



**Bachelor of Science (BS)
Exercise Science**

2024-2026

	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
FIRST YEAR FALL	3	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details. Option: ENGL 1301
	4	BIOL 2401	Anatomy and Physiology I	B	030/090		Priority course for major sequence. A minimum grade of "B" to enter the Exercise Program.
	3	MATH 1342 or MATH 1343	Elementary Statistical Methods or Introduction to Biostatistics	C	020	College Ready TSI status in Mathematics.	See General Education Core for more details.
	3	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1301 or HIST 2327
	3	Choose 1	Creative Arts		050		See General Education Core for course options.
			UNIV	1301 Learning Framework 1101 Academic and Career Success 1001 Living and Working by Design			
16 Semester Total Hours							
FIRST YEAR SPRING	3	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details. Options: ENGL 1302 or ENGL 1305
	4	BIOL 2402	Anatomy and Physiology II	B	030/090	BIOL 2401.	Priority course for major sequence. A minimum grade of "B" to enter the Exercise Program.
	3	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1302 or HIST 2328
	3	POLS 2305	U.S. Federal Government & Politics		070		See General Education Core for more details
	3	13XX-43XX	Free Elective				
16 Semester Total Hours							
SECOND YEAR FALL	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
	3	POLS 2306	Texas Government & Politics		070		See General Education Core for more details.
	3	KINE 1351	Introduction to Sports and Exercise Science				Satisfies Major-Specific Requirement.
	3	Choose 1	Language, Philosophy & Culture		040		See General Education Core for course options.
	3	13XX-43XX	Free Elective				
	3	13XX-43XX	Free Elective				
15 Semester Total Hours							
SECOND YEAR SPRING	3	PSYC 2301	General Psychology		080		See General Education Core for course options.
	3	Choose 1	Integrative and Experiential Learning		090		See General Education Core for course options.
	1	Choose 1	Integrative and Experiential Learning		090		See General Education Core for course options.
	3	13XX-43XX	Free Elective				
	3	KINE 3370	Biomechanics	C		Grade of "B" or better in BIOL 2401 and BIOL 2402.	Satisfies Major-Specific Requirement.
	3	KINE 3353	Physiology of Exercise I	C		Grade of "B" or better in BIOL 2401 and BIOL 2402.	Satisfies Major-Specific Requirement.
1	KINE 3153	Physiology of Exercise Lab I	C		Grade of "B" or better in BIOL 2401 and BIOL 2402. Corequisite: KINE 3353.	Satisfies Major-Specific Requirement.	
17 Semester Total Hours							

The 2024-2026 list of core courses can be found in the 2024-2026 Undergraduate Catalog: www.utrgv.edu/catalog > See 'Bachelors Degree Program Regulations'

Symbols Key

Minimum Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.
Bolded Course #: Program Admission Requirement

General Education Core (GEC) Sections: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Applied Communication and Literacies; 090 - Humanities; 090 - Leadership; 090 - Science Labs; 090 - Interdisciplinary; 090 - Technologies; 090 - Language Diversity & Writing.

		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
THIRD YEAR	FALL	3	KINE 3360	Exercise Testing and Prescription	C		Grade of "C" in KINE 3153 and KINE 3353	Satisfies Major-Specific Requirement.
		1	KINE 3160	Exercise Testing and Prescription Lab	C		Grade of "C" in KINE 3153 and KINE 3353	Satisfies Major-Specific Requirement.
		3	KINE 4375	Motor Learning	C		Grade of "B" or better in BIOL 2401 and BIOL 2402.	Satisfies Major-Specific Requirement.
		3	13XX-43XX	Free Elective				
		3	13XX-43XX	Free Elective				
13 Semester Total Hours								
THIRD YEAR	SPRING	3	33XX-43XX	Free Advanced Elective				
		3	KINE 4353	Physiology of Exercise II	C		KINE 3353 and KINE 3153.	Satisfies Major-Specific Requirement.
		3	NUTR 2351	Introduction to Clinical Nutrition				Satisfies Major-Specific Requirement.
		3	13XX-43XX	Free Elective				
12 Semester Total Hours								
		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
FOURTH YEAR	FALL	3	KINE 3365	Physiology and Techniques of Strength/Power Fitness	C		Grade of "C" KINE 3353, KINE 3370.	Satisfies Major-Specific Requirement.
		1	KINE 3165	Physiology and Techniques of Strength/Power Fitness Lab	C		KINE 3353 and KINE 3370.	Satisfies Major-Specific Requirement.
		3	KINE 4351	Adapted Kinesiology	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 4310	Measurement Techniques in Physical Education and Sport	C		Junior or senior standing and MATH 1342 or MATH 1343.	Satisfies Major-Specific Requirement.
		3	33XX-43XX	Free Advanced Elective				
		3	13XX-43XX	Free Elective				
16 Semester Total Hours								
FOURTH YEAR	SPRING	3	KINE 4380	Exercise Science Internship	C		Grade of "C" in KINE 3360 and KINE 3160.	Capstone course. The internship class must be taken during the last semester in the completion of the degree program with a 12-credit hour limitation.
		3	KINE 4360	Clinical Exercise Physiology	C		Grade of "C" in KINE 3360 and KINE 3160.	Satisfies Major-Specific Requirement.
		3	13XX-43XX	Free Elective				
		3	13XX-43XX	Free Elective				
		3	33XX-43XX	Free Advanced Elective				
15 Semester Total Hours								

120 TOTAL HOURS
(42) Advanced minimum credit hours

Revised: Tuesday, September 17th, 2024