

**Bachelor of Science (BS)  
Health**

The 2026-2027 list of core courses can be found in the 2026-2027 Undergraduate Catalog: [www.utrgv.edu/catalog](http://www.utrgv.edu/catalog) > See 'Bachelors Degree Program Regulations'

| Symbols Key                                                                                                                                                                                                                                  |          |              |                             |                        |                                                                                                       |               |         |                                                                                                                                                                 |                                                                                                                              |  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|--------------|-----------------------------|------------------------|-------------------------------------------------------------------------------------------------------|---------------|---------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|--|
| Campus: B - Offered in Brownsville; E - Offered in Edinburg; O - Offered Online; T - Travel Required                                                                                                                                         |          |              |                             |                        |                                                                                                       |               |         |                                                                                                                                                                 |                                                                                                                              |  |
| Bolted Course Number*: Program Admission Requirement                                                                                                                                                                                         |          |              |                             |                        |                                                                                                       |               |         |                                                                                                                                                                 |                                                                                                                              |  |
| Min Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.                                                                                                                         |          |              |                             |                        |                                                                                                       |               |         |                                                                                                                                                                 |                                                                                                                              |  |
| Core: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; |          |              |                             |                        |                                                                                                       |               |         |                                                                                                                                                                 |                                                                                                                              |  |
| Core: 090 - Applied Communication and Literacies; Humanities; Leadership; Science Labs; Interdisciplinary; Technologies; Language Diversity & Writing                                                                                        |          |              |                             |                        |                                                                                                       |               |         |                                                                                                                                                                 |                                                                                                                              |  |
| Year                                                                                                                                                                                                                                         | Semester | Credit Hours | Campus                      | Course Number          | Course Title                                                                                          | Minimum Grade | Core    | Prerequisite                                                                                                                                                    | Additional Notes                                                                                                             |  |
| 1                                                                                                                                                                                                                                            | Fall     | 3            | B/E/O                       | Choose 1               | Communication                                                                                         | C             | 010     | For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301. | See General Education Core for more details. Options: ENGL 1301                                                              |  |
| 1                                                                                                                                                                                                                                            | Fall     | 3            | B/E/O                       | Choose 1               | American History                                                                                      |               | 060     |                                                                                                                                                                 | See General Education Core for more details. Options: HIST 1301 or HIST 2327                                                 |  |
| 1                                                                                                                                                                                                                                            | Fall     | 3            | B/E/O                       | MATH 1342 or MATH 1343 | Elementary Statistical Methods or Introduction to Biostatistics                                       | C             | 020     | College Ready TSI status in Mathematics.                                                                                                                        |                                                                                                                              |  |
| 1                                                                                                                                                                                                                                            | Fall     | 4            | B/E                         | BIOL 2401              | Anatomy and Physiology I                                                                              |               | 030/090 |                                                                                                                                                                 | See General Education Core for more details. Priority course for major sequence                                              |  |
| 1                                                                                                                                                                                                                                            | Fall     | 1            | B/E/O                       | Choose 1               | Integrative and Experiential Learning                                                                 |               | 090     |                                                                                                                                                                 | See General Education Core for more details.                                                                                 |  |
| 1                                                                                                                                                                                                                                            | Fall     |              | B/E/O                       | UNIV                   | 1301 Learning Framework<br>1101 Academic and Career Success<br>1001/1300 Living and Working by Design |               |         |                                                                                                                                                                 | As required, based on a number of factors such as credit hours earned, TSI status, high school rank, major declaration, etc. |  |
| 1                                                                                                                                                                                                                                            | Fall     | 14           | <b>Semester Total Hours</b> |                        |                                                                                                       |               |         |                                                                                                                                                                 |                                                                                                                              |  |
