

# Laura D. Seligman, Ph.D., ABPP

Professor, Department of Psychological Science

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## EDUCATION

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<b>Predoctoral Internship</b> Johns Hopkins Hospital and Kennedy Krieger Institute, Baltimore, MD	<b>July 1999</b>
<b>PhD in Psychology, Clinical Child Specialization</b> Virginia Polytechnic Institute and State University, Blacksburg, VA	<b>May 1999</b>
<b>MS in Psychology, Clinical Child Specialization</b> Virginia Polytechnic Institute and State University, Blacksburg, VA	<b>May 1997</b>
<b>BA in Psychology with minor in Statistics</b> State University of New York, Oneonta, NY	<b>May 1992</b>

## PROFESSIONAL POSITIONS

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<b>Professor</b> Department of Psychological Science, University of Texas Rio Grande Valley, Edinburg, TX	<b>September 2017 – Present</b>
<b>Associate Professor</b> Department of Psychological Science, University of Texas Rio Grande Valley, Edinburg, TX [name change]	<b>September 2015 – August 2017</b>
<b>Associate Professor</b> Department of Psychology, University of Texas Pan American, Edinburg, TX	<b>May 2014 – August 2015</b>
<b>Associate Professor</b> Department of Psychology, University of Toledo, Toledo, OH	<b>August 2007 – May 2014</b>
<b>Director of Clinical Training</b> Department of Psychology, University of Toledo, Toledo, OH	<b>July 2010 – July 2012</b>
<b>Assistant Professor</b> Department of Psychology, University of Toledo, Toledo, OH	<b>August 2001 – August 2007</b>
<b>Psychologist</b>	<b>August 2000 – August 2001</b>

Atlantic Coast Behavioral Health, Baltimore, MD

**Psychologist/Statistician**

**September 1999 – August 2000**

National Institute of Mental Health, Pediatrics and Developmental Neuropsychiatry  
Branch, Bethesda, MD

**LEADERSHIP POSITIONS**

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**President**

November 2021-November 2022

Association of Behavior and Cognitive Therapies

**Chair**

Summer 2016 – March 2022

Institutional Review Board  
University of Texas Rio Grande Valley

**Senator**

Fall 2023 -- present

Faculty Senate, University of Texas Rio Grande Valley      Spring 2017 – Spring 2019

**Co-chair**

November 2013 – November 2019

Women's Issues in Behavior Therapy Special Interest Group  
Association for Behavioral and Cognitive Therapies

**ADVANCE Administrative Fellow**

Fall 2016 – Spring 2017

Office of the Senior Vice President for Research, Innovation,  
and Economic Development  
University of Texas Rio Grande Valley

**ADVANCE College Fellow**

Fall 2014 – Spring 2015

College of Social and Behavioral Sciences  
University of Texas Pan American

**Senator**

2013

Faculty Senate, University Toledo

**Representative**

2002

Arts and Sciences Council, University of Toledo

**GRANTS and AWARDS**

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NIDCR (UG3/UH3)

September 2022 – August 2024

September 2024 – August 2029 (UH3, pending approval)

A one session treatment for dental phobia in youth in an underserved population.

Role: MPI

\$4.3 million (overall) \$642,592 (UG3 Award)

K01HL145339

Role of arginine-vasopressin and V1A receptor in psychosocial stress-induced myocardial injury.

Role: mentor

PI: Mario Gil

\$495,435

NIDCR R01DE031117

August 2021 – July 2024

Identifying the mechanisms of latent inhibition to prevent dental fear

Role: MPI

\$1,285,871

NIMH U01MH125062

August 2021 – June 2026

Trans-ancestry genomic analysis of obsessive compulsive disorder

Role: Site MPI (Primary award: Baylor College of Medicine)

\$50,000 (subcontract)

NIDCR R34DE027111

September 2017 – August 2019

A clinical trial planning grant for one session treatment for dental phobia in youth as a method to disseminate an empirically supported treatment to an underserved population

Role: PI

\$217,950

Valley Baptist Legacy Foundation

September 2016 – August 2021

Development of a Doctor of Philosophy degree program in clinical psychology

Role: Co-PI

\$6,000,000

US Department of Education

October 2014 – September 2019

Improving Hispanic student success through experiential learning

Role: Internal evaluator

\$3,061,967

National Science Foundation

October 2012 – September 2017

NSF ADVANCE Institutional transformation grant – Attracting and nurturing women faculty in a Hispanic serving institution

Role: Co-Lead Social Science Study

\$3,100,000

Ohio Board of Regents

Summer 2005

Bibliotherapy in youth proposal preparation grant

Role: PI

\$4000

Ohio Board of Regents Bibliotherapy in youth proposal preparation grant Role: PI \$4000	Summer 2005
Kohler Internal Travel Award \$1000	Summer 2003
University of Toledo, University Research Fellowship Award Social skills deficits in socially anxious and socially neglected youth Role: PI \$9500	February 2002
Kellogg Foundation Arts bridging culture Role: Co-PI \$400,000	September 2002 – August 2005

## PUBLICATIONS

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\*\*Included in the American Academy of Pediatrics Core Curriculum Reading List

Seligman, L. D., Marin, C. E., Hovey, J. D., Rey, Y., Pettit, J. W., Lebowitz, E. R., & Silverman, W. K. (in press). Mother's psychological control and accommodation are associated with more severe anxiety in Hispanic youth. *Child Psychiatry and Human Development, Advanced online publication*.  
<https://doi.org/10.1007/s10578-023-01567-0>

Seligman, L. D., Talavera-Garza, L., & Ollendick, T. H. (in press). Specific phobia. In L. A. Theodore, M. Bray, & B. Bracken (Eds.), *Desk Reference in School Psychology*. Oxford University Press.

Seligman, L. D., Geers, A. L., Kramer, L., Clemens, K. S., Pituch, K. A., Colagiuri, B., Marusak, H. A., Rabinak, C. A., Turner, N., & Nedley, M. (2023). Study protocol of an investigation of attention and prediction error as mechanisms of action for latent inhibition of dental fear in humans. *BMC Psychology, 11*(1), 23.  
<https://doi.org/10.1186/s40359-023-01054-0>

Latin American Trans-ancestry INitiative for OCD Genomics (2023). Latin American Trans-ancestry INitiative for OCD genomics (LATINO): Study protocol. *American Journal of Medical Genetics Part B: Neuropsychiatric Genetics*. Advanced online publication.

