



Bachelor of Science (BS)
Kinesiology
Coaching Concentration

2024-2026

This program leads to a profession which requires an occupational license as defined under Texas Occupations Code 58.001. This requires that all applicants seeking to become licensed must undergo a criminal background check prior to licensure.							
	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
FIRST YEAR FALL	3	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301.	See General Education Core for more details. Options: ENGL 1301
	3	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1301 or HIST 2327
	3	MATH 1342 or MATH 1343	Elementary Statistics or Introduction to Biostatistics	C	020	College Ready TSI status in Mathematics.	See General Education Core for more details.
	4	BIOL 2401	Anatomy and Physiology I	B	030/090		See General Education Core for more details. Priority course for major sequence. "B or better" is not a formal major requirement, it is a hidden prerequisite for KINE 3353 and 3370.
	3	KINE 1351	Introduction to Sports and Exercise Science				Satisfies Major-Specific Requirement.
			UNIV	1301 Learning Framework 1101 Academic and Career Success 1001 Living and Working by Design			
16 Semester Total Hours							
FIRST YEAR SPRING	3	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details. Options: ENGL 1302 or ENGL 1305
	3	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1302 or HIST 2328
	4	BIOL 2402	Anatomy and Physiology II	B	030/090	BIOL 2401.	See General Education Core for more details. Priority course for major sequence. "B or better" is not a formal major requirement, it is a hidden prerequisite for KINE 3353 and 3370.
	3	Choose 1	Creative Arts		050		See General Education Core for course options.
	3	Choose 1	Integrative and Experiential Learning		090		See General Education Core for course options.
16 Semester Total Hours							
	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
SECOND YEAR FALL	3	Choose 1	Language, Philosophy & Culture		040		See General Education Core for course options.
	3	PSYC 2301	General Psychology		080		See General Education Core for course options.
	3	POLS 2305	U.S. Federal Government & Politics		070		See General Education Core for more details
	3	KINE 1306	First Aid and First Responder				Satisfies Major-Specific Requirement.
	3	KINE 2315	Individual Sports			Kinesiology Major and KINE 1351.	Satisfies Major-Specific Requirement.
	15 Semester Total Hours						
SECOND YEAR SPRING	3	POLS 2306	Texas Government & Politics		070		See General Education Core for more details
	3	13XX-43XX	Free Elective				
	3	KINE 3353	Physiology of Exercise I	C		Grade of "B" or better in BIOL 2401 and BIOL 2402.	Satisfies Major-Specific Requirement. Lab course KINE 3153 NOT required for Kinesiology majors. Students may reach out to the professor of the course or maria.trinidad@utrgv.edu to request an override for KINE 3370 and KINE 3353 if they did not earn a "B" or better in BIOL 2401 and 2402.
	3	13XX-43XX	Free Elective				
	3	13XX-43XX	Free Elective				
15 Semester Total Hours							

The 2024-2026 list of core courses can be found in the 2024-2026 Undergraduate Catalog: www.utrgv.edu/catalog > See 'Bachelors Degree Program Regulations'

Symbols Key

Minimum Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.
Bolded Course #: Program Admission Requirement

General Education Core (GEC) Sections: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Applied Communication and Literacies; 090 - Humanities; 090 - Leadership; 090 - Science Labs; 090 - Interdisciplinary; 090 - Technologies; 090 - Language Diversity & Writing.

	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
THIRD YEAR	FALL	3	KINE 3341	Principles of Conditioning and Fitness	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
	3	KINE 3314	Teaching Movement Arts to Children and Adolescents	C			Junior or senior standing.	Satisfies Major-Specific Requirement.
	3	KINE 4356	Motor Development	C			Junior or senior standing.	Satisfies Major-Specific Requirement.
	3	KINE 3315	Advanced Sports Skills	C			Junior or senior standing.	Satisfies Major-Specific Requirement.
	3	KINE 3370	Biomechanics	C			Grade of "B" or better in BIOL 2401 and BIOL 2402.	Satisfies Major-Specific Requirement. Students may reach out to the professor of the course or maria.trinidad@utrgv.edu to request an override for KINE 3370 and KINE 3353 if they did not earn a "B" or better in BIOL 2401 and 2402.
15 Semester Total Hours								
THIRD YEAR	SPRING	3	KINE 4310	Measurement Techniques in Physical Education and Sport	C		Junior or senior standing and MATH 1342 or MATH 1343.	Satisfies Major-Specific Requirement.
	3	13XX-43XX	Free Elective					
	3	KINE 4302	Kinesiology Curriculum for Elementary Students	C			Junior or senior standing.	Satisfies Major-Specific Requirement.
	3	13XX-43XX	Free Elective					
	3	KINE 4351	Adapted Kinesiology	C			Junior or senior standing.	Satisfies Major-Specific Requirement.
15 Semester Total Hours								
	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
FOURTH YEAR	FALL	3	KINE 3365	Physiology and Techniques of Strength/Power Fitness	C		Grade of "C" KINE 3353, KINE 3370.	Satisfies Concentration-Specific Requirement.
	3	KINE 3368	Kinesiology Workshop	C			Junior or senior standing.	Satisfies Concentration-Specific Requirement.
	3	KINE 3330	Coaching of Sports	C			Junior or senior standing.	Satisfies Concentration-Specific Requirement.
	3	Choose 1	Coaching Concentration	C			Junior or senior standing.	See Degree Plan for course options.
	3	KINE 3344	Sports Officiating	C			Junior or senior standing.	Satisfies Concentration-Specific Requirement.
15 Semester Total Hours								
FOURTH YEAR	SPRING	3	KINE 4382	Kinesiology Practicum	P		Senior standing and KINE 3353, KINE 3370, KINE 4310, KINE 4356.	Satisfies Concentration-Specific Requirement.
	3	13XX-43XX	Free Elective					
	3	13XX-43XX	Free Elective					Satisfies Major-Specific Requirement.
	3	KINE 4309	Kinesiology Curriculum for Secondary School Students	C			Junior or Senior Standing.	Satisfies Major-Specific Requirement.
	1	Choose 1	Integrative and Experiential Learning			090		See General Education Core for course options.
13 Semester Total Hours								

120 TOTAL HOURS
(42) Advanced minimum credit hours

Revised: Thursday, September 19th, 2024