

**Bachelor of Science (BS)
Health**

The 2026-2027 list of core courses can be found in the 2026-2027 Undergraduate Catalog: www.utrgv.edu/catalog > See 'Bachelors Degree Program Regulations'

Symbols Key											
Campus: B - Offered in Brownsville; E - Offered in Edinburg; O - Offered Online; T - Travel Required											
Bolted Course Number*: Program Admission Requirement											
Min Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.											
Core: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences;											
Core: 090 - Applied Communication and Literacies; Humanities; Leadership; Science Labs; Interdisciplinary; Technologies; Language Diversity & Writing											
Year	Semester	Credit Hours	Campus	Course Number	Course Title	Minimum Grade	Core	Prerequisite	Additional Notes		
1	Fall	3	B/E/O	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details. Options: ENGL 1301		
1	Fall	3	B/E/O	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1301 or HIST 2327		
1	Fall	3	B/E/O	MATH 1342 or MATH 1343	Elementary Statistical Methods or Introduction to Biostatistics	C	020		College Ready TSI status in Mathematics.		
1	Fall	4	B/E	BIOL 2401	Anatomy and Physiology I		030/090		See General Education Core for more details. Priority course for major sequence		
1	Fall	1	B/E/O	Choose 1	Integrative and Experiential Learning		090		See General Education Core for more details.		
1	Fall		B/E/O	UNIV	1301 Learning Framework 1101 Academic and Career Success 1001/1300 Living and Working by Design				As required, based on a number of factors such as credit hours earned, TSI status, high school rank, major declaration, etc.		
1	Fall	14	Semester Total Hours								
1	Spring	3	B/E/O	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details. Options: ENGL 1302 or ENGL 1305		
1	Spring	3	B/E/O	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1302 or HIST 2328		
1	Spring	4	B/E	BIOL 2402	Anatomy and Physiology II		030/090	BIOL 2401.			
1	Spring	3	B/E/O	Choose 1	Language, Philosophy & Culture		040		See General Education Core for course options.		
1	Spring	3	B/E/O	X3XX	Free Elective				Satisfies Major-Specific Requirement.		
1	Spring	16	Semester Total Hours								
Year	Semester	Credit Hours	Campus	Course Number	Course Title	Minimum Grade	Core	Prerequisite	Additional Notes		
2	Fall	3	B/E/O	POLS 2305	U.S. Federal Government & Politics		070		See General Education Core for more details.		
2	Fall	3	O	NUTR 2351	Introduction to Clinical Nutrition				Satisfies Major-Specific Requirement.		
2	Fall	3	B/E/O	Choose 1	Creative Arts		050		See General Education Core for course options.		
2	Fall	3	B/E/O	X3XX	Free Elective				Satisfies Minor-Specific Requirement.		
2	Fall	3	B/E/O	HLTH 2301	Introduction to Health Education	C			Satisfies Major-Specific Requirement.		
2	Fall	15	Semester Total Hours								
2	Spring	3	B/E/O	POLS 2306	Texas Government & Politics		070		See General Education Core for more details.		
2	Spring	3	B/E/O	PSYC 2301	General Psychology		080		See General Education Core for course options.		
2	Spring	3	B/E/O	33XX-43XX	Prescribed Elective	C			HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370		
2	Spring	3	B/E/O	Choose 1	Integrative and Experiential Learning		090		See General Education Core for course options.		
2	Spring	3	B/E/O	HLTH 2352	Personal Health	C			Satisfies Major-Specific Requirement.		
2	Spring	15	Semester Total Hours								

Year	Semester	Credit Hours	Campus	Course Number	Course Title	Minimum Grade	Core Prerequisite	Additional Notes	
3	Fall	3	B/E/O	HLTH 3355	Health Behavior Theory	C	HLTH 2301, HLTH 2352	Satisfies Major-Specific Requirement.	
3	Fall	3	E/O	HLTH 3330	Epidemiological Applications in Health	C		Junior standing. Health Majors Only or consent of instructor. Satisfies Major-Specific Requirement.	
3	Fall	3	O	HLTH 3385	Technological Applications in Health	C		Satisfies Major-Specific Requirement.	
3	Fall	3	B/E/O	13XX-43XX	Free Elective			Satisfies Minor-Specific Requirement.	
3	Fall	3	B/E/O	13XX-43XX	Free Elective			Satisfies Minor-Specific Requirement.	
3	Fall	15	Semester Total Hours						
3	Spring	3	B/E/O	HLTH 3325	Latino Health	C		Satisfies Major-Specific Requirement.	
3	Spring	3	O	HLTH 3380	Biostatistics in Public Health	C	Grade of C or better in MATH 1342 or MATH 1343.	Satisfies Major-Specific Requirement.	
3	Spring	3	B/E/O	HLTH 3360	Environmental Health	C	HLTH 2301, HLTH 2352	Satisfies Major-Specific Requirement.	
3	Spring	3	B/E/O	HLTH 3365	Health Communication	C	HLTH 2301, HLTH 2352	Satisfies Major-Specific Requirement.	
3	Spring	3	B/E/O	33XX-43XX	Prescribed Elective	C		HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370	
3	Spring	15	Semester Total Hours						
Year	Semester	Credit Hours	Campus	Course Number	Course Title	Minimum Grade	Core Prerequisite	Additional Notes	
4	Fall	3	B/E/O	HLTH 4350	Organization of Health Program	C	HLTH 2301, HLTH 2352	Satisfies Major-Specific Requirement.	
4	Fall	3	B/E/O	HLTH 4305	Community Health Methods	C	HLTH 3365	Satisfies Major-Specific Requirement.	
4	Fall	3	B/E/O	HLTH 4315	Health Program Planning and Evaluation	C	HLTH 3355, HLTH 3365	Satisfies Major-Specific Requirement.	
4	Fall	3	O	HLTH 3374	Human Disease	C		Satisfies Major-Specific Requirement.	
4	Fall	3	B/E/O	33XX-43XX	Prescribed Elective	C		HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370	
4	Fall	15	Semester Total Hours						
4	Spring	3	O	HLTH 4380	Health Education Internship	C	HLTH 4305, HLTH 4315	Satisfies Major-Specific Requirement.	
4	Spring	3	B/E/O	33XX-43XX	Prescribed Elective	C		HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370	
4	Spring	3	B/E/O	13XX-43XX	Free Elective			Satisfies Major-Specific Requirement.	
4	Spring	3	B/E/O	33XX-43XX	Prescribed Elective	C	Junior standing.	HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370	
4	Spring	3	B/E/O	13XX-43XX	Free Elective			Satisfies Minor-Specific Requirement.	
4	Spring	15	Semester Total Hours						
		120	TOTAL HOURS						
		(42)	Advanced minimum credit hours						