

	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
FIRST YEAR	FALL	3	Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301.	See General Education Core for more details <b>Options: ENGL 1301</b>
		3	Choose 1	American History (Core)		060		See General Education Core for more details. <b>Options: HIST 1301 or HIST 2327</b>
		3	MATH 1342 or MATH 1343	Elementary Statistics or Introduction to Biostatistics (Core)	C	020	College Ready TSI status in Mathematics or MATH 0314/0332/0342.	See General Education Core for more details.
		4	BIOL 2401	Anatomy and Physiology I (Core)		030/090		See General Education Core for more details. Priority course for major sequence.
		3	KINE 1351	Introduction to Sports and Exercise Science				Satisfies Major Specific Requirement
				UNIV	1301 Learning Framework 1101 Academic and Career Success 1001 Living and Working by Design			
<b>16 Semester Total Hours</b>								
SECOND YEAR	SPRING	3	Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details <b>Options: ENGL 1302 or ENGL 1305</b>
		3	Choose 1	American History (Core)		060		See General Education Core for more details. <b>Options: HIST 1302 or HIST 2328</b>
		4	BIOL 2402	Anatomy and Physiology II (Core)		030/090	BIOL 2401.	See General Education Core for more details. Priority course for major sequence.
		3	Choose 1	Creative Arts (Core)		050		See General Education Core for course options.
		3	Choose 1	Integrative and Experiential Learning (Core)		090		See General Education Core for course options.
		<b>16 Semester Total Hours</b>						
SECOND YEAR	FALL	3	Choose 1	Language, Philosophy & Culture (Core)		040		Choose 3 hours from Anthropology, English, or Philosophy
		3	PSYC 2301	General Psychology (Core)		080		See General Education Core for course options.
		3	POLS 2305	U.S. Federal Government & Politics (Core)		070		See General Education Core for more details
		3	KINE 1306	First Aid and First Responder				Satisfies Major-Specific Requirement.
		3	KINE 2315	Individual Sports			Kinesiology Major and KINE 1351.	Satisfies Major-Specific Requirement.
	<b>15 Semester Total Hours</b>							
	SPRING	3	POLS 2306	Texas Government & Politics (Core)		070		See General Education Core for more details
		3	KINE 3315	Advanced Sports Skills	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 3353	Physiology of Exercise I	C		Junior or senior standing and BIOL 2401.	Satisfies Major-Specific Requirement. Lab not required for Kinesiology major.
		3	KINE 4356	Motor Development	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
3		33XX-43XX	Free Advanced Elective				See Degree Plan for course options.	
<b>15 Semester Total Hours</b>								

CORE: The 2022-2023 list of core courses can be found in the 2022-2023 Undergraduate Catalog: [www.utrgv.edu/smartcatalog](http://www.utrgv.edu/smartcatalog) > Bachelors Degree Regulations and Graduation Policies > 'Core Curriculum'

Symbols Key

**Critical (!)**: sequence sensitive course.

**Minimum Grade**: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.

**General Education Core (GEC) Sections**: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Applied Communication and Literacies; 090 - Humanities; 090 - Leadership; 090 - Science Labs; 090 - Interdisciplinary; 090 - Technologies; 090 - Language Diversity & Writing.

		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
THIRD YEAR	FALL	3	KINE 3341	Principles of Conditioning and Fitness	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 3314	Teaching Movement Arts to Children and Adolescents	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	33XX-43XX	Free Advanced Elective				See Degree Plan for course options.
		3	33XX-43XX	Free Advanced Elective				See Degree Plan for course options.
		3	KINE 3370	Biomechanics	C		Junior or senior standing and BIOL 2401.	Satisfies Major-Specific Requirement.
		<b>15 Semester Total Hours</b>						
SPRING		3	KINE 4310	Measurement Techniques in Physical Education and Sport	C		Junior or senior standing and MATH 1342 or MATH 1343.	Satisfies Major-Specific Requirement.
		3	X3XX	Free Elective				Satisfies Concentration-Specific Requirement.
		3	KINE 4302	Kinesiology Curriculum for Elementary Students	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	X3XX	Free Elective				Satisfies Concentration-Specific Requirement.
		3	KINE 4351	Adapted Kinesiology	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		<b>15 Semester Total Hours</b>						
		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
FOURTH YEAR	FALL	3	X3XX	Free Elective				Satisfies Concentration-Specific Requirement.
		3	X3XX	Free Elective				Satisfies Concentration-Specific Requirement.
		3	X3XX	Free Elective				Satisfies Concentration-Specific Requirement.
		3	KINE 4309	Kinesiology Curriculum for Secondary Students	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	X3XX	Free Elective				Satisfies Concentration-Specific Requirement.
		<b>15 Semester Total Hours</b>						
SPRING		3	33XX-43XX	Free Advanced Elective				See Degree Plan for course options.
		3	X3XX	Free Elective				Satisfies Concentration-Specific Requirement.
		3	X3XX	Free Elective				Satisfies Concentration-Specific Requirement.
		3	X3XX	Free Elective				Satisfies Concentration-Specific Requirement.
	1	Choose 1	Integrative and Experiential Learning (Core)		090		See General Education Core for course options.	
		<b>13 Semester Total Hours</b>						

**Note**

In accordance to Texas Occupations Code 58.001, this program requires for the student to undergo a criminal background check and to meet other requirements for clearance in order to conduct observation hours as deemed by the program, and/or in meeting requirements set by an affiliation site for internship/practicum.

**Major Progression Requirements**

1. Progression requirements required for this program.

A grade of "C" or better must be maintained in all advanced coursework in the major.

**Major Graduation Requirements**

1. Specific graduation requirements required for this program beyond university bachelor's degree requirements.

A GPA of 2.75 or greater in the major is required for graduation.

**120 TOTAL HOURS**

**(42) Advanced minimum credit hours**

Approved: Thursday, November 17, 2022

Revised: Thursday, January 12, 2023