

# The University of Texas Rio Grande Valley Child Development Center

## September 2025 – Menu



Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
	Biscuit w/ Jelly Mixed Fruit Milk/Water	Cheerios Peaches Milk/Water	Waffles Pears Milk/Water	Corn Flakes Cereal Apple Sauce Milk/Water
<b>Labor Day CDC CLOSED</b>	Ground Beef Macaroni & Cheese Green Beans Mandarin Oranges, Wheat Bread, Ketchup, Milk/Water	Tilapia Carrot Slices Pineapple Tidbits Wheat Bread Ketchup, Milk/Water	Chicken Breast Mashed Potatoes Peaches Wheat Bread Milk/ Water	Turkey/ Cheese Sandwich Tator Tots Mixed Fruit Milk/Water
	Graham Crackers Yogurt, Water	String Cheese Organic Juice/ Water	Muffins Organic Juice/ Water	Keebler Toasted Crackers Organic Juice/ Water
8	9	10	11	12
Cheerios Cereal Apple Sauce Milk/ Water	Muffins Peaches Milk/ Water	Corn Flakes Apple Sauce Milk/ Water	French Toast Mandarin Oranges Milk/ Water	Cheerios Cereal Cherry Mixed Fruit Milk/ Water
Chicken and Rice Green Beans Mandarin Oranges Milk/Water	Beef Burger Waffle Fries Pears Ketchup Milk/Water	Grilled Chicken Tenders Carrot Slices Mixed Fruit Wheat Bread Ketchup, Milk/Water	Fideo, Ground Beef, Corn Peaches Wheat Bread Milk/Water	Grilled Cheese Sandwich Baked Fries Mixed Fruit Milk/Water
Cheez-It Crackers Organic Juice/ Water	Zoo Animal Crackers Organic Juice/ Water	Baked Goldfish Crackers Organic Juice/Water	Saltine Crackers Slice of Cheese Organic Juice/ Water	Club Crackers Organic Juice/ Water
15	16	17	18	19
Corn Flakes Cereal Apple Sauce Milk/Water	Biscuit w/ Jelly Mixed Fruit Milk/Water	Cheerios Peaches Milk/Water	Waffles Pears Milk/Water	Corn Flakes Cereal Apple Sauce Milk/Water
Chicken Burger Baked Fries Pears Milk/Water	Ground Beef Macaroni & Cheese Green Beans Mandarin Oranges, Wheat Bread, Ketchup, Milk/Water	Tilapia Carrot Slices Pineapple Tidbits Wheat Bread Ketchup, Milk/Water	Chicken Breast Mashed Potatoes Peaches Wheat Bread Milk/ Water	Turkey/ Cheese Sandwich Tator Tots Mixed Fruit Milk/Water
Club Crackers Slice of Cheese, Water	Graham Crackers Yogurt, Water	String Cheese Organic Juice/ Water	Muffins Organic Juice/ Water	Keebler Toasted Crackers Organic Juice/ Water
22	23	24	25	26
Cheerios Cereal Apple Sauce Milk/ Water	Muffins Peaches Milk/ Water	Corn Flakes Apple Sauce Milk/ Water	French Toast Mandarin Oranges Milk/ Water	Cheerios Cereal Cherry Mixed Fruit Milk/ Water
Chicken and Rice Green Beans Mandarin Oranges Milk/Water	Beef Burger Waffle Fries Pears Ketchup Milk/Water	Grilled Chicken Tenders Carrot Slices Mixed Fruit Wheat Bread Ketchup, Milk/Water	Fideo, Ground Beef, Corn Peaches Wheat Bread Milk/Water	Grilled Cheese Sandwich Baked Fries Mixed Fruit Milk/Water
Cheez-It Crackers Organic Juice/ Water	Zoo Animal Crackers Organic Juice/ Water	Baked Goldfish Crackers Organic Juice/Water	Saltine Crackers Slice of Cheese Organic Juice/ Water	Club Crackers Organic Juice/ Water
29	30			
Corn Flakes Cereal Apple Sauce Milk/Water	Biscuit w/ Jelly Mixed Fruit Milk/Water			
Chicken Burger Baked Fries Pears Milk/Water	Ground Beef Macaroni & Cheese Green Beans Mandarin Oranges, Wheat Bread, Ketchup, Milk/Water			
Club Crackers Slice of Cheese, Water	Graham Crackers Yogurt, Water			

\*\* A medical physician statement must be submitted to the Child Development Center if your child or children require any Special Diets or have allergies to certain food items, in order to make a substitution to the meal.