

**Bachelor of Science (BS)**  
**Kinesiology**  
**Recreational Sports Management Concentration**

The 2026-2027 list of core courses can be found in the 2026-2027 Undergraduate Catalog: [www.utrgv.edu/catalog](http://www.utrgv.edu/catalog) > See 'Bachelors Degree Program Regulations'

Symbols Key Campus: B - Offered in Brownsville; E - Offered in Edinburg; O - Offered Online; T - Travel Required Bolded Course Number*: Program Admission Requirement Min Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory. Core: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; Core: 090 - Applied Communication and Literacies; Humanities; Leadership; Science Labs; Interdisciplinary; Technologies; Language Diversity & Writing											
This program leads to a profession which requires an occupational license as defined under Texas Occupations Code 58.001. This requires that all applicants seeking to become licensed must undergo a criminal background check prior to licensure.											
Year	Semester	Credit Hours	Campus	Course Number	Course Title	Minimum Grade	Core	Prerequisite	Additional Notes		
1	Fall	3	B/E/O	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301.	See General Education Core for more details. Options: ENGL 1301		
1	Fall	3	B/E/O	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1301 or HIST 2327		
1	Fall	3	B/E/O	MATH 1342 or MATH 1343	Elementary Statistics or Introduction to Biostatistics	C	020	College Ready TSI status in Mathematics.	See General Education Core for more details.		
1	Fall	4	B/E/O	BIOL 2401	Anatomy and Physiology I	C	030/090		See General Education Core for more details. Priority course for major sequence.		
1	Fall	3	E/O	KINE 1351	Introduction to Sports and Exercise Science				Satisfies Major-Specific Requirement.		
1	Fall		B/E/O	UNIV	1301 Learning Framework 1101 Academic and Career Success 1001/1300 Living and Working by Design				As required, based on a number of factors such as credit hours earned, TSI status, high school rank, major declaration, etc.		
1	Fall	<b>16</b>	<b>Semester Total Hours</b>								
1	Spring	3	B/E/O	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details. Options: ENGL 1302 or ENGL 1305		
1	Spring	3	B/E/O	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1302 or HIST 2328		
1	Spring	4	B/E	BIOL 2402	Anatomy and Physiology II	C	030/090	BIOL 2401.	See General Education Core for more details. Priority course for major sequence.		
1	Spring	3	B/E/O	Choose 1	Creative Arts		050		See General Education Core for course options.		
1	Spring	1	B/E/O	Choose 1	Integrative and Experiential Learning		090		See General Education Core for course options.		
1	Spring	<b>14</b>	<b>Semester Total Hours</b>								
Year	Semester	Credit Hours	Campus	Course Number	Course Title	Minimum Grade	Core	Prerequisite	Additional Notes		
2	Fall	3	B/E/O	Choose 1	Language, Philosophy & Culture		040		See General Education Core for course options.		
2	Fall	3	B/E/O	PSYC 2301	General Psychology		080		See General Education Core for course options.		
2	Fall	3	B/E/O	POLS 2305	U.S. Federal Government & Politics		070		See General Education Core for more details		
2	Fall	3	B/E	KINE 1306	First Aid and First Responder				Satisfies Major-Specific Requirement.		
2	Fall	3	B/E	KINE 2315	Individual Sports			Kinesiology Major and KINE 1351.	Satisfies Major-Specific Requirement.		
2	Fall	<b>15</b>	<b>Semester Total Hours</b>								
2	Spring	3	B/E/O	POLS 2306	Texas Government & Politics		070		See General Education Core for more details		
2	Spring	3	B/E/O	13XX-43XX	Free Elective						
2	Spring	3	B/E	KINE 3353	Physiology of Exercise I	C		Grade of "C" or better in BIOL 2401 and BIOL 2402.	Satisfies Major-Specific Requirement. Lab course KINE 3153 NOT required for Kinesiology majors.		
2	Spring	3	B/E/O	13XX-43XX	Free Elective						
2	Spring	3	B/E/O	13XX-43XX	Free Elective						
2	Spring	<b>15</b>	<b>Semester Total Hours</b>								

Year	Semester	Credit Hours	Campus	Course Number	Course Title	Minimum Grade	Core	Prerequisite	Additional Notes	
3	Fall	3	B/E	KINE 3341	Principles of Conditioning and Fitness	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
3	Fall	3	B/E	KINE 3314	Teaching Movement Arts to Children and Adolescents	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
3	Fall	3	B/E	KINE 4356	Motor Development	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
3	Fall	3	B/E/O	13XX-43XX	Free Elective					
3	Fall	3	B/E	KINE 3370	Biomechanics	C		Grade of "C" or better in BIOL 2401 and BIOL 2402.	Satisfies Major-Specific Requirement.	
3	Fall	15	<b>Semester Total Hours</b>							
3	Spring	3	B/E	KINE 4310	Measurement Techniques in Physical Education and Sport	C		Junior or senior standing and MATH 1342 or MATH 1343.	Satisfies Major-Specific Requirement.	
3	Spring	3	B/E	KINE 4302	Kinesiology Curriculum for Elementary Students	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
3	Spring	3	B/E	KINE 3315	Advanced Sports Skills	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
3	Spring	3	B/E/O	Choose 1	Integrative and Experiential Learning		090		See General Education Core for course options.	
3	Spring	3	B/E	KINE 4351	Adapted Kinesiology	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
3	Spring	15	<b>Semester Total Hours</b>							
Year	Semester	Credit Hours	Campus	Course Number	Course Title	Minimum Grade	Core	Prerequisite	Additional Notes	
4	Fall	3	B/E/O	13XX-43XX	Free Elective					
4	Fall	3	O	KINE 3378	Planning and Use of Facilities	C		Junior or senior standing.	Satisfies Concentration-Specific Requirement.	
4	Fall	3	B/E/O	13XX-43XX	Free Elective					
4	Fall	3	B/E	KINE 4309	Kinesiology Curriculum for Secondary School Students	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
4	Fall	3	O	KINE 4330	Structure and Organization of Recreational Programs	C		Junior or senior standing.	Satisfies Concentration-Specific Requirement.	
4	Fall	15	<b>Semester Total Hours</b>							
4	Spring	3	B/E	KINE 4382	Kinesiology Practicum	C		Senior standing and KINE 3353, KINE 3370, KINE 4310, KINE 4356.	Satisfies Concentration-Specific Requirement.	
4	Spring	3	B/E	KINE 3330	Coaching of Sports	C		Junior or senior standing.	Satisfies Concentration-Specific Requirement.	
4	Spring	3	B/E	KINE 3379	Sports Marketing and Technology	C		Junior or senior standing.	Satisfies Concentration-Specific Requirement.	
4	Spring	3	B/E/O	13XX-43XX	Free Elective					
4	Spring	3	O	KINE 4370	Management in Exercise and Health Promotion	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
4	Spring	15	<b>Semester Total Hours</b>							

120 **TOTAL HOURS**  
(42) **Advanced minimum credit hours**