

		! H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
FIRST YEAR	FALL	3	Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301.	See General Education Core for more details <b>Options: ENGL 1301</b>
		3	Choose 1	American History (Core)		060		See General Education Core for more details. <b>Options: HIST 1301 or HIST 2327</b>
		3	MATH 1342 or MATH 1343	Elementary Statistics or Introduction to Biostatistics (Core)	C	020	College Ready TSI status in Mathematics or MATH 0314/0332/0342.	See General Education Core for more details.
		4	BIOL 2401	Anatomy and Physiology I (Core)		030/090		See General Education Core for more details. Priority course for major sequence.
		3	KINE 1351	Introduction to Sports and Exercise Science				Satisfies Major-Specific Requirement.
				UNIV	1301 Learning Framework 1101 Academic and Career Success 1001 Living and Working by Design			
<b>16 Semester Total Hours</b>								
FIRST YEAR	SPRING	3	Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details <b>Options: ENGL 1302 or ENGL 1305</b>
		3	Choose 1	American History (Core)		060		See General Education Core for more details. <b>Options: HIST 1302 or HIST 2328</b>
		4	BIOL 2402	Anatomy and Physiology II (Core)		030/090	BIOL 2401.	See General Education Core for more details. Priority course for major sequence.
		3	Choose 1	Creative Arts (Core)		050		See General Education Core for course options.
		3	Choose 1	Integrative and Experiential Learning (Core)		090		See General Education Core for course options.
	<b>16 Semester Total Hours</b>							
		! H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
SECOND YEAR	FALL	3	Choose 1	Language, Philosophy & Culture (Core)		040		See General Education Core for course options. Choose 3 hours from Anthropology, Communication, English or Philosophy
		3	PSYC 2301	General Psychology (Core)		080		See General Education Core for course options.
		3	POLS 2305	U.S. Federal Government & Politics (Core)		070		See General Education Core for more details
		3	KINE 1306	First Aid and First Responder				Satisfies Major-Specific Requirement.
		3	KINE 2315	Individual Sports			Kinesiology major and KINE 1351	Satisfies Major-Specific Requirement.
	<b>15 Semester Total Hours</b>							
SECOND YEAR	SPRING	3	POLS 2306	Texas Government & Politics (Core)		070		See General Education Core for more details
		3	KINE 3315	Advanced Sports Skills	C		Junior or Senior Standing.	Satisfies Major-Specific Requirement.
		3	KINE 3353	Physiology of Exercise I	C		Junior or senior standing and BIOL 2401.	Satisfies Major-Specific Requirement.
		3	X3XX	Free Elective				See Degree Plan for course options.
		3	33XX-43XX	Free Advanced Elective				See Degree Plan for course options.
<b>15 Semester Total Hours</b>								

CORE: The 2023-2024 list of core courses can be found in the 2023-2024 Undergraduate Catalog: [www.utrgv.edu/smartcatalog](http://www.utrgv.edu/smartcatalog) > Bachelors Degree Regulations and Graduation Policies > 'Core Curriculum'

Symbols Key

Critical (!): sequence sensitive course.

Minimum Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.

General Education Core (GEC) Sections: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Applied Communication and Literacies; 090 - Humanities; 090 - Leadership; 090 - Science Labs; 090 - Interdisciplinary ; 090 - Technologies; 090 - Language Diversity & Writing.

	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
THIRD YEAR	FALL	3	KINE 3370	Biomechanics	C		Junior or senior standing and BIOL 2401. Satisfies Major-Specific Requirement.
		3	KINE 3341	Principles of Conditioning and Fitness	C		Junior or Senior Standing. Satisfies Major-Specific Requirement.
		3	KINE 3314	Teaching Movement Arts to Children and Adolescents	C		Junior or Senior Standing. Satisfies Major-Specific Requirement.
		3	33XX-43XX	Free Advanced Elective			See Degree Plan for course options.
		3	33XX-43XX	Free Advanced Elective			See Degree Plan for course options.
<b>15 Semester Total Hours</b>							
THIRD YEAR	SPRING	3	KINE 4310	Measurement Techniques in Physical Education and Sport	C		Junior or senior standing and MATH 1342 or MATH 1343. Satisfies Major-Specific Requirement.
		3	Choose 1	KINE Theory	C		Junior or senior standing. See Degree Plan for course options. KINE 3300, KINE 3303, KINE 3304, KINE 3305, or KINE 3333. Satisfies Concentration-Specific Requirement.
		3	KINE 4356	Motor Development	C		Junior or senior standing. Satisfies Major-Specific Requirement.
		3	33XX-43XX	Free Advanced Elective			See Degree Plan for course options.
		3	KINE 4351	Adapted Kinesiology	C		Junior or senior standing. Satisfies Major-Specific Requirement.
<b>15 Semester Total Hours</b>							
	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
FOURTH YEAR	FALL	3	KINE 3365	Physiology and Techniques of Strength/Power Fitness	C		Junior or senior standing and Grade of "C" or better in KINE 3353 and KINE 3370. Satisfies Concentration-Specific Requirement.
		3	KINE 3368	Kinesiology Workshop	C		Junior or senior standing. Satisfies Concentration-Specific Requirement.
		3	KINE 3330	Coaching of Sports	C		Junior or senior standing. Satisfies Concentration-Specific Requirement.
		3	KINE 4302	Kinesiology Curriculum for Elementary Students	C		Junior or Senior Standing. Satisfies Major-Specific Requirement.
		3	KINE 3344	Sports Officiating	C		Junior or senior standing. Satisfies Concentration-Specific Requirement.
<b>15 Semester Total Hours</b>							
FOURTH YEAR	SPRING	3	KINE 4382	Kinesiology Practicum	P		Last semester of coursework and Instructor Approval. Satisfies Concentration-Specific Requirement.
		3	33XX-43XX	Free Advanced Elective			See Degree Plan for course options.
		3	33XX-43XX	Free Advanced Elective			See Degree Plan for course options.
		3	KINE 4309	Kinesiology Curriculum for Secondary Students	C		Junior or Senior Standing. Satisfies Major-Specific Requirement.
		1	Choose 1	Integrative and Experiential Learning		090	See General Education Core for course options.
<b>13 Semester Total Hours</b>							

### Program Overview

This program leads to a profession which requires an occupational license as defined under Texas Occupations Code 58.001. This requires that all applicants seeking to become licensed must undergo a criminal background check prior to licensure.

The Department of Health and Human Performance has a focus on preparing Kinesiology majors to function professionally in a changing and diverse society, and to improve the quality of life through the understanding, delivering and promotion of health, physical activity, and wellness.

### Major Progression Requirements

#### 1. Progression requirements required for this program.

A grade of "C" or better must be maintained in all advanced coursework in the major.

### Major Graduation Requirements

#### 1. Specific graduation requirements required for this program beyond university bachelor's degree requirements.

A GPA of 2.75 or greater in the major is required for graduation.

**120 TOTAL HOURS**

**(42) Advanced minimum credit hours**

Approved: Friday, March 24, 2023

Revised: Friday, March 24, 2023