

| | H | Course # | Course Title | Min. Grade | GEC | Prerequisite | Additional Notes | |
|--------------------------------|--------------------------------|------------------------|--|--|---------|---|---|--|
| FIRST YEAR | FALL | 3 | Choose 1 | C | 010 | For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. | See General Education Core for more details. Options: ENGL 1301 | |
| | 3 | Choose 1 | American History | | 060 | | See General Education Core for more details. Options: HIST 1301 or HIST 2327 | |
| | 3 | MATH 1342 or MATH 1343 | Elementary Statistics or Introduction to Biostatistics | C | 020 | College Ready TSI status in Mathematics. | See General Education Core for more details. | |
| | 4 | BIOL 2401 | Anatomy and Physiology I | B | 030/090 | | See General Education Core for more details. Priority course for major sequence. "B or better" is not a formal major requirement, it is a hidden prerequisite for KINE 3353 and 3370. | |
| | 3 | KINE 1351 | Introduction to Sports and Exercise Science | | | | Satisfies Major-Specific Requirement. | |
| | | | UNIV | 1301 Learning Framework 1101 Academic and Career Success 1001 Living and Working by Design | | | | As required, based on credit hours earned, TSI status, High school rank, major declaration |
| 16 Semester Total Hours | | | | | | | | |
| FIRST YEAR | SPRING | 3 | Choose 1 | C | 010 | For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301. | See General Education Core for more details. Options: ENGL 1302 or ENGL 1305 | |
| | 3 | Choose 1 | American History | | 060 | | See General Education Core for more details. Options: HIST 1302 or HIST 2328 | |
| | 4 | BIOL 2402 | Anatomy and Physiology II | B | 030/090 | BIOL 2401. | See General Education Core for more details. Priority course for major sequence. "B or better" is not a formal major requirement, it is a hidden prerequisite for KINE 3353 and 3370. | |
| | 3 | Choose 1 | Creative Arts | | 050 | | See General Education Core for course options. | |
| | 3 | Choose 1 | Integrative and Experiential Learning | | 090 | | See General Education Core for course options. | |
| 16 Semester Total Hours | | | | | | | | |
| SECOND YEAR | FALL | 3 | Choose 1 | | 040 | | See General Education Core for course options. Choose 3 hours from Anthropology, Communication, English or Philosophy | |
| | 3 | PSYC 2301 | General Psychology | | 080 | | See General Education Core for course options. | |
| | 3 | POLS 2305 | U.S. Federal Government & Politics | | 070 | | See General Education Core for more details | |
| | 3 | KINE 1306 | First Aid and First Responder | | | | Satisfies Major-Specific Requirement. | |
| | 3 | KINE 2315 | Individual Sports | | | Kinesiology Major and KINE 1351. | Satisfies Major-Specific Requirement. | |
| | 15 Semester Total Hours | | | | | | | |
| | SPRING | 3 | POLS 2306 | Texas Government & Politics | | 070 | | See General Education Core for more details |
| | 3 | 13XX-43XX | Free Elective | | | | | |
| | 3 | KINE 3353 | Physiology of Exercise I | C | | Grade of "B" or better in BIOL 2401 and BIOL 2402. | Satisfies Major-Specific Requirement. Lab course KINE 3153 NOT required for Kinesiology majors. Students may reach out to the professor of the course or maria.trinidad@utrgv.edu to request an override for KINE 3370 and KINE 3353 if they did not earn a "B" or better in BIOL 2401 and 2402. | |
| | 3 | 13XX-43XX | Free Elective | | | | | |
| 3 | 13XX-43XX | Free Elective | | | | | | |
| 15 Semester Total Hours | | | | | | | | |

The 2024-2026 list of core courses can be found in the 2024-2026 Undergraduate Catalog: www.utrgv.edu/catalog > See 'Bachelors Degree Program Regulations'

Symbols Key

Minimum Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.
Bolded Course #: Program Admission Requirement

General Education Core (GEC) Sections: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Applied Communication and Literacies; 090 - Humanities; 090 - Leadership; 090 - Science Labs; 090 - Interdisciplinary; 090 - Technologies; 090 - Language Diversity & Writing.

| | | H | Course # | Course Title | Min. Grade | GEC | Prerequisite | Additional Notes |
|-------------|--------|--------------------------------|-----------|--|------------|-----|---|---|
| THIRD YEAR | FALL | 3 | KINE 3341 | Principles of Conditioning and Fitness | C | | Junior or senior standing. | Satisfies Major-Specific Requirement. |
| | | 3 | KINE 3314 | Teaching Movement Arts to Children and Adolescents | C | | Junior or senior standing. | Satisfies Major-Specific Requirement. |
| | | 3 | KINE 4356 | Motor Development | C | | Junior or senior standing. | Satisfies Major-Specific Requirement. |
| | | 3 | KINE 3315 | Advanced Sports Skills | C | | Junior or senior standing. | Satisfies Major-Specific Requirement. |
| | | 3 | KINE 3370 | Biomechanics | C | | Grade of "B" or better in BIOL 2401 and BIOL 2402. | Satisfies Major-Specific Requirement. Students may reach out to the professor of the course or maria.trinidad@utrgv.edu to request an override for KINE 3370 and KINE 3353 if they did not earn a "B" or better in BIOL 2401 and 2402. |
| | | 15 Semester Total Hours | | | | | | |
| THIRD YEAR | SPRING | 3 | KINE 4310 | Measurement Techniques in Physical Education and Sport | C | | Junior or senior standing and MATH 1342 or MATH 1343. | Satisfies Major-Specific Requirement. |
| | | 3 | 13XX-43XX | Free Elective | | | | |
| | | 3 | KINE 4302 | Kinesiology Curriculum for Elementary Students | C | | Junior or senior standing. | Satisfies Major-Specific Requirement. |
| | | 3 | 13XX-43XX | Free Elective | | | | |
| | | 3 | KINE 4351 | Adapted Kinesiology | C | | Junior or senior standing. | Satisfies Major-Specific Requirement. |
| | | 15 Semester Total Hours | | | | | | |
| | | H | Course # | Course Title | Min. Grade | GEC | Prerequisite | Additional Notes |
| FOURTH YEAR | FALL | 3 | 13XX-43XX | Free Elective | | | | |
| | | 3 | 13XX-43XX | Free Elective | | | | |
| | | 3 | 13XX-43XX | Free Elective | | | | |
| | | 3 | KINE 4309 | Kinesiology Curriculum for Secondary School Students | C | | Junior or senior standing. | Satisfies Major-Specific Requirement. |
| | | 3 | 13XX-43XX | Free Elective | | | | |
| | | 15 Semester Total Hours | | | | | | |
| FOURTH YEAR | SPRING | 3 | 33XX-43XX | Free Advanced Elective | | | | |
| | | 3 | 33XX-43XX | Free Advanced Elective | | | | |
| | | 3 | 33XX-43XX | Free Advanced Elective | | | | |
| | | 3 | 33XX-43XX | Free Advanced Elective | | | | |
| | | 1 | Choose 1 | Integrative and Experiential Learning | | 090 | Junior or senior standing. | See General Education Core for course options. |
| | | 13 Semester Total Hours | | | | | | |

120 TOTAL HOURS
(42) Advanced minimum credit hours

Revised: Thursday, September 19th, 2024