

	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
FIRST YEAR	FALL	4	BIOL 1406	General Biology I	C		Satisfies Major-Specific Requirement.	
		4	BIOL 2401	Anatomy and Physiology I (Core)	C	030	See General Education Core for more details. Lecture and Lab included	
		3	MATH 1342 or MATH 1343	Elementary Statistical Methods or Intro to Biostatistics (Core)	C	020	TSI exemption in Math, or College Ready TSI status in Math, or Satisfactory grade in Developmental Math course	See General Education Core for more details.
		4	NUTR 3452	Culinary Nutrition	C			Satisfies Major-Specific Requirement.
			UNIV	1301 Learning Framework 1101 Academic and Career Success 1001 Living and Working by Design				As required, based on credit hours earned, TSI status, High school rank, major declaration
15 Semester Total Hours								
FIRST YEAR	SPRING	3	NUTR 2351	Introduction to Clinical Nutrition	C		Satisfies Major-Specific Requirement.	
		3	CHEM 1311	General Chemistry I	C		Prerequisites: MATH 1314, MATH 1414, MATH 1342, MATH 1343, MATH 2412, MATH 2413 with a grade of "C" or higher."	Satisfies Major-Specific Requirement.
		1	CHEM 1111	General Chemistry I Lab	C	090	Co-requisite: CHEM 1311	See General Education Core for more details.
		4	BIOL 1407	General Biology II	C		BIOL 1406	Satisfies Major-Specific Requirement.
		4	BIOL 2402	Anatomy and Physiology II (Core)	C	030	BIOL 2401.	See General Education Core for more details. Lecture and Lab included
15 Semester Total Hours								
	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
SECOND YEAR	FALL	3	CHEM 1312	General Chemistry II	C		CHEM 1311.	Satisfies Major-Specific Requirement.
		1	CHEM 1112	General Chemistry II Lab	C		CHEM 1312.	Satisfies Major-Specific Requirement.
		3	Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details. Options: ENGL 1301
		3	HRPT 2303	Medical Terminology	C			Satisfies Major-Specific Requirement.
		2	NUTR 3225	Nutritional Assessment	C		NUTR 2351	Satisfies Major-Specific Requirement.
		3	Choose 1	American History (Core)		060		See General Education Core for more details. Options: HIST 1302 or HIST/MASC 2328
		15 Semester Total Hours						
SECOND YEAR	SPRING	4	BIOL 3401	General Microbiology			BIOL 1407, CHEM 1312, and CHEM 1112	
		3	Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details. Options: ENGL 1302 or ENGL 1305
		3	CHEM 2323	Organic Chemistry I	C		CHEM 1312	Satisfies Major-Specific Requirement.
		1	CHEM 2123	Organic Chemistry Lab I	C		CHEM 1112	Satisfies Major-Specific Requirement.
		3	PSYC 2301	General Psychology (Core)		080		See General Education Core for course options.
14 Semester Total Hours								

CORE: The 2023-2024 list of core courses can be found in the 2023-2024 Undergraduate Catalog: www.utrgv.edu/catalog > See 'Core Curriculum'

Symbols Key	
Critical (*) : sequence sensitive course.	General Education Core (GEC) Sections : 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Applied Communication and Literacies; 090 - Humanities; 090 - Leadership; 090 - Science Labs; 090 - Interdisciplinary ; 090 - Technologies; 090 - Language Diversity & Writing.
Minimum Grade : A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.	

		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
THIRD YEAR	FALL	3	Choose 1	American History (Core)		060		See General Education Core for more details. Options: HIST 1301 or HIST/MASC 2327
		3	KINE 3353	Physiology of Exercise	C		BIOL 2402	Satisfies Major-Specific Requirement.
		3	KINE 3370	Biomechanics	C		BIOL 2402	Satisfies Major-Specific Requirement.
	3	HPRS 3320	Patient Education in Health Sciences	C			Satisfies Major-Specific Requirement.	
	3	NUTR 3310	Advanced Nutrition and Exercise Metabolism	C		CHEM 2323 and CHEM 2123	Satisfies Major-Specific Requirement.	
			15 Semester Total Hours					
THIRD YEAR	SPRING	3	NUTR 3355	Multicultural Foods	C			Satisfies Major-Specific Requirement.
		3	NUTR 3350	Integrative Nutrition and Nutrigenomics	C		NUTR 2351	Satisfies Major-Specific Requirement.
		3	NUTR 3330	Nutrition for Sports and Exercise	C		NUTR 2351	Satisfies Major-Specific Requirement.
		3	KINE 3360	Exercise Testing and Prescription	C		KINE 3153 and KINE 3353.	Satisfies Major-Specific Requirement.
		3	NUTR 4310	Nutritional Education and Counseling	C		NUTR 2351	Satisfies Major-Specific Requirement.
				15 Semester Total Hours				
		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
FOURTH YEAR	FALL	3	POLS 2305	U.S. Federal Government & Politics (Core)		070		See General Education Core for course options.
		3	KINE 3365	Physiology and Techniques of Strength/Power Fitr	C		KINE 3353 and KINE 3370	Satisfies Major-Specific Requirement.
		3	Choose 1	Creative Arts (Core)		050		See General Education Core for course options.
		3	NUTR 4359	Community Nutrition	C		NUTR 2351	Satisfies Major-Specific Requirement.
		3	Choose 1	Language, Philosophy & Culture (Core)		040		See General Education Core for course options.
			15 Semester Total Hours					
FOURTH YEAR	SPRING	3	POLS 2306	Texas Government & Politics (Core)		070		See General Education Core for course options.
		4	NUTR 3456	Experimental Foods	C		NUTR 3452	
		3	Choose 1	Integrative and Experiential Learning (Core)		090		See General Education Core for course options. Options: COMM 1311; CSCI 1380
		3	KINE 4360	Clinical Exercise Physiology	C		KINE 3360	Satisfies Major-Specific Requirement.
		3	NUTR 4357	Research Methods in Nutrition	C		NUTR 2351, MATH 1342 or MATH 1343	Satisfies Major-Specific Requirement.
		16 Semester Total Hours						

Major Admission requirements Admission to the program is based on successful admission to the university.

Major Progression requirements Students must maintain a grade of "C" or above in all Nutrition major requirement courses.

Major Graduation requirements Completion of the major is based on the student receiving a minimum grade of "C" in all NUTR required courses.

120 TOTAL HOURS

(42) ADVANCED MINIMUM CREDIT HOURS

Approved: Wednesday, September 6, 2023

Revised: Wednesday, September 6, 2023