Cho, C. J., Feinstein, B. A., Pimentel, S. S., Lopez, C. M., Delapp, R. C. T., Seligman, L. D., Anderson, R. E., & Rizvi, S. L. (2022). Looking forward, looking Back: Results of the ABCT Task Force for Equity, Inclusion and Access membership survey. *The Behavior Therapist, 45*(1), 6, 8- 20.

- Hovey, J. D., Roley-Roberts, M. E., Hurtado, G., Seligman, L. D., Levine, J. C., Kene, P., & Gonzalez, R. (2022). Coping competence and hopelessness moderate the influence of perceived burdensomeness on suicidal ideation in undergraduate college students. *Current Psychology, Advanced online publication*.
- Seligman, L. D., Charak, R., & Flores, A. (2022). Depression in children and adolescents: Evidence-based treatment guidelines. In L. J. Farrell, C. A. Essau, & R. Murrihy (Eds.), *Handbook of treatment modules for youth emotional and behavioural disorders: Guidelines for personalised care*.
- Seligman, L. D., Talavera-Garza, L., Geers, A. L., Murray, A. B., Ibarra, M., & Hovey, J. D. (2021). Development of a measure of fearful implicit associations with dental stimuli in youth. *Child Psychiatry and Human Development*.  
<https://doi.org/10.1007/s10578-021-01269-5>
- Hirai, M., Charak, R., Seligman, L. D., Hovey, J. D., Ruiz, J. M., & Smith, T. W. (2020). An association between perceived social support and posttraumatic stress symptom severity among women with lifetime sexual victimization: The serial mediating role of resilience and coping. *Violence Against Women, Advanced online publication*. <https://doi.org/10.1177/1077801219892645>
- Seligman, L. D., Hovey, J. D., Ibarra, M., Hurtado, G., Marin, C. E., & Silverman, W. K. (2019). Latino and non-latino parental treatment preferences for child and adolescent anxiety disorders. *Child Psychiatry and Human Development*.  
<https://doi.org/http://dx.doi.org/10.1007/s10578-019-00945-x>
- Seligman, L. D., Geers, A. L., Swedish, E. F., Hovey, J. D., & Hurtado, G. (2018). An analogue study examining attitude change theory and its implications for dissemination and implementation of empirically supported treatments. *Journal of Evidence-Based Psychotherapies, 18*, 77-96.  
<https://doi.org/10.24193/jebp.2018.2.15>
- Seligman, L. D., Anderson, R. E., Ollendick, T. H., Rauch, S. A. M., Silverman, W. K., Wilhelm, S., & Woods, D. W. (2018). Preparing women in academic psychology for their first compensation negotiation: A panel perspective of challenges and recommendations. *Professional Psychology: Research and Practice, 49*(4), 282-289. <https://doi.org/10.1037/pro0000204>
- \*\*Seligman, L. D., Hovey, J. D., Chacon, K., & Ollendick, T. H. (2017). Dental anxiety: An understudied problem in youth. *Clinical Psychology Review, 55*, 25-40.
- Seligman, L. D., Hovey, J. D., Hurtado, G., Swedish, E. F., Roley, M. E., Geers, A. L., Kene, P., Elhai, J. D., & Ollendick, T. H. (2016). Social cognitive correlates of attitudes toward empirically supported treatments. *Professional Psychology: Research and Practice, 47*(3), 215-223. <https://doi.org/10.1037/pro0000068>
- Seligman, L. D., Swedish, E. F., Rose, J. P., & Baker, J. M. (2016). An initial investigation of the use of comparative referents to assess social anxiety. *European Journal of Psychological Assessment*. <https://doi.org/10.1027/1015-5759/a000349>

- Grills, A. E., Seligman, L., & Ollendick, T. (2014). Anxiety disorders in children and adolescents. In P. Emmelkamp, T. Ehring, P. Emmelkamp, & T. Ehring (Eds.), *The Wiley handbook of anxiety disorders* (pp. 424-456). Wiley-Blackwell.  
<http://search.ebscohost.com/login.aspx?direct=true&db=psych&AN=2015-01137-022&site=ehost-live>
- Hovey, J. D., Hurtado, G., Morales, L. R. A., & Seligman, L. D. (2014). Religion-based emotional social support mediates the relationship between intrinsic religiosity and mental health. *Archives of Suicide Research, 18*(4), 376-391.  
<https://doi.org/10.1080/13811118.2013.833149>
- Hovey, J. D., Hurtado, G., & Seligman, L. D. (2014). Findings for a CBT support group for Latina migrant farmworkers in western Colorado. *Current Psychology: A Journal for Diverse Perspectives on Diverse Psychological Issues, 33*(3), 271-281. <https://doi.org/10.1007/s12144-014-9212-y>
- Seligman, L. D., Swedish, E. F., & Flannery-Schroeder, E. (2014). Anxiety assessment and treatment in typically developing children. In T. E. Davis, III, S. W. White, & T. H. Ollendick (Eds.), *Handbook of autism and anxiety*. (pp. 61-73). Springer International Publishing. [https://doi.org/10.1007/978-3-319-06796-4\\_5](https://doi.org/10.1007/978-3-319-06796-4_5)
- Seligman, L. D., Swedish, E. F., & Ollendick, T. H. (2014). Anxiety disorders in children. In C. A. Alfano & D. C. Beidel (Eds.), *Comprehensive evidence based interventions for children and adolescents*. (pp. 93-109). John Wiley & Sons Inc.  
<http://search.ebscohost.com/login.aspx?direct=true&db=psych&AN=2014-31879-006&site=ehost-live>
- Biehn, T. L., Elhai, J. D., Seligman, L. D., Tamburrino, M., Armour, C., & Forbes, D. (2013). Underlying dimensions of DSM-5 posttraumatic stress disorder and major depressive disorder symptoms. *Psychological Injury and Law, 6*(4), 290-298.  
<https://doi.org/10.1007/s12207-013-9177-4>
- Seligman, L. D., & Gahr, J. L. (2013). Course and outcome of child and adolescent anxiety. In C. A. Essau & T. H. Ollendick (Eds.), *The Wiley-Blackwell handbook of the treatment of childhood and adolescent anxiety*. (pp. 43-67). Wiley-Blackwell.  
<http://search.ebscohost.com/login.aspx?direct=true&db=psych&AN=2013-07971-003&site=ehost-live>
- Biehn, T. L., Elhai, J. D., Fine, T. H., Seligman, L. D., & Richardson, J. D. (2012). PTSD factor structure differences between veterans with and without a PTSD diagnosis. *Journal of Anxiety Disorders, 26*(3), 480-485.  
<https://doi.org/10.1016/j.janxdis.2012.01.008>
- Kim-Spoon, J., Ollendick, T. H., & Seligman, L. D. (2012). Perceived competence and depressive symptoms among adolescents: The moderating role of attributional style. *Child Psychiatry and Human Development, 43*(4), 612-630.  
<https://doi.org/10.1007/s10578-012-0287-0>

