

		I	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
FIRST YEAR	FALL	3		Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details. Options: ENGL 1301
		3		Choose 1	American History (Core)		060		See General Education Core for more details. Options: HIST 1301 or HIST 2327
		3		MATH 1342 or MATH 1343	Elementary Statistical Methods or Introduction to Biostatistics (Core)	C	020		College Ready TSI status in Mathematics or MATH 0314/0332/0342.
		4		BIOL 2401	Anatomy and Physiology I (Core)		030/090		See General Education Core for more details. Priority course for major sequence
		1		Choose 1	Integrative and Experiential Learning		090		See General Education Core for more details.
						UNIV	1301 Learning Framework 1101 Academic and Career Success 1001 Living and Working by Design		
14 Semester Total Hours									
FIRST YEAR	SPRING	3		Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details. Options: ENGL 1302 or ENGL 1305
		3		Choose 1	American History (Core)		060		See General Education Core for more details. Options: HIST 1302 or HIST 2328
		4		BIOL 2402	Anatomy and Physiology II (Core)		030/090	BIOL 2401.	
		3		Choose 1	Language, Philosophy & Culture (Core)		040		See General Education Core for course options.
		3		X3XX	Free Elective				Satisfies Major-Specific Requirement.
16 Semester Total Hours									
		I	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
SECOND YEAR	FALL	3		POLS 2305	U.S. Federal Government & Politics (Core)		070		See General Education Core for more details.
		3		NUTR 2351	Introduction to Clinical Nutrition				Satisfies Major-Specific Requirement.
		3		Choose 1	Creative Arts (Core)		050		See General Education Core for course options.
		3		X3XX	Free Elective				Satisfies Minor-Specific Requirement.
		3		HLTH 2301	Introduction to Health Education	C			Satisfies Major-Specific Requirement.
		15 Semester Total Hours							
SECOND YEAR	SPRING	3		POLS 2306	Texas Government & Politics (Core)		070		See General Education Core for more details.
		3		PSYC 2301	General Psychology (Core)		080		See General Education Core for course options.
		3		X3XX	Prescribed Elective				HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370
		3		Choose 1	Integrative and Experiential Learning (Core)		090		See General Education Core for course options.
		3		HLTH 2352	Personal Health	C			Satisfies Major-Specific Requirement.
15 Semester Total Hours									

CORE: The 2023-2024 list of core courses can be found in the 2023-2024 Undergraduate Catalog: www.utrgv.edu/smartcatalog > Bachelors Degree Regulations and Graduation Policies > 'Core Curriculum'

Symbols Key

Critical (!): sequence sensitive course.

Minimum Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.

General Education Core (GEC) Sections: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Applied Communication and Literacies; 090 - Humanities; 090 - Leadership; 090 - Science Labs; 090 - Interdisciplinary ; 090 - Technologies; 090 - Language Diversity & Writing.

		I	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
THIRD YEAR	FALL	3		HLTH 3355	Health Behavior Theory	C		HLTH 2301 & HLTH 2352	Satisfies Major-Specific Requirement.
		3		HLTH 3330	Epidemiological Applications in Health	C		MATH 1343, and Helath majors only	Satisfies Major-Specific Requirement.
		3		HLTH 3385	Technological Applications in Health	C			Satisfies Major-Specific Requirement.
	3		X3XX	Free Elective				Satisfies Minor-Specific Requirement.	
	3		X3XX	Free Elective				Satisfies Minor-Specific Requirement.	
					15 Semester Total Hours				
THIRD YEAR	SPRING	3		HLTH 3325	Latino Health	C		Credit cannot be earned for both MASC 3325 and HLTH 3325.	Satisfies Major-Specific Requirement.
		3		HLTH 3380	Biostatistics in Public Health	C		MATH 1342 or MATH 1343; junior standing	Satisfies Major-Specific Requirement.
		3		HLTH 3360	Enviromental Health	C		HLTH 2301 & HLTH 2352	Satisfies Major-Specific Requirement.
	3		HLTH 3365	Health Communication	C		HLTH 2301 & HLTH 2352	Satisfies Major-Specific Requirement.	
	3		33XX-43XX	Prescribed Elective				HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370	
					15 Semester Total Hours				
		I	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
FOURTH YEAR	FALL	3		HLTH 4350	Organization of Health Program	C		HLTH 2301 & HLTH 2352	Satisfies Major-Specific Requirement.
		3		HLTH 4305	Community Health Methods	C		HLTH 3365	Satisfies Major-Specific Requirement.
		3		HLTH 4315	Health Program Planning and Evaluation	C		HLTH 3355 & HLTH 3365	Satisfies Major-Specific Requirement.
	3		HLTH 3374	Human Disease	C			Satisfies Major-Specific Requirement.	
	3		33XX-43XX	Prescribed Elective	C		Junior Standing	HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370	
					15 Semester Total Hours				
FOURTH YEAR	SPRING	3		HLTH 4380	Health Education Internship	C		HLTH 4305 & HLTH 4315	Satisfies Major-Specific Requirement.
		3		33XX-43XX	Prescribed Elective	C		Junior standing.	HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370
		3		X3XX	Free Elective				Satisfies Major-Specific Requirement.
	3		33XX-43XX	Prescribed Elective	C		Junior standing.	HLTH 3305; HLTH 3371; HLTH 3373; HLTH 3375; HLTH 4370	
	3		33XX-43XX	Free Elective	C			Satisfies Minor-Specific Requirement.	
					15 Semester Total Hours				

Note:

In accordance to Texas Occupations Code 58.001, this program requires for the student to undergo a criminal background check and to meet other requirements for clearance in order to conduct observation hours as deemed by the program, and/or in meeting requirements set by an affiliation site for internship/practicum.

Major Progression Requirements

1. Progression requirements required for this program.

A grade of 'C' or better in HLTH 2301 and HLTH 2352 and all advanced coursework in major.

120 TOTAL HOURS

42 Advanced minimum credit hours

Approved: Tuesday, March 28, 2023

Revised: Tuesday, March 28, 2023