

Bachelor of Science (BS)
Kinesiology
Teacher Certification

The 2026-2027 list of core courses can be found in the 2026-2027 Undergraduate Catalog: www.utrgv.edu/catalog > See 'Bachelors Degree Program Regulations'

Symbols Key

Campus: B - Offered in Brownsville; E - Offered in Edinburg; O - Offered Online; T - Travel Required

Bolded Course Number*: Program Admission Requirement

Min Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.

Core: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences;

Core: 090 - Applied Communication and Literacies; Humanities; Leadership; Science Labs; Interdisciplinary; Technologies; Language Diversity & Writing

This program leads to a profession which requires an occupational license as defined under Texas Occupations Code 58.001. This requires that all applicants seeking to become licensed must undergo a criminal background check prior to licensure.

Year	Semester	Credit Hours	Campus	Course Number	Course Title	Minimum Grade	Core	Prerequisite	Additional Notes	
1	Fall	3	B/E/O	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301.	See General Education Core for more details. Options: ENGL 1301	
1	Fall	3	B/E/O	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1301 or HIST 2327	
1	Fall	3	B/E/O	MATH 1342 or MATH 1343	Elementary Statistics or Introduction to Biostatistics	C	020	College Ready TSI status in Mathematics.	See General Education Core for more details.	
1	Fall	4	B/E/O	BIOL 2401	Anatomy and Physiology I	C	030/090		See General Education Core for more details. Priority course for major sequence.	
1	Fall	3	E/O	KINE 1351	Introduction to Sports and Exercise Science				Satisfies Major-Specific Requirement.	
1	Fall		B/E/O	UNIV	1301 Learning Framework 1101 Academic and Career Success 1001/1300 Living and Working by Design				As required, based on a number of factors such as credit hours earned, TSI status, high school rank, major declaration, etc.	
1	Fall	16	Semester Total Hours							
1	Spring	3	B/E/O	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details. Options: ENGL 1302 or ENGL 1305	
1	Spring	3	B/E/O	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1302 or HIST 2328	
1	Spring	4	B/E	BIOL 2402	Anatomy and Physiology II	C	030/090	BIOL 2401.	See General Education Core for more details. Priority course for major sequence.	
1	Spring	3	B/E/O	Choose 1	Creative Arts		050		See General Education Core for course options.	
1	Spring	3	B/E/O	Choose 1	Integrative and Experiential Learning		090		See General Education Core for course options.	
1	Spring	16	Semester Total Hours							
Year	Semester	Credit Hours	Campus	Course Number	Course Title	Minimum Grade	Core	Prerequisite	Additional Notes	
2	Fall	3	B/E/O	POLS 2305	U.S. Federal Government & Politics		070		See General Education Core for more details	
2	Fall	3	B/E/O	13XX-43XX	Minor					
2	Fall	3	B/E	KINE 1306	First Aid and First Responder				Satisfies Major-Specific Requirement.	
2	Fall	3	B/E/O	Choose 1	Language, Philosophy & Culture		040		See General Education Core for course options.	
2	Fall	3	B/E	EDFR 2301	Intercultural Context of Schooling					
2	Fall	3	B/E	KINE 2315	Individual Sports			Kinesiology Major and KINE 1351.		
2	Fall	18	Semester Total Hours							
Student cleared to challenge the Department content Benchmark Exam. See Program for Details. Apply to Teacher Preparation Program.										
2	Spring	3	B/E/O	POLS 2306	Texas Government & Politics		070		See General Education Core for more details	
2	Spring	3	B/E/O	PSYC 2301	General Psychology		080		See General Education Core for course options.	
2	Spring	3	B/E	KINE 3370	Biomechanics	C		Grade of "C" or better in BIOL 2401 and BIOL 2402.	Satisfies Major-Specific Requirement.	
2	Spring	3	B/E	KINE 3353	Physiology of Exercise I	C		Grade of "C" or better in BIOL 2401 and BIOL 2402.	Satisfies Major-Specific Requirement. Lab course KINE 3153 NOT required for Kinesiology majors.	
2	Spring	1	B/E/O	Choose 1	Integrative and Experiential Learning		090		See General Education Core for course options.	
2	Spring	3	B/E/O	13XX-43XX	Minor				See Degree Plan for course options.	
2	Spring	16	Semester Total Hours							