- Seligman, L. D., & Ollendick, T. H. (2011). Cognitive-behavioral therapy for anxiety disorders in youth. *Child and Adolescent Psychiatric Clinics of North America*, 20(2), 217-238. <https://doi.org/10.1016/j.chc.2011.01.003>
- Geers, A. L., Wellman, J. A., Seligman, L. D., Wuyek, L. A., & Neff, L. A. (2010). Dispositional optimism, goals, and engagement in health treatment programs. *Journal of Behavioral Medicine*, 33(2), 123-134. <https://doi.org/10.1007/s10865-009-9238-z>
- Ollendick, T. H., & Seligman, L. D. (2009). Competencies for treating phobic and anxiety disorders in children and adolescents. In J. C. Thomas & M. Hersen (Eds.), *Handbook of clinical psychology competencies* (pp. 1219-1244). Springer.
- Seligman, L. D., Wuyek, L. A., Geers, A. L., Hovey, J. D., & Motley, R. L. (2009). The effects of inaccurate expectations on experiences with psychotherapy. *Cognitive Therapy and Research*, 33(2), 139-149. <https://doi.org/10.1007/s10608-007-9174-6>
- Ollendick, T. H., Jarrett, M. A., Grills-Taquechel, A. E., Seligman, L. D., & Wolff, J. C. (2008). Comorbidity as a predictor and moderator of treatment outcome in youth with anxiety, affective, attention deficit/hyperactivity disorder, and oppositional/conduct disorders. *Clinical Psychology Review*, 28(8), 1447-1471. <https://doi.org/10.1016/j.cpr.2008.09.003>
- Hovey, J. D., & Seligman, L. D. (2007). Religious coping, family support, and negative affect in college students. *Psychological Reports*, 100(3, Pt 1), 787-788. <https://doi.org/10.2466/PR0.100.3.787-788>
- Hovey, J. D., Booker, V., & Seligman, L. D. (2007). Using theatrical presentations as a means of disseminating knowledge of HIV/AIDS risk factors to migrant farmworkers: An evaluation of the effectiveness of the infórmate program. *Journal of Immigrant and Minority Health*, 9(2), 147-156. <https://doi.org/10.1007/s10903-006-9023-9>
- Seligman, L. D., & Wuyek, L. A. (2007). Correlates of separation anxiety symptoms among first-semester college students: An exploratory study. *The Journal of Psychology: Interdisciplinary and Applied*, 141(2), 135-145. <https://doi.org/10.3200/JRLP.141.2.135-146>
- Grzywacz, J. G., Hovey, J. D., Seligman, L. D., Arcury, T. A., & Quandt, S. A. (2006). Evaluating short-form versions of the CES-D for measuring depressive symptoms among immigrants from Mexico. *Hispanic Journal of Behavioral Sciences*, 28(3), 404-424. <https://doi.org/10.1177/0739986306290645>
- Hovey, J. D., & Seligman, L. D. (2006). The mental health of agricultural workers in the United States. In J. E. Lessenger (Ed.), *Manual of agricultural medicine* (pp. 282-299). Springer.
- Hovey, J. D., Kim, S. E., & Seligman, L. D. (2006). The influences of cultural values, ethnic identity, and language use on the mental health of Korean American

college students. *The Journal of Psychology: Interdisciplinary and Applied*, 140(5), 499-511. <https://doi.org/10.3200/JRLP.140.5.499-511>

- Ollendick, T. H., & Seligman, L. D. (2006). Anxiety disorders. In C. Gillberg, R. Harrington, & H.-C. Steinhausen (Eds.), *A clinician's handbook of child and adolescent psychiatry* (pp. 144-187). Cambridge University Press. <http://search.ebscohost.com/login.aspx?direct=true&db=psych&AN=2006-07372-005&site=ehost-live>
- Ollendick, T. H., & seligman, L. D. (2005). Anxiety - Children. In A. Freeman (Ed.), *The encyclopedia of cognitive behavior therapy* (pp. 39-41). Springer.
- Seligman, L. D., & Wuyek, L. A. (2005). Vicarious extinction. In A. M. Gross & R. S. Drabman (Eds.), *Encyclopedia of behavior modification and cognitive behavior therapy* (pp. 1084-1085). Sage.
- Seligman, L. D., & Ollendick, T. H. (2005). Children - Behavior therapy. In A. Freeman (Ed.), *The encyclopedia of cognitive behavior therapy* (pp. 106-109). Springer.
- Seligman, L. D., & Hildebrand, S. J. (2005). Vicarious reinforcement. In A. M. Gross & R. S. Drabman (Eds.), *Encyclopedia of behavior modification and cognitive behavior therapy* (pp. 1086-1087). Sage.
- Seligman, L. D., & Bechtoldt Baldacci, H. (2005). Vicarious punishment. In A. M. Gross & R. S. Drabman (Eds.), *Encyclopedia of behavior modification and cognitive behavior therapy* (pp. 1085-1086). Sage.
- Seligman, L. D., Goza, A. B., & Ollendick, T. H. (2004). Treatment of depression in children and adolescents. In T. H. Ollendick & P. M. Barrett (Eds.), *Handbook of interventions that work with children and adolescents: From prevention to treatment* (pp. 301-328). Wiley.
- Seligman, L. D., Ollendick, T. H., Langley, A. K., & Baldacci, H. B. (2004). The utility of measures of child and adolescent anxiety: A meta-analytic review of the Revised Children's Anxiety Scale, the State-Trait Anxiety Inventory for Children, and the Child Behavior Checklist. *Journal of Clinical Child and Adolescent Psychology*, 33(3), 557-565. [http://www.tandfonline.com/doi/pdf/10.1207/s15374424jccp3303\\_13](http://www.tandfonline.com/doi/pdf/10.1207/s15374424jccp3303_13)
- Ollendick, T. H., Seligman, L. D., Goza, A. B., Byrd, D. A., & Singh, K. (2003). Anxiety and depression in children and adolescents: A factor-analytic examination of the tripartite model. *Journal of Child and Family Studies*, 12(2), 157-170. [http://download.springer.com/static/pdf/619/art%253A10.1023%252FA%253A10.22806731527.pdf?auth66=1410461773\\_a0040aefdaa9ebaf9525422d866effea&ext=.pdf](http://download.springer.com/static/pdf/619/art%253A10.1023%252FA%253A10.22806731527.pdf?auth66=1410461773_a0040aefdaa9ebaf9525422d866effea&ext=.pdf)
- Snider, L. A., Seligman, L. D., Ketchen, B. R., Levitt, S. J., Bates, L. R., Garvey, M. A., & Swedo, S. E. (2002). Tics and problem behaviors in schoolchildren: Prevalence, characterization, and associations. *Pediatrics*, 110(2), 331-336. <https://doi.org/10.1542/peds.110.2.331>



