## WHAT TYPE OF POSITION ARE YOU OFFERING?

POSITION TYPE	VOLUNTEER	INTERNSHIP-UNPAID	INTERNSHIP-PAID	PART TIME JOB
PURPOSE	Support community service initiatives in non-profit and government agencies	Pre-professional, short term experience to expose students to a profession or industry	Pre-professional experience to develop skills related to a profession	Required to fill a business need. A means for students to acquire transferable skills
DURATION	Short term	1-2 semesters	10 weeks-6 months	As long as needed
PAY STATUS	Unpaid	Unpaid	Paid	Paid
KEY COMPONENTS	<ul> <li>Freely giving time to support a cause</li> <li>Actively benefits the community at large</li> <li>Little to no training for tasks</li> <li>No expectation of compensation</li> <li>Minimal supervision required</li> </ul>	<ul> <li>Defined learning objectives and goals*</li> <li>Defined beginning and end date</li> <li>Significant education and training</li> <li>Practical application related to education and training</li> <li>Supervised by an expert in the field</li> <li>Development of core competencies and transferable skills</li> <li>Special project</li> <li>Routine feedback/evaluation process</li> <li>Meet FLSA guidelines**</li> </ul>	<ul> <li>Progressive goal* setting over the duration of the internship</li> <li>Education and training related to the profession</li> <li>Mentoring from an experienced professional</li> <li>Immersion in day-to-day operations</li> <li>Advancement of transferable skills</li> <li>Routine feedback/evaluation process</li> </ul>	<ul> <li>The role is essential to the functioning of your business</li> <li>The training provided is specific to your business operations</li> <li>The position is not necessarily related to the career aspirations of the student</li> </ul>
TIME COMMITMENT	Minimal. Determined per event. Generally a few hours	Academic year: 10-15 hours per week including at least one hour of education/mentoring a week  Summer: Up to 40 hours per week including at least 4 hours of education/mentoring per week	<ul> <li>Academic year: Up to 20 hours a week</li> <li>Summer/break Periods: Up to 40 hours a week</li> </ul>	<ul> <li>Academic year: Up to 20 hours a week</li> <li>Summer/break periods: Up to 40 hours a week</li> </ul>

<sup>\*</sup>Goals versus objectives, <a href="https://www.diffen.com/difference/Goal\_vs\_Objective">https://www.diffen.com/difference/Goal\_vs\_Objective</a>



<sup>\*\*</sup>Fair Labor Standards Act criteria must be met to qualify as an unpaid internship, <a href="https://www.dol.gov/agencies/whd/fact-sheets/71-flsa-internships">https://www.dol.gov/agencies/whd/fact-sheets/71-flsa-internships</a>