

	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes		
FIRST YEAR	FALL	3	Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301.	See General Education Core for more details <b>Options: ENGL 1301</b>	
		3	Choose 1	American History (Core)		060		See General Education Core for more details. <b>Options: HIST 1301 or HIST 2327</b>	
		3	MATH 1342 or MATH 1343	Elementary Statistics or Introduction to Biostatistics (Core)	C	020	College Ready TSI status in Mathematics or MATH 0314/0332/0342.	See General Education Core for more details.	
		3	KINE 1351	Introduction to Sports and Exercise Science				Satisfies Major-Specific Requirement	
		4	BIOL 2401	Anatomy and Physiology I (Core)		030/090		See General Education Core for more details. Priority course for major sequence.	
				UNIV	1301 Learning Framework 1101 Academic and Career Success 1001 Living and Working by Design				As required, based on credit hours earned, TSI status, High school rank, major declaration
		<b>16 Semester Total Hours</b>							
FIRST YEAR	SPRING	3	Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on ENGL portion of ACT test or TSI reading/writing exams or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details <b>Options: ENGL 1302 or ENGL 1305</b>	
		3	Choose 1	American History (Core)		060		See General Education Core for more details. <b>Options: HIST 1302 or HIST 2328</b>	
		4	BIOL 2402	Anatomy and Physiology II (Core)		030/090	BIOL 2401.	See General Education Core for more details. Priority course for major sequence.	
		3	Choose 1	Creative Arts (Core)		050		See General Education Core for course options.	
		1	Choose 1	Integrative and Experiential Learning (Core)		090		See General Education Core for course options.	
		<b>14 Semester Total Hours</b>							
SECOND YEAR	FALL	3	Choose 1	Language, Philosophy & Culture (Core)		040		Choose 3 hours from Anthropology, English, or Philosophy	
		3	PSYC 2301	General Psychology (Core)		080		See General Education Core for course options.	
		3	POLS 2305	U.S. Federal Government & Politics (Core)		070		See General Education Core for more details	
		3	KINE 1306	First Aid and First Responder				Satisfies Major-Specific Requirement.	
		3	KINE 2315	Individual Sports			Kinesiology major and KINE 1351.	Satisfies Major-Specific Requirement.	
			<b>15 Semester Total Hours</b>						
	SECOND YEAR	SPRING	3	POLS 2306	Texas Government & Politics (Core)		070		See General Education Core for more details
			3	KINE 3315	Advanced Sport Skills	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
			3	KINE 3353	Physiology of Exercise I	C		Junior or senior standing and BIOL 2401.	Satisfies Major-Specific Requirement. Lab not required for Kinesiology major.
			3	KINE 4356	Motor Development	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
3			X3XX-43XX	Free Elective				See Degree Plan for course options.	
		<b>15 Semester Total Hours</b>							

CORE: The 2023-2024 list of core courses can be found in the 2023-2024 Undergraduate Catalog: [www.utrgv.edu/smartcatalog](http://www.utrgv.edu/smartcatalog) > Bachelors Degree Regulations and Graduation Policies > 'Core Curriculum'

Symbols Key

Critical (!): sequence sensitive course.

Minimum Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.

General Education Core (GEC) Sections: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Applied Communication and Literacies; 090 - Humanities; 090 - Leadership; 090 - Science Labs; 090 - Interdisciplinary ; 090 - Technologies; 090 - Language Diversity & Writing.

		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
THIRD YEAR	FALL	3	KINE 3370	Biomechanics	C		Junior or senior standing and BIOL 2401.	Satisfies Major-Specific Requirement.
		3	KINE 3314	Teaching Movement Arts to Children and Adolescents	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	X3XX-43XX	Free Elective				See Degree Plan for course options.
		3	X3XX-43XX	Free Elective				See Degree Plan for course options.
		3	X3XX-43XX	Free Elective				See Degree Plan for course options.
		<b>15 Semester Total Hours</b>						
THIRD YEAR	SPRING	3	KINE 4310	Measurement Techniques in Physical Education and Sport	C		Junior or senior standing and MATH 1342 or MATH 1343.	Satisfies Major-Specific Requirement.
		3	KINE 4302	Kinesiology Curriculum for Elementary Students	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 3341	Principles of Conditioning and Fitness	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	Choose 1	Integrative and Experiential Learning (Core)		090		See General Education Core for course options.
		3	KINE 4351	Adapted Kinesiology	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		<b>15 Semester Total Hours</b>						
		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
FOURTH YEAR	FALL	3	KINE 3330	Coaching of Sports	C		Junior or senior standing.	Satisfies Concentration-Specific Requirement.
		3	KINE 3378	Planning and Use of Facilities	C		Junior or senior standing.	Satisfies Concentration-Specific Requirement.
		3	KINE 3379	Sports Marketing and Technology	C		Junior or senior standing.	Satisfies Concentration-Specific Requirement.
		3	KINE 4309	Kinesiology Curriculum for Secondary Students	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 4330	Structure and Organization of Recreational Programs	C		Junior or senior standing.	Satisfies Concentration-Specific Requirement.
		3	X3XX-43XX	Free Elective				See Degree Plan for course options.
		<b>18 Semester Total Hours</b>						
FOURTH YEAR	SPRING	3	KINE 4370	Management in Exercise and Health Promotion	C		Junior or senior standing.	Satisfies Concentration-Specific Requirement.
		3	KINE 4382	Kinesiology Practicum	P		Last semester of coursework and Instructor Approval.	Satisfies Concentration-Specific Requirement.
		3	X3XX-43XX	Free Elective				See Degree Plan for course options.
		3	X3XX-43XX	Free Elective				See Degree Plan for course options.
		<b>12 Semester Total Hours</b>						

**Program Overview**

This program leads to a profession which requires an occupational license as defined under Texas Occupations Code 58.001. This requires that all applicants seeking to become licensed must undergo a criminal background check prior to licensure.

The Department of Health and Human Performance has a focus on preparing Kinesiology majors to function professionally in a changing and diverse society, and to improve the quality of life through the understanding, delivering and promotion of health, physical activity, and wellness.

**Major Progression Requirements**

**1. Progression requirements required for this program.**

A grade of "C" or better must be maintained in all advanced coursework in the major.

**Major Graduation Requirements**

**1. Specific graduation requirements required for this program beyond university bachelor's degree requirements.**

A GPA of 2.75 or greater in the major is required for graduation.

**120 TOTAL HOURS**

**(42) Advanced minimum credit hours**

Approved: Friday, March 24, 2023

Revised: Friday, March 24, 2023