



University of Texas Rio Grande Valley Child Development Center April 2023 – Menu



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Cheerios Cereal Peaches Milk/ Water	Muffins Apple Sauce Milk/ Water	Special K Cereal Pears Milk/ Water	French Toast Peaches Milk/ Water	Cheerios Cereal Cherry Mixed Fruit Milk/ Water
Fish Sticks Carrot Slices Pineapple Tidbits Wheat Bread Ketchup, Milk/Water	Chicken Nuggets Sweet Peas Tator Tots Mixed Fruit Wheat Bread Ketchup, Milk/Water	Chicken and Rice Green Beans Mandarin Oranges Milk/Water	Grilled Cheese Sandwich Baked Fries Mixed Fruit Milk/Water	Bean & Cheese Taco (Flour Tortilla) Green Beans Pineapple Milk/Water
Cheez-It Crackers Organic Juice/ Water	Zoo Animal Crackers Organic Juice/ Water	Baked Goldfish Crackers Organic Juice/Water	Saltine Crackers Slice of Cheese Organic Juice/ Water	Club Crackers Organic Juice/ Water
10	11	12	13	14
Special K Strawberry Cereal Apple Sauce Milk/Water	Biscuit w/ Jelly Mandarin Oranges Milk/Water	Cheerios Peaches Milk/Water	Waffles Mixed Fruit Milk/Water	Special K Strawberry Cereal Apple Sauce Milk/Water
Rotini Pasta, Ground Beef, Meat Sauce Diced Carrots Pineapple Tidbits Wheat Bread Milk/Water	Chicken Breast Mashed Potatoes Pears Wheat Bread Milk/ Water	Beef Burger Beef Patty Baked Fries Mixed Fruit Burger Bun Ketchup, Milk/Water	Steak Fingers Mixed Vegetables Mandarin Oranges Wheat Bread Ketchup, Milk/Water	Ground Beef Macaroni and Cheese Green Beans Peaches Milk/Water
Club Crackers Slice of Cheese, Water	Graham Crackers Yogurt, Water	String Cheese Organic Juice/ Water	Muffins Organic Juice/ Water	Keebler Toasted Crackers Organic Juice/ Water
17	18	19	20	21
Cheerios Cereal Peaches Milk/ Water	Muffins Apple Sauce Milk/ Water	Special K Cereal Pears Milk/ Water	French Toast Peaches Milk/ Water	Cheerios Cereal Cherry Mixed Fruit Milk/ Water
Fish Sticks Carrot Slices Pineapple Tidbits Wheat Bread Ketchup, Milk/Water	Chicken Nuggets Sweet Peas Tator Tots Mixed Fruit Wheat Bread Ketchup, Milk/Water	Chicken and Rice Green Beans Mandarin Oranges Milk/Water	Grilled Cheese Sandwich Baked Fries Mixed Fruit Milk/Water	Bean & Cheese Taco (Flour Tortilla) Green Beans Pineapple Milk/Water
Cheez-It Crackers Organic Juice/ Water	Zoo Animal Crackers Organic Juice/ Water	Baked Goldfish Crackers Organic Juice/Water	Saltine Crackers Slice of Cheese Organic Juice/ Water	Club Crackers Organic Juice/ Water
24	25	26	26	28
Special K Strawberry Cereal Apple Sauce Milk/Water	Biscuit w/ Jelly Mandarin Oranges Milk/Water	Cheerios Peaches Milk/Water	Waffles Mixed Fruit Milk/Water	Special K Strawberry Cereal Apple Sauce Milk/Water
Rotini Pasta, Ground Beef, Meat Sauce Diced Carrots Pineapple Tidbits Wheat Bread Milk/Water	Chicken Breast Mashed Potatoes Pears Wheat Bread Milk/ Water	Beef Burger Beef Patty Baked Fries Mixed Fruit Burger Bun Ketchup, Milk/Water	Steak Fingers Mixed Vegetables Mandarin Oranges Wheat Bread Ketchup, Milk/Water	Ground Beef Macaroni and Cheese Green Beans Peaches Milk/Water
Club Crackers Slice of Cheese, Water	Graham Crackers Yogurt, Water	String Cheese Organic Juice/ Water	Muffins Organic Juice/ Water	Keebler Toasted Crackers Organic Juice/ Water

** A medical physician statement must be submitted to the Child Development Center if your child or children require any Special Diets or have allergies to certain food items, in order to make a substitution to the meal.