- Ollendick, T. H., & Seligman, L. D. (2000). Cognitive-behaviour therapy. In T. J. David (Ed.), *Recent advances in paediatrics* (pp. 135-150). Churchill Livingstone.
- Ollendick, T. H., Seligman, L. D., & Butcher, A. T. (1999). Does anxiety mitigate the behavioral expression of severe conduct disorder in delinquent youths? *Journal of Anxiety Disorders*, 13(6), 565-574.
- Seligman, L. D., & Ollendick, T. H. (1998). Comorbidity of anxiety and depression in children and adolescents: An integrative review. *Clinical Child and Family Psychology Review*, 1(2), 125-144. <https://doi.org/10.1023/A:1021887712873>

#### INVITED COLUMNS

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- Seligman, L. D. (2022). Introducing ABCT's town halls: A pathway to engagement and equity. *the Behavior Therapist*, 45(1), 1, 3.
- Seligman, L. D. (2022). Acting on the recommendations of the ABCT Task Force for Equity, Inclusion, and Access: Updates and next steps. *the Behavior Therapist*, 45(5), 152, 155.
- Seligman, L. D., & Anderson, R. E. (2016). Cracks in the glass ceiling: Perspectives from the Women's Issues in Behavior Therapy SIG. *the Behavior Therapist*, 39(7), 295-297.  
<http://search.ebscohost.com/login.aspx?direct=true&db=psych&AN=2016-53104-034&site=ehost-live>
- Seligman, L. D., & Anderson, R. E. (2015). Marsha Linehan, Ph.D.: Co-founding the Women's SIG and promoting women's careers. *Newsletter of the ABCT Women's SIG*, 1, 1-2.

#### CONFERENCE PRESENTATIONS

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- Latin American Trans-ancestry INitiative for OCD Genomics Consortia (2023, July). Access to OCD treatment in Latino populations: Characterization and predictors. Poster presented at the annual International OCD Foundation Conference, San Francisco, CA.
- Latin American Trans-ancestry INitiative for OCD Genomics Consortia (2023, July). Beyond symptom severity: The influence of OCD stigma on quality of life. Poster presented at the annual International OCD Foundation Conference, San Francisco, CA.
- Latin American Trans-ancestry INitiative for OCD Genomics Consortia (2023, July). Cross section of perceived stigma and attitudes toward OCD genomics in Latin American individuals with OCD. Poster presented at the annual International OCD Foundation Conference, San Francisco, CA.

- Cho, C. J., Temkin, A., Seligman, L. D., Rego, S., Chu, B. C., Oshin, L., & Palitz Buinewicz, S. A. (2022, November). *Practice what you preach: How psychology can support its working parents in the third year of 2020* [Panel Presentation]. Association of Behavioral and Cognitive Therapies, New York, NY.
- Seligman, L. D. (2022, November). *CBT for the public good: Why we need to be more comfortable using someone else's toothbrush* [Presidential Address]. Association for Behavioral and Cognitive Therapies, New York, NY USA.
- Seligman, L. D. (2021, October). *Promoting oral health globally by advancing the robust application of behavioral and social sciences* [Invited Discussant]. International Association of Dental Research Behavioral and Social Oral Health Sciences Summit, Virtual (due to COVID).
- Hovey, J. D., Escamilla, E., Talavera-Garza, L., & Seligman, L. D. (2020, March). *The influence of adherence to traditional cultural values on family conflict and emotion dysregulation in predicting suicide behavior in Latina adolescents* [Poster]. Anxiety Disorders Association of America San Antonio, TX (Note: Meeting not held due to coronavirus).
- Talavera-Garza, L., Seligman, L. D., & Hovey, J. D. (2020, March). *The mediating role of conditioning events on the relationship between fear of pain and dental anxiety* [Poster]. International Association of Dental Research Behavioral and Social Oral Health Sciences Summit, Washington, DC (Note: Meeting not held due to coronavirus).
- Bufka, L. F., Seligman, L. D., Gaudiano, B., Gordon-Kane, M., Brown, A., & MacIvor Thompson, L. (2019, November). *Realizing ABCT's mission in a politicized world* [Panel Discussion]. Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- Hovey, J. D., Talavera-Garza, L., Gray, G., Seligman, L. D., & Escamilla, E. (2019, November). *Obesity and suicide behavior in young Latina adults: The mediating influences of sleep problems, health problems, and dissatisfaction with personal appearance* [Poster]. Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- Cantu, J. I., Charak, R., Hsieh, C., Arellano, S., Dominguez, G., & Seligman, L. D. (2018, November). *Additive and interactive effects of cybervictimization types on depression among Hispanic emerging adults*. [Poster]. Association for Behavioral and Cognitive Therapies, Washington, DC.
- Candanoza, V., Garza, S., Hovey, J. D., & Seligman, L. D. (2017, November). *Predicting compliance in a bibliotherapy treatment for child anxiety disorders* [Poster]. Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Chacon, K., Charak, R., Hirai, M., Hovey, J. D., & Seligman, L. D. (2017, November). *The moderating effect of emotional eating on the relationship between anxiety and childhood obesity* [Poster]. Association for Behavioral and Cognitive Therapies, San Diego, CA.

