

The University of Texas Rio Grande Valley Child Development Center
January 2026 – Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|---|
| | | | 1 | 2 |
|  | Happy New Year! |  | CDC Closed Winter Break | CDC Closed Winter Break |
| 5 | 6 | 7 | 8 | 9 |
| Corn Flakes Cereal Apple Sauce Milk/Water | Biscuit w/ Jelly Mandarin Oranges Milk/Water | Cheerios Peaches Milk/Water | Waffles Pears Milk/Water | Corn Flakes Cereal Apple Sauce Milk/Water |
| Chicken Burger Baked Fries Pears Milk/Water | Ground Beef Macaroni & Cheese Green Beans Tropical Fruit Salad, Wheat Bread, Ketchup, Milk/Water | Tilapia Carrot Slices Pineapple Tidbits Wheat Bread Ketchup, Milk/Water | Chicken Breast Mashed Potatoes Mixed Fruit Wheat Bread Milk/ Water | Turkey/ Cheese Sandwich Tator Tots Peaches Milk/Water |
| Club Crackers Slice of Cheese, Water | Wheat Thins Apple Sauce Water | String Cheese Organic Juice/Water | Muffins Organic Juice/ Water | Keebler Toasted Crackers Organic Juice/ Water |
| 12 | 13 | 14 | 15 | 16 |
| Cheerios Cereal Pears Milk/ Water | Muffins Apple Sauce Milk/ Water | Corn Flakes Peaches Milk/ Water | French Toast Mandarin Oranges Milk// Water | Cheerios Cereal Cherry Mixed Fruit Milk/ Water |
| Chicken and Rice Green Beans Mandarin Oranges Milk/Water | Beef Burger Waffle Fries Tropical Fruit Salad Ketchup Milk/Water | Grilled Chicken Tenders Carrot Slices Mixed Fruit Wheat Bread Ketchup, Milk/Water | Fideo, Ground Beef, Corn Tropical Fruit Salad Wheat Bread Milk/Water | Grilled Cheese Sandwich Baked Fries Pineapple Milk/Water |
| Cheez-It Crackers Organic Juice/ Water | Zoo Animal Crackers Organic Juice/ Water | Baked Goldfish Crackers Apple Sauce- Water | Saltine Crackers Slice of Cheese Organic Juice/ Water | Graham Crackers Yogurt Water |
| 19 | 20 | 21 | 22 | 23 |
| | Biscuit w/ Jelly Mandarin Oranges Milk/Water | Cheerios Peaches Milk/Water | Waffles Pears Milk/Water | Corn Flakes Cereal Apple Sauce Milk/Water |
| CDC Closed Martin Luther King, Jr. Day | Ground Beef Macaroni & Cheese Green Beans Tropical Fruit Salad, Wheat Bread, Ketchup, Milk/Water | Tilapia Carrot Slices Pineapple Tidbits Wheat Bread Ketchup, Milk/Water | Chicken Breast Mashed Potatoes Mixed Fruit Wheat Bread Milk/ Water | Turkey/ Cheese Sandwich Tator Tots Peaches Milk/Water |
| | Wheat Thins Apple Sauce Water | String Cheese Organic Juice/Water | Muffins Organic Juice/ Water | Keebler Toasted Crackers Organic Juice/ Water |
| 26 | 27 | 28 | 29 | 30 |
| Cheerios Cereal Pears Milk/ Water | Muffins Apple Sauce Milk/ Water | Corn Flakes Peaches Milk/ Water | French Toast Mandarin Oranges Milk// Water | Cheerios Cereal Cherry Mixed Fruit Milk/ Water |
| Chicken and Rice Green Beans Mandarin Oranges Milk/Water | Beef Burger Waffle Fries Tropical Fruit Salad Ketchup Milk/Water | Grilled Chicken Tenders Carrot Slices Mixed Fruit Wheat Bread Ketchup, Milk/Water | Fideo, Ground Beef, Corn Tropical Fruit Salad Wheat Bread Milk/Water | Grilled Cheese Sandwich Baked Fries Pineapple Milk/Water |
| Cheez-It Crackers Organic Juice/ Water | Zoo Animal Crackers Organic Juice/ Water | Baked Goldfish Crackers Apple Sauce- Water | Saltine Crackers Slice of Cheese Organic Juice/ Water | Graham Crackers Yogurt Water |

** A medical physician statement must be submitted to the Child Development Center if your child or children require any Special Diets or have allergies to certain food items, in order to make a substitution to the meal.