



The University of Texas Rio Grande Valley Child Development Center

January 2026 – Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
	<h1>Happy New Year!</h1>			
			CDC Closed Winter Break	CDC Closed Winter Break
5	6	7	8	9
Corn Flakes Cereal Apple Sauce Milk/Water	Biscuit w/ Jelly Mandarin Oranges Milk/Water	Cheerios Peaches Milk/Water	Waffles Pears Milk/Water	Corn Flakes Cereal Apple Sauce Milk/Water
Chicken Burger Baked Fries Pears Milk/Water	Ground Beef Macaroni & Cheese Green Beans Tropical Fruit Salad, Wheat Bread, Ketchup, Milk/Water	Tilapia Carrot Slices Pineapple Tidbits Wheat Bread Ketchup, Milk/Water	Chicken Breast Mashed Potatoes Mixed Fruit Wheat Bread Milk/ Water	Turkey/ Cheese Sandwich Tator Tots Peaches Milk/Water
Club Crackers Slice of Cheese, Water	Wheat Thins Apple Sauce Water	String Cheese Organic Juice/Water	Muffins Organic Juice/ Water	Keebler Toasted Crackers Organic Juice/ Water
12	13	14	15	16
Cheerios Cereal Pears Milk/ Water	Muffins Apple Sauce Milk/ Water	Corn Flakes Peaches Milk/ Water	French Toast Mandarin Oranges Milk/ Water	Cheerios Cereal Cherry Mixed Fruit Milk/ Water
Chicken and Rice Green Beans Mandarin Oranges Milk/Water	Beef Burger Waffle Fries Tropical Fruit Salad Ketchup Milk/Water	Grilled Chicken Tenders Carrot Slices Mixed Fruit Wheat Bread Ketchup, Milk/Water	Fideo, Ground Beef, Corn Tropical Fruit Salad Wheat Bread Milk/Water	Grilled Cheese Sandwich Baked Fries Pineapple Milk/Water
Cheez-It Crackers Organic Juice/ Water	Zoo Animal Crackers Organic Juice/ Water	Baked Goldfish Crackers Apple Sauce- Water	Saltine Crackers Slice of Cheese Organic Juice/ Water	Graham Crackers Yogurt Water
19	20	21	22	23
	Biscuit w/ Jelly Mandarin Oranges Milk/Water	Cheerios Peaches Milk/Water	Waffles Pears Milk/Water	Corn Flakes Cereal Apple Sauce Milk/Water
CDC Closed Martin Luther King, Jr. Day	Ground Beef Macaroni & Cheese Green Beans Tropical Fruit Salad, Wheat Bread, Ketchup, Milk/Water	Tilapia Carrot Slices Pineapple Tidbits Wheat Bread Ketchup, Milk/Water	Chicken Breast Mashed Potatoes Mixed Fruit Wheat Bread Milk/ Water	Turkey/ Cheese Sandwich Tator Tots Peaches Milk/Water
	Wheat Thins Apple Sauce Water	String Cheese Organic Juice/Water	Muffins Organic Juice/ Water	Keebler Toasted Crackers Organic Juice/ Water
26	27	28	29	30
Cheerios Cereal Pears Milk/ Water	Muffins Apple Sauce Milk/ Water	Corn Flakes Peaches Milk/ Water	French Toast Mandarin Oranges Milk/ Water	Cheerios Cereal Cherry Mixed Fruit Milk/ Water
Chicken and Rice Green Beans Mandarin Oranges Milk/Water	Beef Burger Waffle Fries Tropical Fruit Salad Ketchup Milk/Water	Grilled Chicken Tenders Carrot Slices Mixed Fruit Wheat Bread Ketchup, Milk/Water	Fideo, Ground Beef, Corn Tropical Fruit Salad Wheat Bread Milk/Water	Grilled Cheese Sandwich Baked Fries Pineapple Milk/Water
Cheez-It Crackers Organic Juice/ Water	Zoo Animal Crackers Organic Juice/ Water	Baked Goldfish Crackers Apple Sauce- Water	Saltine Crackers Slice of Cheese Organic Juice/ Water	Graham Crackers Yogurt Water

** A medical physician statement must be submitted to the Child Development Center if your child or children require any Special Diets or have allergies to certain food items, in order to make a substitution to the meal.