- Ibarra, M., Seligman, L. D., Silverman, W. K., & Lebowitz, E. R. (2017, November). *Hispanic and non-Hispanic parents' accommodation of child anxiety* [Poster]. Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Anderson, R. E., Seligman, L. D., Becker, C. B., Carpenter, K., Dimidjian, S., & Johnson, D. (2016, October). *Getting funding for research on women's health* [Panel discussion]. Association for Behavioral and Cognitive Therapies, New York, NY.
- Hovey, J. D., Hurtado, G., Roley, M. E., Dueweke, A., Jara, S., & Seligman, L. D. (2016, October). *The influence of cyberbullying through social media on depression and suicide ideation in college students in Texas and Ohio* [Poster]. Association for Behavioral and Cognitive Therapies, New York, NY.
- Swedish, E. F., Baker, J., & Seligman, L. D. (2016, October). *Evaluation of facial images in social anxiety: The differences across gender* [Poster]. Association for Behavioral and Cognitive Therapies, New York, NY.
- Seligman, L. D., Anderson, R. E., Ollendick, T. H., Rauch, S., Silverman, W. K., Wilhelm, S., & Woods, D. (2015, November). *Negotiating your first position and beyond* [Panel discussion]. Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Swedish, E. F., & Seligman, L. D. (2015, November). *Affirming the self to promote adoption of empirically supported treatments* [Poster]. Association for Behavioral and Cognitive Therapies, Chicago, Illinois.
- Seligman, L. D., Hovey, J. D., Elhai, J., Hurtado, G., Swedish, E. F., & Roley, M. E. (2014, November). *Factor structure of the Attitudes Toward Empirically Supported Treatments Questionnaire* [Poster]. Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Swedish, E. F., Gahr, J. L., Baker, J. M., & Seligman, L. D. (2013, November). *Identification and management of youth with anxiety in pediatric care settings* [Poster]. Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Gahr, J. L., Seligman, L. D., Swedish, E. F., Geers, A. L., & Hovey, J. D. (2012, November). *Attitude function matching effects on attitude toward psychological treatments: The role of affective versus cognitive persuasive appeals* [Paper]. Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Hurtado, G., Hovey, J. D., Seligman, L. D., Kene, P., Swedish, E. F., Gahr, J. L., & Roley, M. E. (2012, November). *Dispositional predictors of attitudes towards empirically supported treatments in a national sample of clinical psychologists* [Paper]. Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Swedish, E. F., Hovey, J. D., Hurtado, G., Kene, P., Gahr, J. L., Roley, M. E., & Seligman, L. D. (2012, November). *Predictors of attitudes towards empirically supported treatments in a national sample of students in clinical psychology*

*graduate programs* [Paper]. Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Erickson, G., Gahr, J. L., Seligman, L. D., & Ollendick, T. H. (2012, April). *The effects of bully/victim status on anxiety and depression among older adolescents and across genders*. [Poster]. Anxiety Disorders Association of America, Arlington, VA.

Hovey, J. D., Seligman, L. D., Hurtado, G., Gahr, J. L., Swedish, E. F., Blazevic, A., Roley, M. E., Riskie, C., & Brown, R. (2012, April). *Predictors of attitudes towards empirically supported treatments in a national sample of clinical psychologists*. [Poster]. Anxiety Disorders Association of America, Baltimore, MD.

Hurtado, G., Hovey, J. D., Roley, M. E., Riskie, C., & Seligman, L. D. (2012, April). *Percieved Burdensomeness: A significant moderator in the relationship between internalizing disorders, depression, hopelessness, religiosity and suicidal behaviors*. [Poster]. American Association of Suicidology Annual Conference,

Gahr, J. L., Swedish, E. F., Seligman, L. D., & Ollendick, T. H. (2011, November). *The relationship between anxiety and dropout risk in a longitudinal study of middle school students* [Poster]. Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Swedish, E. F., Gahr, J. L., Pelletier, H. L., & Seligman, L. D. (2011, March). *The effective dissemination of information about empirically supported treatments to clinicians* [Poster]. Anxiety Disorders Association of America, New Orleans, LA.

Pelletier, H. L., Rasinski, H., Brown, K. L., Seligman, L. D., Geers, A. L., & Hovey, J. D. (2010, March). *Dissemination of empirically supported treatments: The role of argument type in shaping clinicians' attitudes* [Poster]. Anxiety Disorders Association of America, Baltimore, MD.

Wuyek, L. A., & Seligman, L. D. (2007, March). *Attenuating the renewal effect: Cognitive retrieval cues in maintaining extinction* [Poster]. Anxiety Disorders Association of America, Saint Louis, MI.

Zaleski, S. A., & Seligman, L. D. (2007, March). *Self-focused attention and anxiety: Does an internal attribution mediate this relation in evaluative situations?* [Poster]. Anxiety Disorders Association of America, Saint Louis, MI.

Grzywacz, J. G., Hovey, J. D., Seligman, L. D., Arcury, T. A., & Quandt, S. A. (2006, March). *Evaluating a Short CES-D for measuring depression among immigrant Latinos*. [Paper]. International Conference on Occupational Stress and Health, Miami, FL.

Motley, R. L., & Seligman, L. D. (2006, March). *Manipulating selective attention to emotional words and processing speed* [Poster]. UT/BGSU/MCO Symposium on Research in Psychiatry, Psychology, and Behavioral Science, Toledo, OH.

Motley, R. L., Zaleski, S. A., Hovey, J. D., & Seligman, L. D. (2006, March). *Clinician opinions on empirically supported treatments: Implications for dissemination*. [Poster]. Anxiety Disorders Association of America, Miami, FL.

