15 minutes pose more risk than shorter gatherings. Stay 6 feet or more of someone and spend less than a cumulative total of 15 minutes.

Have one person who is wearing a mask serve all the food so that multiple people are not handling the serving utensils.

Use single-use options or identify one person to serve sharable items, like salad dressings, food containers, plates and utensils, and condiments.

Limit crowding in areas where food is served by having one person dispense food individually to plates. Avoid crowded buffet and drink stations.

Make sure everyone washes their hands with soap and water for 20 seconds before and after preparing, serving, and eating food and after taking trash out.

Change and launder linen items (e.g., seating covers, tablecloths, linen napkins) immediately following the event.

Wash dishes in the dishwasher or with hot soapy water immediately following the gathering.

Celebrating virtually or with members of your own household (who are consistently taking measures to reduce the spread of COVID-19) poses the lowest risk for spread.

Assume everyone besides your immediate family is positive.

For more information please visit: https://www.cdc.gov/coronavirus2019-ncov/daily-life-coping/holidays.html