Year	Semester	Credit Hours	Campus	Course Number	Course Title	Minimum Grade	Core Prerequisite	Additional Notes	
3	Fall	3	B/E	KINE 4310	Measurement Techniques in Physical Education and Sport	C	Junior or senior standing and MATH 1342 or MATH 1343.	Satisfies Major-Specific Requirement.	
3	Fall	3	B/E	KINE 4302	Kinesiology Curriculum for Elementary Students	C	Junior or senior standing.	Satisfies Major-Specific Requirement.	
3	Fall	3	B/E/O	13XX-43XX	Minor			See Degree Plan for course options.	
3	Fall	3	B/E	KINE 3341	Principles of Conditioning and Fitness	C	Junior or senior standing.	Satisfies Major-Specific Requirement.	
3	Fall	3	B/E	EDUC 3302	Knowledge of Student Development and Learning		Admission to the CEP Educator Preparation Program.	Admission requirements (See Department).	
3	Fall	3	B/E	EDUC 3301	The Teaching Profession and Student Learning in Contemporary Schools			Admission requirements (See Department).	
3	Fall	18		Semester Total Hours					
3	Spring	3	B/E	EDUC 3304	Instructional Planning and Assessment in Culturally Sustaining Classrooms		Admission to the CEP Educator Preparation Program; EDUC 3302.	Admission requirements (See Department).	
3	Spring	3	B/E	KINE 3314	Teaching Movement Arts to Children and Adolescents	C	Junior or senior standing.	Satisfies Major-Specific Requirement.	
3	Spring	3	B/E	KINE 4356	Motor Development	C	Junior or senior standing.	Satisfies Major-Specific Requirement.	
3	Spring	3	B/E	KINE 3315	Advanced Sport Skills	C	Junior or senior standing.	Satisfies Major-Specific Requirement.	
3	Spring	3	B/E	EDUC 3306	Evidence-Based Teaching in Positive Learning Environments		Admission to the CEP Educator Preparation Program, EDUC 3302. Corequisite: EDUC 3304	Admission requirements (See Department).	
3	Spring	15		Semester Total Hours					
Year	Semester	Credit Hours	Campus	Course Number	Course Title	Minimum Grade	Core Prerequisite	Additional Notes	
4	Fall	3	B/E/O	READ 4305	Disciplinary Literacy in the Classroom			Admission requirements (See Department).	
4	Fall	3	B/E/O	33XX-43XX	Minor (Advanced)			See Degree Plan for course options.	
4	Fall	3	B/E	KINE 4309	Kinesiology Curriculum for Secondary School Students	C	Junior or senior standing.	Satisfies Major-Specific Requirement.	
4	Fall	3	B/E	KINE 4351	Adapted Kinesiology	C	Junior or senior standing.	Satisfies Major-Specific Requirement.	
4	Fall	3	B/E/O	13XX-43XX	Minor			See Degree Plan for course options.	
4	Fall	15		Semester Total Hours					
4	Student will have taken and passed the PPR #160 TEXES and Physical Education #158 TEXES prior to student teaching								
4	Spring	6	B/E	EDUC 4611	Student Teaching Secondary or All-Level		Admission to the CEP Educator Preparation Program and Admission to CEP Clinical Teaching.	Admission requirements (See Department).	
4	Spring	3	O	KINE 4306	Professional Development in Teaching		Consent of department and admission to clinical teaching.	Admission requirements (See Department).	
4	Spring	3	B/E/O	33XX-43XX	Minor (Advanced)			See Degree Plan for course options.	
4	Spring	12		Semester Total Hours					

126 **TOTAL HOURS**
(42) **Advanced minimum credit hours**