- Mueller, J., & Seligman, L. D. (2006, April). *Swallowing your fears: A cross-cultural study of social anxiety and disordered eating* [Paper]. National Conference on Undergraduate Research, Asheville, NC.
- Hildebrand, S. J., & Seligman, L. D. (2005, November). *Reinforcement and theory of mind deficits in children with Asperger's Disorder* [Poster]. Association for Behavioral and Cognitive Therapies, Washington, DC.
- Hovey, J. D., Gibbs, D., Larson, C., White, T., Rames, M., & Seligman, L. D. (2005, November). *Reliability and validation of the Suicide Cognitions Scale (SCS)* [Poster]. Association for Behavioral and Cognitive Therapies, Washington, DC.
- Hovey, J. D., Grzywacz, J. G., Seligman, L. D., Quandt, S. A., & Arcury, T. A. (2005, November). *Evaluating a short form of the CES-D for measuring depression among Latino/a farmworkers* [Paper]. Midwest Stream Farmworker Health Forum, South Padre Island, Texas.
- Wuyek, L. A., & Seligman, L. D. (2005, November). *Relaxation training in exposure therapy: Helpful and hindering factors* [Poster]. Association for Behavioral and Cognitive Therapies, Washington, DC.
- Wuyek, L. A., Gibbs, D., Larson, C. M., Leininger, S., White, T., Logsdam, J., Seligman, L. D., & Hovey, J. D. (2005, August). *A preliminary meta-analysis of treatment efficacy for the anxiety disorders* [Poster]. American Psychological Association, Washington, DC.
- Guthrie, M. L., Hoelzle, J. B., & Seligman, L. D. (2005, April). *The role of motivation and expectation on social skills* [Poster]. UT/BGSU/MCO Symposium on Research in Psychiatry, Psychology, and Behavioral Science, Toledo, OH.
- Wuyek, L. A., Gibbs, D., C., & Seligman, L. D. (2004, March). *Childhood separation anxiety disorder and its relationship to college student functioning upon leaving home* [Poster]. Anxiety Disorders Association of America, Miami, FL.
- Bechtoldt, H., & Seligman, L. D. (2003, November). *The relationship of parent and child reports of anxiety: Results from a meta-analysis* [Poster]. Association for the Advancement of Behavior Therapy, Boston, MA.
- Hildebrand, S. J., Seligman, L. D., & Kendall, P. (2003, November). *Social skill deficits in socially anxious and socially neglected youth* [Poster]. Association for the Advancement of Behavior Therapy, Boston, MA.
- Wuyek, L. A., Landry, S. J., Coroskie, C., Geers, A. L., & Seligman, L. D. (2003, November). *Treatment expectations: Effects on satisfaction, dropout, and outcome* [Poster]. Association for the Advancement of Behavior Therapy, Boston, MA.
- Leiferman, J. A., Ollendick, T. H., & Seligman, L. D. (2003, March). *Does maternal distress affect parenting behaviors that promote child health?* [Paper]. Society for Behavioral Medicine, Salt Lake City, UT.

- Seligman, L. D., Ollendick, T. H., Langley, A. K., & Bechtoldt, H. (2003, March). *Self reports of anxiety in youth: Utility for differential diagnosis and assessment of treatment gains* [Poster]. Anxiety Disorders Association of America, Toronto, Canada.
- Landry, S., Wuyek, L. A., Croskie, C., Seligman, L. D., & Geers, A. L. (2003, January). *Examining the role of treatment expectations in perceptions of therapy*. [Paper]. Society of Personality and Social Psychology, Austin, TX.
- Bechtoldt Baldacci, H., J.B, F., Seligman, L. D., & Hull-Smith, P. (2003, April). *Relationships among self-reported exposure to violence, attitudes towards violence and empathy in elementary school children* [Poster]. UT/BGSU/MCO Symposium on Research in Psychiatry, Psychology, and Behavioral Science, Toledo, OH.
- Hitt, R., Funk, J. B., Seligman, L. D., & Smith, P. M. (2003, April). *An exploration of the mother and daughter relationship and outcomes* [Poster]. UT/BGSU/MCO Symposium on Research in Psychiatry, Psychology, and Behavioral Science, Toledo, OH.
- Blier, H. K., Ollendick, T. H., Braznik, K., & Seligman, L. D. (2002, November). *A longitudinal investigation of school dropout: Early risk and protective factors* [Poster]. Association for the Advancement of Behavior Therapy, Reno, NV.
- Blier, H. K., Fox, L. D., Scarpa-Friedman, A., Ollendick, T. H., Littleton, H., & Seligman, L. D. (2001, November). *School-based group intervention for aggressive adolescents: Treatment outcomes and implications*. [Poster]. Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Ollendick, T. H., Seligman, L. D., Butcher, A. T., & Grills, A. E. (2001, November). *Behavioral inhibition and impulsivity in children with anxiety disorders: Evidence from laboratory-based tasks*. [Paper]. Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Seligman, L. D., Ollendick, T. H., & Setser, M. (2001, July). *Anxiety and depression in youth: A developmental model to explain comorbidity in internalizing disorders* [Poster]. World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia.
- Langley, A. K., Seligman, L. D., Byrd, D. A., Parker, M. D., Weeks, C., Jones, R. T., & Ollendick, T. H. (1998, September). *Adaptive functioning and posttraumatic distress in youth following a residential fire* [Paper]. Virginia Beach Conference for Children and Adolescents with Emotional or Behavioral Disorders, Virginia Beach, VA.
- Byrd, D. A., Langley, A. K., Seligman, L. D., Parker, M. D., Weeks, C., Lease, C. A., Ollendick, T. H., & Jones, R. T. (1998, November). *Depression in child and adolescent victims of residential fire: An analysis of attributional style and self-esteem ratings* [Poster]. Association for the Advancement of Behavior Therapy, Washington, DC.