| 1                                                                                                                                                                                                                                            | Spring   | 3            | B/E/O                       | Choose 1               | Communication                                                                                         | C             | 010     | For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301. | See General Education Core for more details. Options: ENGL 1302 or ENGL 1305                                                 |  |
| 1                                                                                                                                                                                                                                            | Spring   | 3            | B/E/O                       | Choose 1               | American History                                                                                      |               | 060     |                                                                                                                                                                 | See General Education Core for more details. Options: HIST 1302 or HIST 2328                                                 |  |
| 1                                                                                                                                                                                                                                            | Spring   | 4            | B/E                         | BIOL 2402              | Anatomy and Physiology II                                                                             |               | 030/090 | BIOL 2401.                                                                                                                                                      |                                                                                                                              |  |
| 1                                                                                                                                                                                                                                            | Spring   | 3            | B/E/O                       | Choose 1               | Language, Philosophy & Culture                                                                        |               | 040     |                                                                                                                                                                 | See General Education Core for course options.                                                                               |  |
| 1                                                                                                                                                                                                                                            | Spring   | 3            | B/E/O                       | X3XX                   | Free Elective                                                                                         |               |         |                                                                                                                                                                 | Satisfies Major-Specific Requirement.                                                                                        |  |
| 1                                                                                                                                                                                                                                            | Spring   | 16           | <b>Semester Total Hours</b> |                        |                                                                                                       |               |         |                                                                                                                                                                 |                                                                                                                              |  |
| Year                                                                                                                                                                                                                                         | Semester | Credit Hours | Campus                      | Course Number          | Course Title                                                                                          | Minimum Grade | Core    | Prerequisite                                                                                                                                                    | Additional Notes                                                                                                             |  |
| 2                                                                                                                                                                                                                                            | Fall     | 3            | B/E/O                       | POLS 2305              | U.S. Federal Government & Politics                                                                    |               | 070     |                                                                                                                                                                 | See General Education Core for more details.                                                                                 |  |
| 2                                                                                                                                                                                                                                            | Fall     | 3            | O                           | NUTR 2351              | Introduction to Clinical Nutrition                                                                    |               |         |                                                                                                                                                                 | Satisfies Major-Specific Requirement.                                                                                        |  |
| 2                                                                                                                                                                                                                                            | Fall     | 3            | B/E/O                       | Choose 1               | Creative Arts                                                                                         |               | 050     |                                                                                                                                                                 | See General Education Core for course options.                                                                               |  |
| 2                                                                                                                                                                                                                                            | Fall     | 3            | B/E/O                       | X3XX                   | Free Elective                                                                                         |               |         |                                                                                                                                                                 | Satisfies Minor-Specific Requirement.                                                                                        |  |
| 2                                                                                                                                                                                                                                            | Fall     | 3            | B/E/O                       | HLTH 2301              | Introduction to Health Education                                                                      | C             |         |                                                                                                                                                                 | Satisfies Major-Specific Requirement.                                                                                        |  |
| 2                                                                                                                                                                                                                                            | Fall     | 15           | <b>Semester Total Hours</b> |                        |                                                                                                       |               |         |                                                                                                                                                                 |                                                                                                                              |  |
| 2                                                                                                                                                                                                                                            | Spring   | 3            | B/E/O                       | POLS 2306              | Texas Government & Politics                                                                           |               | 070     |                                                                                                                                                                 | See General Education Core for more details.                                                                                 |  |
| 2                                                                                                                                                                                                                                            | Spring   | 3            | B/E/O                       | PSYC 2301              | General Psychology                                                                                    |               | 080     |                                                                                                                                                                 | See General Education Core for course options.                                                                               |  |
