



## Bachelor of Science (BS) Kinesiology

2024-2026

		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
FIRST YEAR	FALL	3	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301.	See General Education Core for more details. Options: ENGL 1301
		3	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1301 or HIST 2327
		3	MATH 1342 or MATH 1343	Elementary Statistics or Introduction to Biostatistics	C	020	College Ready TSI status in Mathematics.	See General Education Core for more details.
		4	BIOL 2401	Anatomy and Physiology I	B	030/090		See General Education Core for more details. Priority course for major sequence.
		3	KINE 1351	Introduction to Sports and Exercise Science				Satisfies Major-Specific Requirement.
			UNIV	1301 Learning Framework 1101 Academic and Career Success 1001 Living and Working by Design				As required, based on credit hours earned, TSI status, High school rank, major declaration
16 Semester Total Hours								
FIRST YEAR	SPRING	3	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details Options: ENGL 1302 or ENGL 1305
		3	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1302 or HIST 2328
		4	BIOL 2402	Anatomy and Physiology II	B	030/090	BIOL 2401.	See General Education Core for more details. Priority course for major sequence.
		3	Choose 1	Creative Arts		050		See General Education Core for course options.
		3	Choose 1	Integrative and Experiential Learning		090		See General Education Core for course options.
		16 Semester Total Hours						
		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
SECOND YEAR	FALL	3	Choose 1	Language, Philosophy & Culture		040		See General Education Core for course options. Choose 3 hours from Anthropology, Communication, English or Philosophy
		3	PSYC 2301	General Psychology		080		See General Education Core for course options.
		3	POLS 2305	U.S. Federal Government & Politics		070		See General Education Core for more details
		3	KINE 1306	First Aid and First Responder				Satisfies Major-Specific Requirement.
		3	KINE 2315	Individual Sports			Kinesiology Major and KINE 1351.	Satisfies Major-Specific Requirement.
		15 Semester Total Hours						
SECOND YEAR	SPRING	3	POLS 2306	Texas Government & Politics		070		See General Education Core for more details
		3	13XX-43XX	Free Elective				
		3	KINE 3353	Physiology of Exercise I	C		Grade of "B" or better in BIOL 2401 and BIOL 2402.	Satisfies Major-Specific Requirement. Lab course KINE 3153 NOT required for Kinesiology majors.
		3	13XX-43XX	Free Elective				
		3	13XX-43XX	Free Elective				
		15 Semester Total Hours						

The 2024-2026 list of core courses can be found in the 2024-2026 Undergraduate Catalog: [www.utrgv.edu/catalog](http://www.utrgv.edu/catalog) > See 'Bachelors Degree Program Regulations'

### Symbols Key

**Minimum Grade:** A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.  
**Bolded Course #:** Program Admission Requirement

**General Education Core (GEC) Sections:** 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Applied Communication and Literacies; 090 - Humanities; 090 - Leadership; 090 - Science Labs; 090 - Interdisciplinary; 090 - Technologies; 090 - Language Diversity & Writing.

		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
THIRD YEAR	FALL	3	KINE 3341	Principles of Conditioning and Fitness	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 3314	Teaching Movement Arts to Children and Adolescents	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 4356	Motor Development	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 3315	Advanced Sports Skills	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 3370	Biomechanics	C		Grade of "B" or better in BIOL 2401 and BIOL 2402.	Satisfies Major-Specific Requirement.
	15 Semester Total Hours							
	SPRING	3	KINE 4310	Measurement Techniques in Physical Education and Sport	C		Junior or senior standing and MATH 1342 or MATH 1343.	Satisfies Major-Specific Requirement.
		3	13XX-43XX	Free Elective				
		3	KINE 4302	Kinesiology Curriculum for Elementary Students	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	13XX-43XX	Free Elective				
		3	KINE 4351	Adapted Kinesiology	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
	15 Semester Total Hours							

120 TOTAL HOURS  
(42) Advanced minimum credit hours

Revised: Thursday, September 19th, 2024