- Langley, A. K., Kephart, C., Byrd, D. A., Parker, M. N., Seligman, L. D., Lease, C. A., Jones, R. T., & Ollendick, T. H. (1998, November). *Effects of residential fire on children: The impact of appraisal and coping on outcome* [Poster]. Association for the Advancement of Behavior Therapy, Washington, DC.
- Langley, A. K., Parker, M. N., Weeks, C., Seligman, L. D., Byrd, D. A., Kephart, K., Shenoy, U., Jones, R. T., & Lease, C. A. (1998, November). *Children and adolescents exposed to residential fire: Impact of trait anxiety on posttraumatic symptomatology* [Poster]. International Society for Traumatic Stress Studies, Washington, DC.
- Parker, M. N., Weeks, C., Langley, A. K., Byrd, D. A., Seligman, L. D., Lease, C. A., Jones, R. T., & Ollendick, T. H. (1998, November). *Residential fires: The moderating impact of social support and religious coping* [Poster]. Association for the Advancement of Behavior Therapy, Washington DC.
- Seligman, L. D., Goza, A. B., Setser, M., & Ollendick, T. H. (1998, November). *The stability of self-reported anxiety in youth: Predictors of psychosocial sequelae* [Poster]. Association for the Advancement of Behavior Therapy, Washington, DC.
- Weeks, C., Parker, M. D., Langley, A. K., Byrd, D. A., Seligman, L. D., Lease, C. A., Ollendick, T. H., & Jones, R. T. (1998, November). *Effect of familial variables on children's externalizing behavior following residential fire* [Poster]. International Society for Traumatic Stress Studies, Washington, DC.
- Mattis, S. G., Ollendick, T. H., Rock, C. M., Butcher, A. T., Seligman, L. D., Ingman, K. A., Curtin, L., Febbraro, G. A. R., & Gulotta, C. S. (1998, March). *Group treatment of nonclinical panic attacks in late adolescence* [Paper]. Anxiety Disorders Association of America Boston, MA.
- Jones, R. T., Ollendick, T. H., Lease, C. A., Byrd, D. A., Parker, M. N., Langley, A. K., Seligman, L. D., & Weeks, C. (1998, August). *Children's response to residential fire: Preliminary findings* [Paper]. American Psychological Association, San Francisco, CA.
- Butcher, A. T., Seligman, L. D., Goza, A. B., & Ollendick, T. H. (1997, September). *The relationship between negative family environment and ADHD subtype* [Paper]. Virginia Beach Conference for Children and Adolescents with Emotional or Behavioral Disorders Virginia Beach, VA.
- Jones, R. T., Ollendick, T. H., Byrd, D. A., Davis-Parker, M., Seligman, L. D., Butcher, A. T., & Weeks, C. (1997, September). *NIMH Residential fire study: Case study examinations of the psychological effects of fire on children and their parents* [Paper]. Virginia Beach Conference for Children and Adolescents with Emotional or Behavioral Disorders Virginia Beach VA.
- Ollendick, T. H., Goza, A. B., Ingman, K. A., & Seligman, L. D. (1997, September). *Anxiety disorders in youth: Interventions for children and families* [Workshop]. Virginia Beach Conference for Children and Adolescents with Emotional or Behavioral Disorders, Virginia Beach, VA.

- Jones, R. T., Ollendick, T. H., Lease, C. A., Byrd, D. A., Parker, M. N., Weeks, C., Seligman, L. D., & Langley, A. K. (1997, November). *NIMH residential fire study: Assessing children/adolescents and their parents* [Poster]. Association for the Advancement of Behavior Therapy, Miami, FL.
- Jones, R. T., Ollendick, T. H., Lease, C. A., Weeks, C., Byrd, D. A., Parker, M. N., Seligman, L. D., & Langley, A. K. (1997, November). *Assessing the effects of residential fire on children and their families* [Paper]. International Society for Traumatic Stress Studies, Montreal, Canada.
- Jones, R. T., Ollendick, T. H., Lease, C. A., Byrd, D. A., Langley, A., Parker, M. D., Seligman, L. D., & Weeks, C. (1997, November). *NIMH residential fire grant: Preliminary findings* [Poster]. Association for the Advancement of Behavior Therapy, Miami Beach, FL.
- Mattis, S. G., Ollendick, T., Rock, C. M., Butcher, A. T., Seligman, L. D., Ingman, K. A., Curtin, L., Febbraro, G. A. R., & Gulotta, C. S. (1997, November). *Group treatment of nonclinical panic attacks in late adolescence* [Poster]. Association for the Advancement of Behavior Therapy, Miami Beach, FL.
- Seligman, L. D., Butcher, A. T., Goza, A. B., Byrd, D. A., Rock, C., & Ollendick, T. H. (1997, November). *The impact of negative family environment on the behavioral expression of conduct disorder* [Poster]. Association for the Advancement of Behavior Therapy, Miami Beach, FL.
- Seligman, L. D., Butcher, A. T., & Ollendick, T. H. (1996, September). *The effects of comorbid anxiety on delinquency in children with severe conduct disorder* [Paper]. Virginia Beach Conference for Children and Adolescents with Emotional or Behavioral Disorders Virginia Beach, VA.
- Seligman, L. D., Goza, A. B., Byrd, D. A., & Ollendick, T. H. (1996, November). *An examination of the tripartite model of anxiety and depression in children and adolescents* [Poster]. Association for the Advancement of Behavior Therapy, New York, NY.
- Butcher, A. T., Seligman, L. D., & Ollendick, T. H. (1995, September). *The mitigating effects of anxiety on severe conduct disorder: Preliminary findings* [Paper]. Virginia Beach Conference for Children and Adolescents with Emotional or Behavioral Disorders sponsored by Commonwealth Institute for Child and Family Studies, Virginia Beach, VA.
- Byrd, D. A., Goza, A. B., Seligman, L. D., & Ollendick, T. H. (1995, September). *Anxiety and depression in youth: A cognitive analysis* [Paper]. Virginia Beach Conference for Children and Adolescents with Emotional or Behavioral Disorders Virginia Beach, VA.
- Goza, A. B., Seligman, L. D., Byrd, D. A., & Ollendick, T. H. (1995, September). *Anxiety and depression in children and adolescents: An examination of the tripartite model* [Paper]. Virginia Beach Conference for Children and Adolescents with Emotional and Behavioral Disorders Virginia Beach, VA.