| 2                                                                                                                                                                                                                                            | Spring   | 3            | B/E/O                       | 33XX-43XX              | Prescribed Elective                                                                                   | C             |         |                                                                                                                                                                 | HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370                                                                        |  |
| 2                                                                                                                                                                                                                                            | Spring   | 3            | B/E/O                       | Choose 1               | Integrative and Experiential Learning                                                                 |               | 090     |                                                                                                                                                                 | See General Education Core for course options.                                                                               |  |
| 2                                                                                                                                                                                                                                            | Spring   | 3            | B/E/O                       | HLTH 2352              | Personal Health                                                                                       | C             |         |                                                                                                                                                                 | Satisfies Major-Specific Requirement.                                                                                        |  |
| 2                                                                                                                                                                                                                                            | Spring   | 15           | <b>Semester Total Hours</b> |                        |                                                                                                       |               |         |                                                                                                                                                                 |                                                                                                                              |  |

| Year | Semester | Credit Hours | Campus                               | Course Number | Course Title                           | Minimum Grade | Core | Prerequisite                                                  | Additional Notes                                      |  |
|------|----------|--------------|--------------------------------------|---------------|----------------------------------------|---------------|------|---------------------------------------------------------------|-------------------------------------------------------|--|
| 3    | Fall     | 3            | B/E/O                                | HLTH 3355     | Health Behavior Theory                 | C             |      | HLTH 2301, HLTH 2352                                          | Satisfies Major-Specific Requirement.                 |  |
| 3    | Fall     | 3            | E/O                                  | HLTH 3330     | Epidemiological Applications in Health | C             |      | Junior standing. Health Majors Only or consent of instructor. | Satisfies Major-Specific Requirement.                 |  |
| 3    | Fall     | 3            | O                                    | HLTH 3385     | Technological Applications in Health   | C             |      |                                                               | Satisfies Major-Specific Requirement.                 |  |
| 3    | Fall     | 3            | B/E/O                                | 13XX-43XX     | Free Elective                          |               |      |                                                               | Satisfies Minor-Specific Requirement.                 |  |
| 3    | Fall     | 3            | B/E/O                                | 13XX-43XX     | Free Elective                          |               |      |                                                               | Satisfies Minor-Specific Requirement.                 |  |
| 3    | Fall     | 15           | <b>Semester Total Hours</b>          |               |                                        |               |      |                                                               |                                                       |  |
| 3    | Spring   | 3            | B/E/O                                | HLTH 3325     | Latino Health                          | C             |      |                                                               | Satisfies Major-Specific Requirement.                 |  |
| 3    | Spring   | 3            | O                                    | HLTH 3380     | Biostatistics in Public Health         | C             |      | Grade of C or better in MATH 1342 or MATH 1343.               | Satisfies Major-Specific Requirement.                 |  |
| 3    | Spring   | 3            | B/E/O                                | HLTH 3360     | Enviromental Health                    | C             |      | HLTH 2301, HLTH 2352                                          | Satisfies Major-Specific Requirement.                 |  |
| 3    | Spring   | 3            | B/E/O                                | HLTH 3365     | Health Communication                   | C             |      | HLTH 2301, HLTH 2352                                          | Satisfies Major-Specific Requirement.                 |  |
| 3    | Spring   | 3            | B/E/O                                | 33XX-43XX     | Prescribed Elective                    | C             |      |                                                               | HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370 |  |
| 3    | Spring   | 15           | <b>Semester Total Hours</b>          |               |                                        |               |      |                                                               |                                                       |  |
| Year | Semester | Credit Hours | Campus                               | Course Number | Course Title                           | Minimum Grade | Core | Prerequisite                                                  | Additional Notes                                      |  |
| 4    | Fall     | 3            | B/E/O                                | HLTH 4350     | Organization of Health Program         | C             |      | HLTH 2301, HLTH 2352                                          | Satisfies Major-Specific Requirement.                 |  |
| 4    | Fall     | 3            | B/E/O                                | HLTH 4305     | Community Health Methods               | C             |      | HLTH 3365                                                     | Satisfies Major-Specific Requirement.                 |  |
| 4    | Fall     | 3            | B/E/O                                | HLTH 4315     | Health Program Planning and Evaluation | C             |      | HLTH 3355, HLTH 3365                                          | Satisfies Major-Specific Requirement.                 |  |
| 4    | Fall     | 3            | O                                    | HLTH 3374     | Human Disease                          | C             |      |                                                               | Satisfies Major-Specific Requirement.                 |  |
| 4    | Fall     | 3            | B/E/O                                | 33XX-43XX     | Prescribed Elective                    | C             |      |                                                               | HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370 |  |
| 4    | Fall     | 15           | <b>Semester Total Hours</b>          |               |                                        |               |      |                                                               |                                                       |  |
| 4    | Spring   | 3            | O                                    | HLTH 4380     | Health Education Internship            | C             |      | HLTH 4305, HLTH 4315                                          | Satisfies Major-Specific Requirement.                 |  |
| 4    | Spring   | 3            | B/E/O                                | 33XX-43XX     | Prescribed Elective                    | C             |      |                                                               | HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370 |  |
| 4    | Spring   | 3            | B/E/O                                | 13XX-43XX     | Free Elective                          |               |      |                                                               | Satisfies Major-Specific Requirement.                 |  |
| 4    | Spring   | 3            | B/E/O                                | 33XX-43XX     | Prescribed Elective                    | C             |      | Junior standing.                                              | HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370 |  |
| 4    | Spring   | 3            | B/E/O                                | 13XX-43XX     | Free Elective                          |               |      |                                                               | Satisfies Minor-Specific Requirement.                 |  |
| 4    | Spring   | 15           | <b>Semester Total Hours</b>          |               |                                        |               |      |                                                               |                                                       |  |
|      |          | 120          | <b>TOTAL HOURS</b>                   |               |                                        |               |      |                                                               |                                                       |  |
|      |          | (42)         | <b>Advanced minimum credit hours</b> |               |                                        |               |      |                                                               |                                                       |  |