

	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
FIRST YEAR	FALL	3	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details. Options: ENGL 1301
		3	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1301 or HIST 2327
		3	MATH 1342 or MATH 1343	Elementary Statistical Methods or Introduction to Biostatistics	C	020	College Ready TSI status in Mathematics.	
		4	BIOL 2401	Anatomy and Physiology I		030/090		See General Education Core for more details. Priority course for major sequence
		1	Choose 1	Integrative and Experiential Learning		090		See General Education Core for more details.
				UNIV	1301 Learning Framework 1101 Academic and Career Success 1001 Living and Working by Design			
14 Semester Total Hours								
FIRST YEAR	SPRING	3	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details. Options: ENGL 1302 or ENGL 1305
		3	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1302 or HIST 2328
		4	BIOL 2402	Anatomy and Physiology II		030/090	BIOL 2401.	
		3	Choose 1	Language, Philosophy & Culture		040		See General Education Core for course options.
		3	X3XX	Free Elective				Satisfies Major-Specific Requirement.
16 Semester Total Hours								
	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
SECOND YEAR	FALL	3	POLS 2305	U.S. Federal Government & Politics		070		See General Education Core for more details.
		3	NUTR 2351	Introduction to Clinical Nutrition				Satisfies Major-Specific Requirement.
		3	Choose 1	Creative Arts		050		See General Education Core for course options.
		3	X3XX	Free Elective				Satisfies Minor-Specific Requirement.
		3	HLTH 2301	Introduction to Health Education	C			Satisfies Major-Specific Requirement.
		15 Semester Total Hours						
SECOND YEAR	SPRING	3	POLS 2306	Texas Government & Politics		070		See General Education Core for more details.
		3	PSYC 2301	General Psychology		080		See General Education Core for course options.
		3	33XX-43XX	Prescribed Elective	C			HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370
		3	Choose 1	Integrative and Experiential Learning		090		See General Education Core for course options.
		3	HLTH 2352	Personal Health	C			Satisfies Major-Specific Requirement.
15 Semester Total Hours								

The 2024-2026 list of core courses can be found in the 2024-2026 Undergraduate Catalog: www.utrgv.edu/catalog > See 'Bachelors Degree Program Regulations'

Symbols Key

Minimum Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.
Bolded Course #: Program Admission Requirement

General Education Core (GEC) Sections: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Applied Communication and Literacies; 090 - Humanities; 090 - Leadership; 090 - Science Labs; 090 - Interdisciplinary; 090 - Technologies; 090 - Language Diversity & Writing.

		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
THIRD YEAR	FALL	3	HLTH 3355	Health Behavior Theory	C		HLTH 2301, HLTH 2352	Satisfies Major-Specific Requirement.	
		3	HLTH 3330	Epidemiological Applications in Health	C		Junior standing. Health Majors Only or consent of instructor.	Satisfies Major-Specific Requirement.	
		3	HLTH 3385	Technological Applications in Health	C			Satisfies Major-Specific Requirement.	
		3	13XX-43XX	Free Elective				Satisfies Minor-Specific Requirement.	
		3	13XX-43XX	Free Elective				Satisfies Minor-Specific Requirement.	
	15 Semester Total Hours								
	SPRING	3	HLTH 3325	Latino Health	C			Satisfies Major-Specific Requirement.	
		3	HLTH 3380	Biostatistics in Public Health	C		Grade of C or better in MATH 1342 or MATH 1343.	Satisfies Major-Specific Requirement.	
		3	HLTH 3360	Enviromental Health	C		HLTH 2301, HLTH 2352	Satisfies Major-Specific Requirement.	
		3	HLTH 3365	Health Communication	C		HLTH 2301, HLTH 2352	Satisfies Major-Specific Requirement.	
3		33XX-43XX	Prescribed Elective	C			HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370		
15 Semester Total Hours									
		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
FOURTH YEAR	FALL	3	HLTH 4350	Organization of Health Program	C		HLTH 2301, HLTH 2352	Satisfies Major-Specific Requirement.	
		3	HLTH 4305	Community Health Methods	C		HLTH 3365	Satisfies Major-Specific Requirement.	
		3	HLTH 4315	Health Program Planning and Evaluation	C		HLTH 3355, HLTH 3365	Satisfies Major-Specific Requirement.	
		3	HLTH 3374	Human Disease	C			Satisfies Major-Specific Requirement.	
		3	33XX-43XX	Prescribed Elective	C			HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370	
	15 Semester Total Hours								
	SPRING	3	HLTH 4380	Health Education Internship	C		HLTH 4305, HLTH 4315	Satisfies Major-Specific Requirement.	
		3	33XX-43XX	Prescribed Elective	C			HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370	
		3	13XX-43XX	Free Elective				Satisfies Major-Specific Requirement.	
		3	33XX-43XX	Prescribed Elective	C		Junior standing.	HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370	
3		13XX-43XX	Free Elective				Satisfies Minor-Specific Requirement.		
15 Semester Total Hours									

120 TOTAL HOURS
(42) Advanced minimum credit hours

Revised: Thursday, August 29th, 2024