- Seligman, L. D., & Ollendick, T. H. (1995, September). *Mixed Anxiety Depression in children and adolescents: The validity of a proposed diagnostic category* [Paper]. Virginia Beach Conference for Children and Adolescents with Emotional or Behavioral Disorders, Virginia Beach, VA.
- Seligman, L. D., Butcher, A. T., & Ollendick, T. H. (1995, November). *Relationship among anxiety, depression and conduct disturbance in incarcerated delinquents: A test of Gray's Theory* [Poster]. Association for the Advancement of Behavior Therapy, Washington, DC.
- Ingman, K. A., Seligman, L. D., Ollendick, T. H., & Akande, D. (1994, November). *Cross-Cultural aspects of fear in African children and adolescents* [Poster]. Association for the Advancement of Behavior Therapy, San Diego, CA.
- Guzy, L. T., Levinson, J., Yahiel, Y., Seligman, L. D., & VanZandt, S. (1993, October). *The seriousness of the sun phantom in passing a red traffic signal light: An archival study* [Poster]. Human Factors and Ergonomics Society, Seattle, WA.
- Seligman, L. D. (1993, April). *Speed and accuracy in solving complex mental arithmetic problems* [Poster]. Eastern Psychological Association, Arlington, VA.

## BOOK REVIEWS

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Seligman, L. D. (1997). Review of *Helping your depressed teenager: A guide for parents and caregivers*. In *Journal of Family and Child Studies* (Vol. 6, pp. 513-515).

## EDITORIAL POSITIONS

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Journal of Clinical Child and Family Psychology Review, Editorial Board

Child Psychiatry and Human Development, Editorial Board

Ad Hoc Reviewer for:

- Anxiety, Stress, and Coping: An International Journal
- Behavior Therapy
- Canadian Journal of Behavioural Science
- Clinical Psychology Review
- Journal of Clinical Child and Adolescent Psychology
- Journal of Consulting and Clinical Psychology
- Mexican Journal of Psychology
- National Institutes of Health/National Institute of Mental Health BSTART submission
- Psychological Assessment
- Psychiatry Research

## TEACHING EXPERIENCE AND INTERESTS

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### GRADUATE COURSES

Cognitive-Behavioral Therapy

Ethics

Clinical Supervision

Statistics

### UNDERGRADUATE COURSES

Abnormal Psychology

Research Methods

Child Psychopathology

Statistics

Introductory Psychology

Stress Management

Personality

## LEADERSHIP TRAINING

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<b>CEO Symposium</b> The Center for Association Leadership	June 2022
<b>University of Texas System Women's Senior Leaders Sponsorship Workshop Program</b> University of Texas System	January 2017
<b>ADVANCE Leadership Institute</b> University of Texas Rio Grande Valley	Fall 2014

## SERVICE

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Immediate Past-President Association of Behavior and Cognitive Therapies	November 2022-November 2023
President Association of Behavior and Cognitive Therapies	November 2021-November 2022
President-Elect Association of Behavior and Cognitive Therapies	November 2020-November 2021
Chair Institutional Review Board University of Texas Rio Grande Valley	Summer 2016 – March 2022
Member Program Committee Association of Behavior and Cognitive Therapies	Spring 2017 – Fall 2021
Senator Faculty Senate, University of Texas Rio Grande Valley	Spring 2017 – Spring 2019
Member Director of Research Compliance Search Committee Division of Research, Graduate Studies, and New Program Development University of Texas Rio Grande Valley	Fall 2019 – Spring 2020
Member Department Chair Search Committee Department of Psychological Science, University of Texas Rio Grande Valley	Fall 2019 – Spring 2020
Invited Speaker Career Day South Texas Preparatory Academy	Fall 2018

Member Fall 2018 – Spring 2019  
Director of Research Compliance Specialist Search Committee  
Division of Research, Graduate Studies, and New Program Development  
University of Texas Rio Grande Valley

Co-chair November 2013 – November 2019  
Women's Issues in Behavior Therapy Special Interest Group  
Association for Behavioral and Cognitive Therapies

Chair Fall 2016 – Spring 2017  
Clinical Psychology Faculty and Clinic Director Search Committee  
Department of Psychological Science, University of Texas Rio Grande Valley

Faculty Mentor Fall 2016 – Spring 2017  
Dr. Ruby Charak, Dr. Mario Gil  
Department of Psychological Science, University of Texas Rio Grande Valley

Faculty Fellow Fall 2016 – Spring 2017  
Office of Research  
University of Texas Rio Grande Valley

Speaker Fall 2016  
Session on Grantsmanship, Associate to Full Program  
University of Texas Rio Grande Valley

Co-Chair Fall 2015 – Spring 2016  
Clinical, Quantitative, and Cognitive Psychology Faculty Search Committee  
Department of Psychological Science, University of Texas Rio Grande Valley

Member Fall 2015 – Spring 2016  
Dean Search Committee  
College of Liberal Arts, University of Texas Rio Grande Valley

ADVANCE College Fellow Fall 2014 – Spring 2015  
College of Social and Behavioral Sciences  
University of Texas Pan American

Senator 2013  
Faculty Senate, University Toledo

Chair 2011  
Clinical Psychology Faculty and Clinic Director Search Committee  
Department of Psychology, University of Toledo

Member One-year Visiting Professor Faculty Search Committee Department of Psychology, University of Toledo	2006, 2009
Member Social and Clinical Psychology Faculty Search Committee Department of Psychology, University of Toledo	2008
Member Developmental Psychology Faculty Search Committee Department of Psychology, University of Toledo	2005
Chair Graduate Admissions Committee, Clinical Psychology Program Department of Psychology University of Toledo	2002, 2005
Chair Curriculum Committee, Clinical Psychology Program Department of Psychology University of Toledo	2004
Chair Renovation Committee, Clinical Psychology Program Department of Psychology University of Toledo	2003
Representative Child and Adolescent Anxiety Special Interest Group Association for the Advancement of Behavior Therapy	2002-2003
Representative Arts and Sciences Council, University of Toledo	2002
Member Training Clinic Database Development Committee, Clinical Psychology Program Department of Psychology, University of Toledo	2002
Chair Student Award Committee Anxiety Special Interest Group Association for the Advancement of Behavior Therapy	2001, 2002

#### PROFESSIONAL CERTIFICATIONS AND LICENSES

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Board Certified in Cognitive and Behavioral Psychology by The American Board of Professional Psychology

Licensed Psychologist, State of Texas, License # 37622