

Bachelor of Science (BS)
Kinesiology

The 2026-2027 list of core courses can be found in the 2026-2027 Undergraduate Catalog: www.utrgv.edu/catalog > See 'Bachelors Degree Program Regulations'

Symbols Key										
Campus: B - Offered in Brownsville; E - Offered in Edinburg; O - Offered Online; T - Travel Required										
Bolted Course Number*: Program Admission Requirement										
Min Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.										
Core: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences;										
Core: 090 - Applied Communication and Literacies; Humanities; Leadership; Science Labs; Interdisciplinary; Technologies; Language Diversity & Writing										
Year	Semester	Credit Hours	Campus	Course Number	Course Title	Minimum Grade	Core	Prerequisite	Additional Notes	
1	Fall	3	B/E/O	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301.	See General Education Core for more details. Options: ENGL 1301	
1	Fall	3	B/E/O	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1301 or HIST 2327	
1	Fall	3	B/E/O	MATH 1342 or MATH 1343	Elementary Statistics or Introduction to Biostatistics	C	020	College Ready TSI status in Mathematics.	See General Education Core for more details.	
1	Fall	4	B/E/O	BIOL 2401	Anatomy and Physiology I	C	030/090		See General Education Core for more details. Priority course for major sequence.	
1	Fall	3	E/O	KINE 1351	Introduction to Sports and Exercise Science				Satisfies Major-Specific Requirement.	
1	Fall		B/E/O	UNIV	1301 Learning Framework 1101 Academic and Career Success 1001/1300 Living and Working by Design				As required, based on a number of factors such as credit hours earned, TSI status, high school rank, major declaration, etc.	
1	Fall	16		Semester Total Hours						
1	Spring	3	B/E/O	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details. Options: ENGL 1302 or ENGL 1305	
1	Spring	3	B/E/O	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1302 or HIST 2328	
1	Spring	4	B/E	BIOL 2402	Anatomy and Physiology II	C	030/090	BIOL 2401.	See General Education Core for more details. Priority course for major sequence.	
1	Spring	3	B/E/O	Choose 1	Creative Arts		050		See General Education Core for course options.	
1	Spring	3	B/E/O	Choose 1	Integrative and Experiential Learning		090		See General Education Core for course options.	
1	Spring	16		Semester Total Hours						
Year	Semester	Credit Hours	Campus	Course Number	Course Title	Minimum Grade	Core	Prerequisite	Additional Notes	
2	Fall	3	B/E/O	Choose 1	Language, Philosophy & Culture		040		See General Education Core for course options. Choose 3 hours from Anthropology, Communication, English or Philosophy	
2	Fall	3	B/E/O	PSYC 2301	General Psychology		080		See General Education Core for course options.	
2	Fall	3	B/E/O	POLS 2305	U.S. Federal Government & Politics		070		See General Education Core for more details	
2	Fall	3	B/E	KINE 1306	First Aid and First Responder				Satisfies Major-Specific Requirement.	
2	Fall	3	B/E	KINE 2315	Individual Sports			Kinesiology Major and KINE 1351.	Satisfies Major-Specific Requirement.	
2	Fall	15		Semester Total Hours						
2	Spring	3	B/E/O	POLS 2306	Texas Government & Politics		070		See General Education Core for more details	
2	Spring	3	B/E/O	13XX-43XX	Free Elective					
2	Spring	3	B/E	KINE 3353	Physiology of Exercise I	C		Grade of "C" or better in BIOL 2401 and BIOL 2402.	Satisfies Major-Specific Requirement. Lab course KINE 3153 NOT required for Kinesiology majors.	
2	Spring	3	B/E/O	13XX-43XX	Free Elective					
2	Spring	3	B/E/O	13XX-43XX	Free Elective					
2	Spring	15		Semester Total Hours						

Year	Semester	Credit Hours	Campus	Course Number	Course Title	Minimum Grade	Core	Prerequisite	Additional Notes	
3	Fall	3	B/E	KINE 3341	Principles of Conditioning and Fitness	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
3	Fall	3	B/E	KINE 3314	Teaching Movement Arts to Children and Adolescents	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
3	Fall	3	B/E	KINE 4356	Motor Development	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
3	Fall	3	B/E/O	13XX-43XX	Free Elective					
3	Fall	3	B/E	KINE 3370	Biomechanics	C		Grade of "C" or better in BIOL 2401 and BIOL 2402.	Satisfies Major-Specific Requirement.	
3	Fall	15	Semester Total Hours							
3	Spring	3	B/E	KINE 4310	Measurement Techniques in Physical Education and Sport	C		Junior or senior standing and MATH 1342 or MATH 1343.	Satisfies Major-Specific Requirement.	
3	Spring	3	B/E/O	13XX-43XX	Free Elective					
3	Spring	3	B/E	KINE 4302	Kinesiology Curriculum for Elementary Students	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
3	Spring	3	B/E	KINE 3315	Advanced Sports Skills	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
3	Spring	3	B/E	KINE 4351	Adapted Kinesiology	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
3	Spring	15	Semester Total Hours							
Year	Semester	Credit Hours	Campus	Course Number	Course Title	Minimum Grade	Core	Prerequisite	Additional Notes	
4	Fall	3	B/E/O	13XX-43XX	Free Elective					
4	Fall	3	B/E/O	13XX-43XX	Free Elective					
4	Fall	3	B/E/O	13XX-43XX	Free Elective					
4	Fall	3	B/E	KINE 4309	Kinesiology Curriculum for Secondary School Students	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
4	Fall	3	B/E/O	13XX-43XX	Free Elective					
4	Fall	15	Semester Total Hours							
4	Spring	3	B/E/O	33XX-43XX	Free Advanced Elective					
4	Spring	3	B/E/O	33XX-43XX	Free Advanced Elective					
4	Spring	3	B/E/O	33XX-43XX	Free Advanced Elective					
4	Spring	3	B/E/O	33XX-43XX	Free Advanced Elective					
4	Spring	1	B/E/O	Choose 1	Integrative and Experiential Learning		090	Junior or senior standing.	See General Education Core for course options.	
4	Spring	13	Semester Total Hours							

120
(42) **TOTAL HOURS**
Advanced minimum credit hours